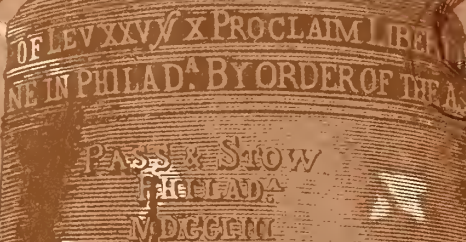


Jeff Roth

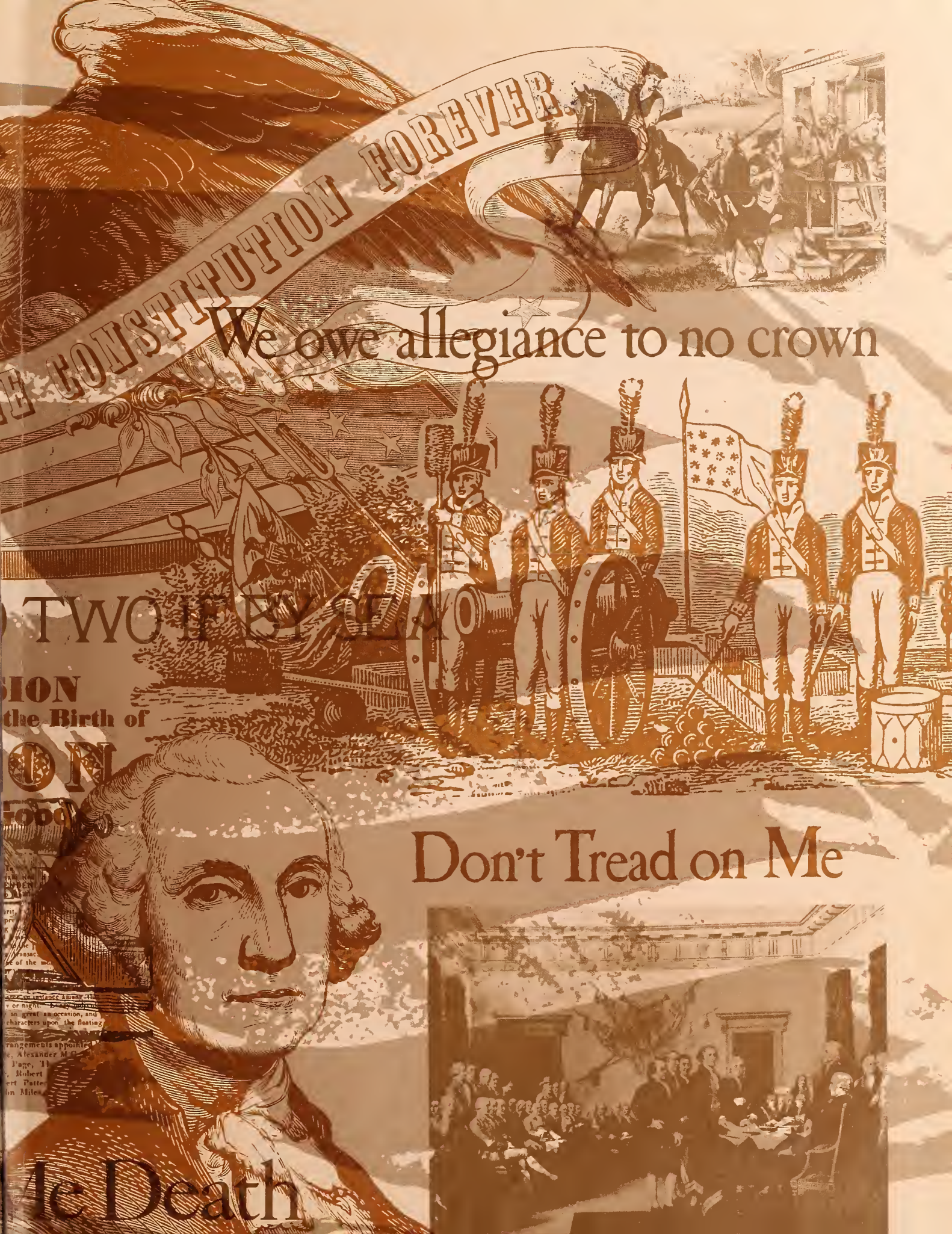




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THE CONSTITUTION FOREVER

We owe allegiance to no crown

TWO HUNDRED  
SION  
the Birth of  
ON

Don't Tread on Me

The Death





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# **The ISLANDER 1976**

## **Vol. XXII**



## **Poquoson High School**

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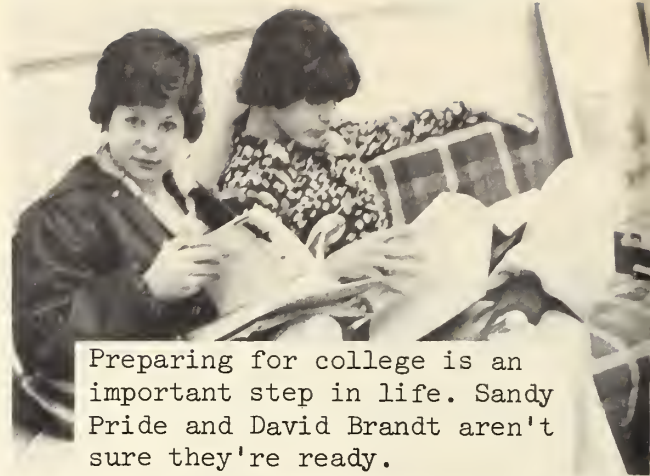
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POQUOSON PUBLIC LIBRARY  
500 CITY HALL AVENUE  
POQUOSON, VA 23662



In this year of our nation's bicentennial, Poquoson's history became more prominent. Poquoson was first mentioned in 1628 and through the years, it has left its mark on the area. Poquoson became a town in 1952. Over the past 24 years it has continued to grow and grow. Because of this continued growth, Poquoson was able to attain city status in 1975.

"How has this affected the students at P.H.S.?", you may ask. Over the years, our city's growth has created the need for more space. Overcrowding became a factor influencing everyday student life. Classes were held in every imaginable place, including the library and in closets. Also, the influx of more and more students created other problems. Cheating became widespread and the honor code was almost practically ignored.



Preparing for college is an important step in life. Sandy Pride and David Brandt aren't sure they're ready.



Sports plays a considerable part in the school life at P.H.S. Keith Thomas scores another point for the Islanders.



Another important part of school life is the planning between the faculty and the guidance dept. Ms. Powell and Mrs. Dryden confer on next year's schedule.

This sign symbolizes our city status which Poquoson received in 1975.





# OVERCROWDING

## CAUSES

## PROBLEMS



Top-clockwise: The library or more commonly known as "Deufel's Domain" was the scene of many activities. Here, Cheryl Wainwright complains about physics to Coleman Wolford and Jenny Jackson. Mike Perkins and Garland Hanson shoot the breeze as the girls go by. As usual Mrs. Insley has a pile of work and Mr. Jackson doesn't offer to help. Jenny Jackson is contemplating the best way to get out of Honors math, or could she be thinking about a guy.







There were many events which shaped the lives of the students at P.H.S. this year. Some were happy, like when the football team would win; others were sad, when a fellow classmate died. It was a year of adjustment for all.

Most students found it difficult to adjust to the new grading system. Karen Jackson stated, "The new system is okay, the only problem I encountered was that the course description didn't match the course number." The guidance department and the faculty were conferring, in hopes of solving this problem.

Problems to solve, un-thought-of situations, and adjustments to make, but isn't that how each year begins?



(clockwise: top) Extra-curricular activities are a part of every student's life. Lynne Willis and Kathy Insley work to meet a yearbook deadline. Karen Insley is helping to refinish a desk for a home economics project. Not all seniors had "senior-itis", some like Tommy Freeman and Doug Drummond managed to study once in a while. Mr. Wood, like the rest of the administration had to use a firm hand sometimes.





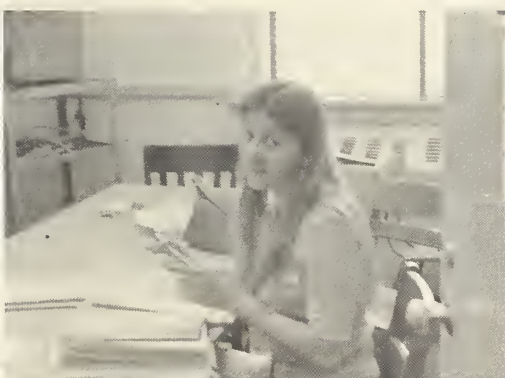


(clockwise: top) Karen Jackson is completely oblivious to everything but her physics book. This seventh grader finds something really interesting in the library.

Carol Tanguy, library aide, figures the fines of overdue books.

Mrs. Jones agrees that teachers have too much paperwork.

Chaos Corps members, Gee Freeman and Lyle East, collaborate in homeroom.



# ADJUSTMENTS



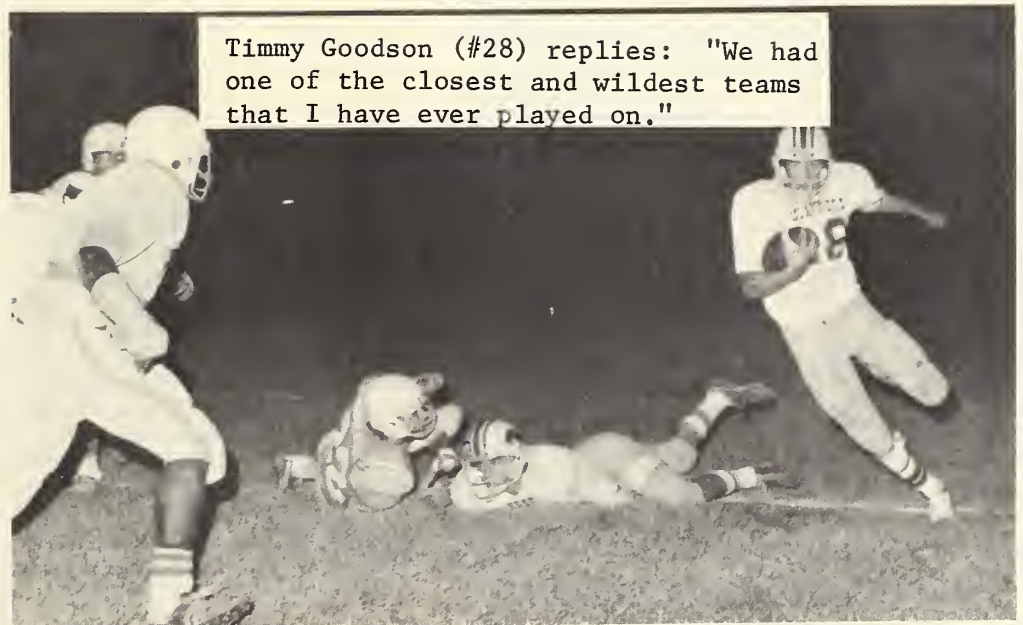
# FALL



The FALL section includes: football, the GBBT, the cheerleaders, the band and it's auxillary groups, homecoming, the powder puff football game, Sadie Hawkins Day and the fall play.



Leadership, always an essential element of a successful team was portrayed by the four team captains: Senior quarterback Mike Perkins; Senior tailback Forrest Tyndall; Senior offensive tackle Dennis Firth; and Junior nose guard Mark Geissinger. Two of these four were also chosen for the All-District team. Representing Poquoson High on the All-District squad were the following Islanders: Mike Perkins, defensive back; Timmy Goodson, defensive back; David Brandt, defensive linebacker; Mark Geissinger,

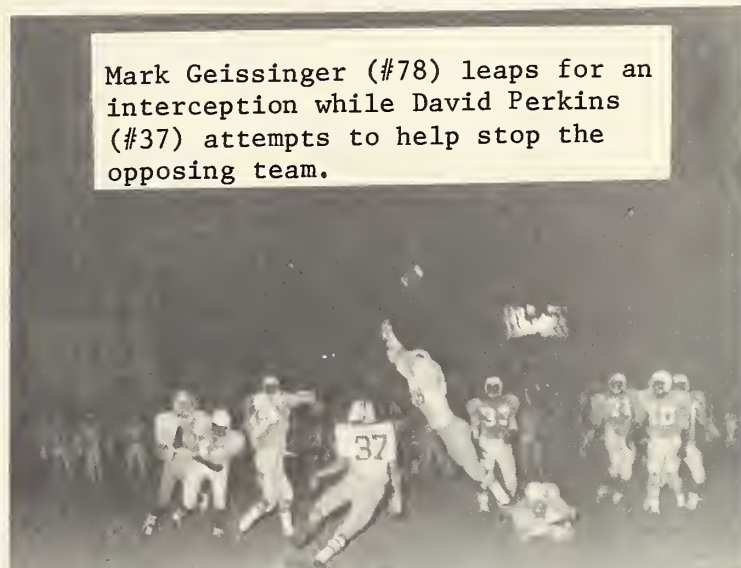


Timmy Goodson (#28) replies: "We had one of the closest and wildest teams that I have ever played on."

# Leadership and Unity



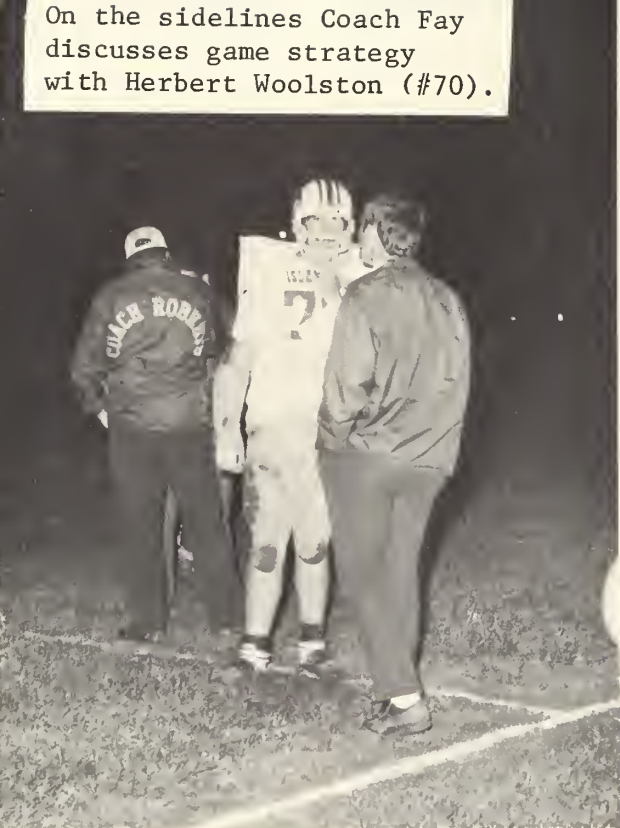
Belvin Ward (#2) pursues a Middlesex player. Belvin considers in retrospect, "We would have had an undefeated season if we could have gotten our offense going at the beginning."



Mark Geissinger (#78) leaps for an interception while David Perkins (#37) attempts to help stop the opposing team.



On the sidelines Coach Fay discusses game strategy with Herbert Woolston (#70).



The football team of 1975 had a unique feeling of closeness. Upon asking team members how they felt about the past season, many replied that if given the opportunity to play Charles City and Matthews again, "we would have won." Sophomore David Perkins stated, "I feel we were pretty good, but we will be a lot better next year. We needed to play Charles City and Matthews at the end of the season and if so, we would have beaten them."

First row left to right: Captain Mike Perkins, Belvin Ward, Vince Ruark, Captain Forrest Tyndall, John Phillips, Captain Dennis Firth, Gerald Teague, Doug Drummond, Second row: Bill Ayers, Tim Goodson, Herbert Wright, Billy Rollins, David Brandt, Larry Topping, Earl Miller, Jimmy Frishkorn, Third row: Phil Purdy, Gene Hunt, Joe Abney, Tim Schott, Donnie Joyner, Mike Kehoe, Mike Keating, Chris Creasman, Danny Ayers, Fourth row: Greg Shaw, Jim Rigney, David Evans, Dale Self, David Perkins, Russell Clausen, Randy Brookshire, Paul Holloway, Last row: Will Boylan, Captain Mark Geissinger, Herbert Woolston, Mike Neilands, Sean Rose, James Luttig, Coach Fay, Coach Evans, Coach Roberts.





Forrest Tyndall (#39) makes the statement:  
 "I feel we had a closely knit team, we  
 didn't have many seniors so the junior  
 class had to pick up the slack."



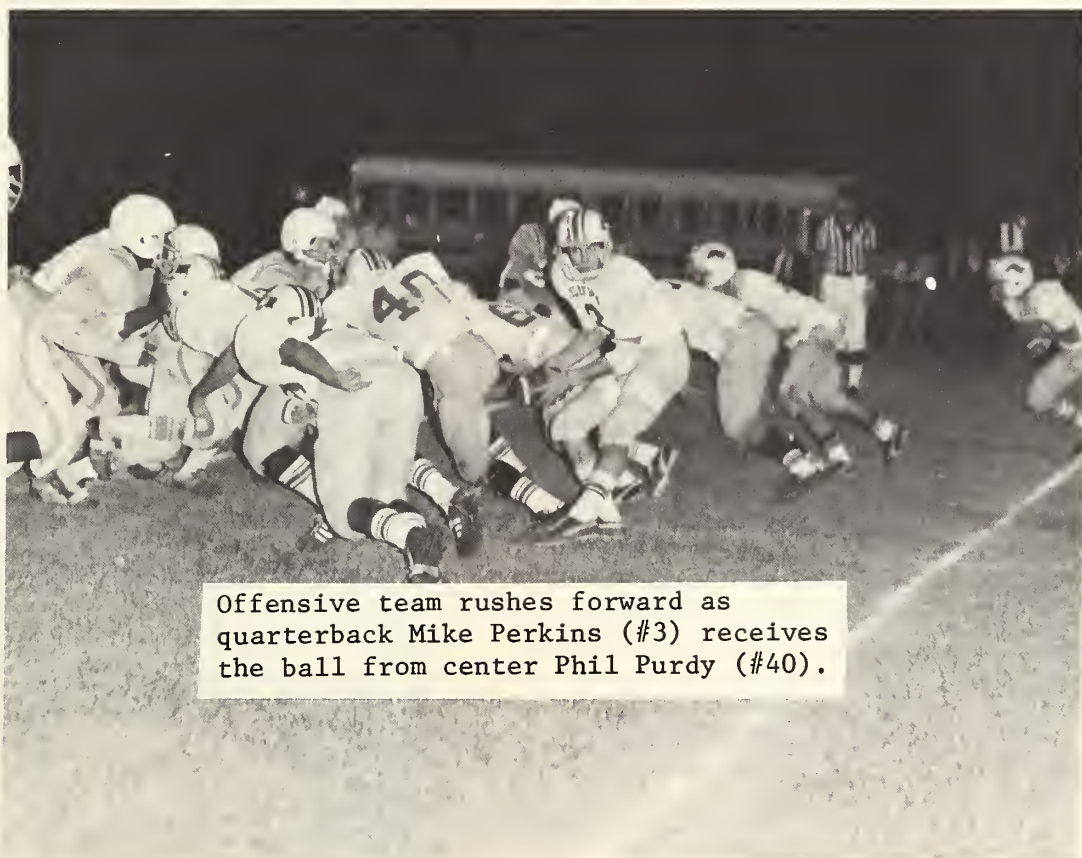
## Scoreboard

POQUOSON	6	CHARLES CITY	7
POQUOSON	0	MATTHEWS	7
POQUOSON	22	KING AND QUEEN	0
POQUOSON	0	PHEOBUS	18
POQUOSON	19	HAMPTON ROADS	6
POQUOSON	28	SURRY	0
POQUOSON	27	KING WILLIAM	0
POQUOSON	27	NEW KENT	6
POQUOSON	19	WEST POINT	2
POQUOSON	30	MIDDLESEX	0

WINS 7  
 LOSSES 3

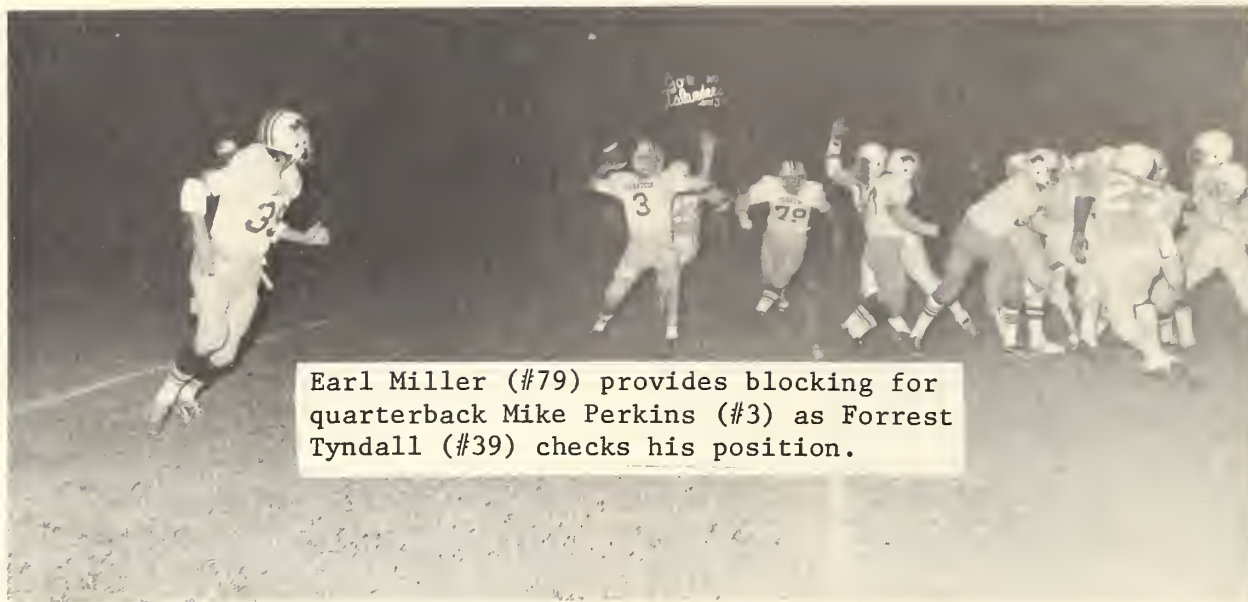
# Islanders For

# Strive Victory



Offensive team rushes forward as  
 quarterback Mike Perkins (#3) receives  
 the ball from center Phil Purdy (#40).

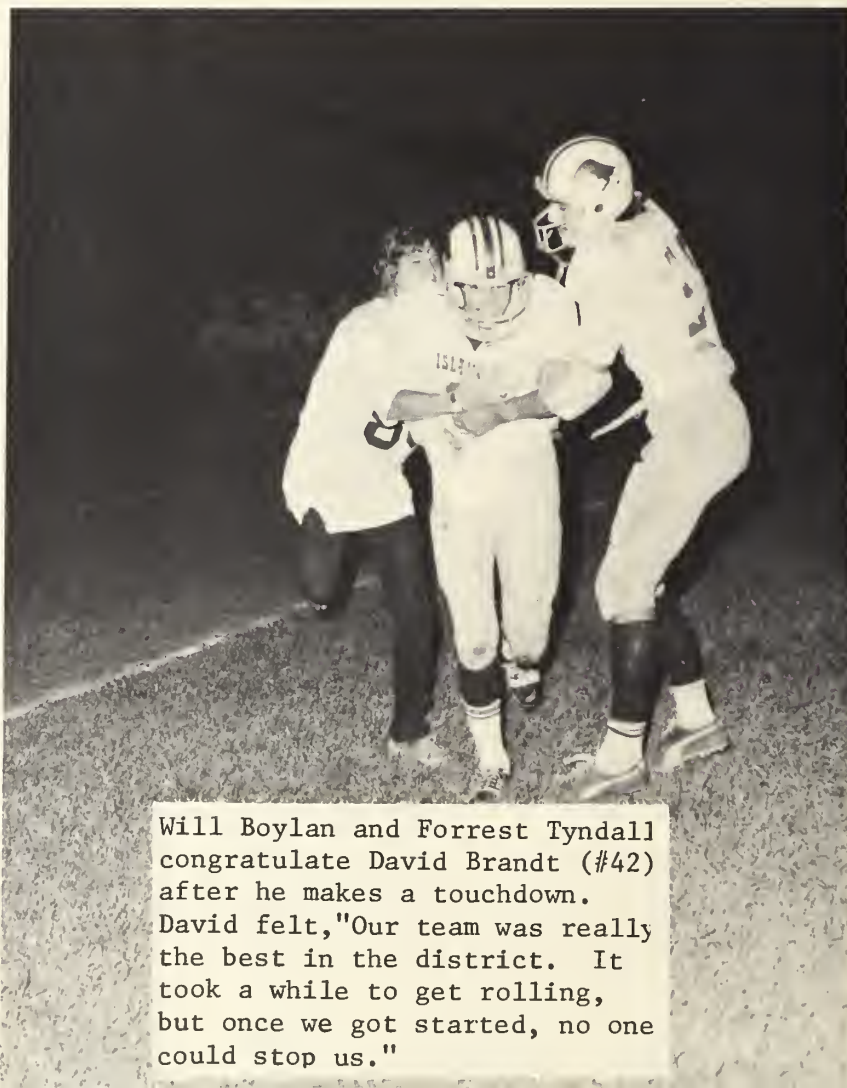




Earl Miller (#79) provides blocking for quarterback Mike Perkins (#3) as Forrest Tyndall (#39) checks his position.

# HARD WORK AND DETERMINATION AID TEAM

This year we had an odd occurrence on the football team. Not only one, but two of the teams more determined members were forced to sit on the side lines due to broken ankles. These two were Will Boylan and Russell Clausen. Hopefully, next year these two players will be back into the swing of things. Will Boylan replied, "Once we got together, we had the best team in the district. The first two games were lost due to lack of experience. We had injuries that slowed us down slightly. We didn't have the greatest speed but we were a quick team as a whole."



Will Boylan and Forrest Tyndall congratulate David Brandt (#42) after he makes a touchdown. David felt, "Our team was really the best in the district. It took a while to get rolling, but once we got started, no one could stop us."



Cindy Wallace (22) watches as Linda Geissinger (20) prepares for a jump.



## Practice Makes Perfect

Without practice, no team could be a winner. As Coach White says, "Every player must go all out and give 150 percent." If one person relaxes in practice, the whole team begins to relax. Practice started in August with the players working on individual skills to per-

A stunned Yvette Bourgeois (15) stares as the ball is stolen.



GBBT shows great team spirit.



Gigi Johnson cuts the last remaining strings of the regional prize net.

fect them. As basketball season grew closer, team-work was stressed. Every player worked hard because each knew that's what it takes to go all the way. Their hard work paid off, by the end of their season they had gone 25 games undefeated and won the state A championship.



Jeanne Ruark (32) stretches to tap the ball.



Below: Player's faces reflect victory after winning the state championship game. Right: Linda Geisinger moves in for an unguarded layup.



Above: Yvette Bourgeois receives a typical lockerroom ankle taping. Right: Cathy Rollins listens attentively to Mrs. White's directions.





Top: Gigi Johnson receives Ragedy, the team mascot, for her game performance. Bottom: Cindy Wallace (22) goes up for two points while Cathy Rollins (21) awaits for a rebound.



## Hustle

The GBBT's success this year can be attributed to the talented team, a determined, willing coach, and most of all, the team spirit--more spirit than any team of the past. This spirit kept the team together as a working unit with everyone contributing her best. Hustle was their motto. They rarely had to adapt to the other team's style because they set the pace with their own speed.

Top: Cindy Wallace accepts the State-A first place medal. Bottom left: The Holiday Inn sign in Wytheville greets Poquoson's challengers - Page County. Bottom right: The team received this medal as a remembrance of their victory.







Wanda Wright (10) moves the action down court.

## *"We're no. 1"*

The climax of the undefeated season was the state tournament in Wytheville. The team made a come back in the last minutes of the game to win 48-43. The togetherness and team spirit displayed before, during, and after the tournament can not be described, but the players will always remember the thrill of becoming state champions. Kathy Keating said about it, "It was hard work but it was worth it because now we are the state champs and we deserve it."

### Regular Season

Home 58	Surry	16
Home 48	King William	40
Home 48	West Point	25
Home 42	New Kent	27
Home 57	King & Queen	33
Home 55	Charles City	25
Home 70	Middlesex	62
Home 53	Mathews	31
Home 50	Hampton Roads	29
Home 60	Surry	38
Home 62	King William	50
Home 53	West Point	29
Home 59	New Kent	17
Home 69	King & Queen	38

Home 55	Charles City	49
Home 57	Middlesex	50
Home 59	Mathews	38
Home 43	Hampton Roads	33

### District Tournament

Home 60	Mathews	28
Home 55	Charles City	44
Home 58	King William	40

### Regional Tournament

Home 40	King George	24
Home 47	King William	37

### State Tournament

Home 45	Chilhowie	42
Home 48	Page County	43



Jeanne Ruark shoots for another two points.

Susan Carmines displays her dribbling dexterity.







Clockwise: Yvette Bourgeois illustrates the fiery attitude displayed by the team as a whole. After winning the game, Mrs. White and Susan Carmines finally relax. The team displays three basic skills during warm-ups: rebounding by Jeanne Ruark, shooting by Robin Insley, and dribbling by Cheryl Moore.



Front row: Sharon Austin, Wanda Wright, Yvette Bourgeois, Linda Geissinger, Cheryl Moore, Susan Carmines. Middle row: Melanie Spruill, Susan Frishkorn, Andy Wallace, Robin Insley, Karen Holloway, Jeanne Ruark. Back row: Mrs. White, Barbara Evans, Sharon Pauls, Cathy Rollins, Gigi Johnson, Kathy Keating, Kathy Jurosky.





# VARSITY CHEERLEADERS

Exuberance! Enthusiasm! Those are two descriptions of last year's cheerleader squad by Mrs. Debbie Goddin, Cheerleader sponsor. To show their support for the school, the squad planned several pep rallies and decorated the halls with spirited posters. They also decorated the players' lockers with posters and crepe paper. During football and basketball season, the cheerleaders made tokens of appreciation, such as popcorn, carmel apples, and cupcakes. The squad had a thrilling and fun experience working together last year.



"HAVE YOU GOT THE SPIRIT? YEH, MAN!"

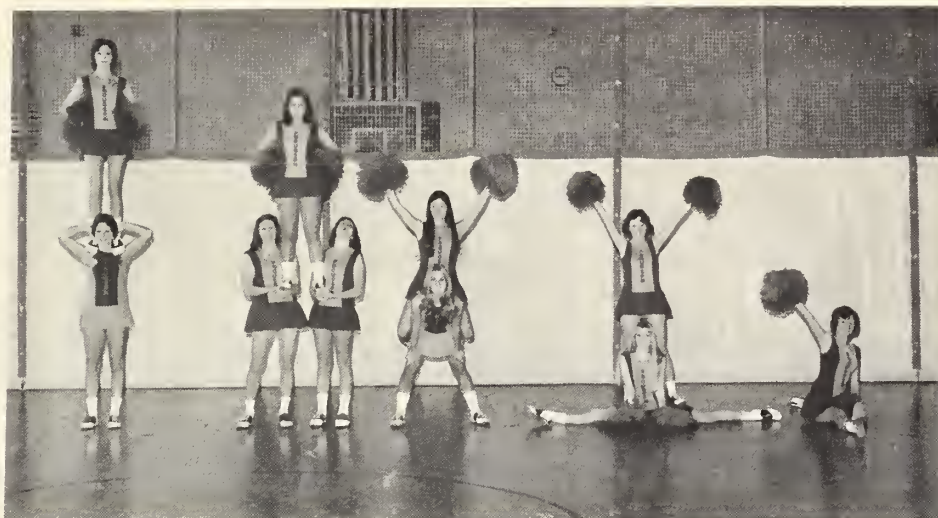
Cheering the basketball team on are Terri Baker, Cindy Elmore, and Cheryl Wainwright.







Susan, Cindy, Pam, Cheryl, and Bonnie rest while observing action on the court.



1975-76 Varsity Cheerleaders left to right: Tracye Davis, Terri Baker, Bonnie McDaniels, Dee Vee Tracy, Pam Forrest, Susan Harrington, Julie Forrest, Cheryl Wainwright, Joanne Inge, and Cindy Elmore.

Dee Vee's cheerfulness is representative of the entire squad.





# SCORE BOARD

Last year the J. V. Football team was the second best in the history of J. V. football according to Coach Jerry Ringi. After many hours of practice, the J. V. team emerged winning four of their seven games. Mrs. Rita Kehoe, statistician commented, "The J. V. team was tremendous under pressure." A forfeit by the Middlesex team gave the J. V. a winning season.

HOME		VISITORS	
POQUOSON	0	CHARLES CITY	7
POQUOSON	6	MATHEWS	14
POQUOSON	14	GLOUCESTER INT.	0
POQUOSON		MIDDLESEX	FORFEIT
POQUOSON	20	WEST POINT	6
POQUOSON	0	NEW KENT	6
POQUOSON	36	KING WILLIAM	6

LOSSES - 3      WINS - 4

# J.V. FOOTBALL

First Row: Troy Muza, Brad Watkins, Tammy Yates, Jerry Firth, Mr. Ringi, Mike Firth, Harold Biemler, Lee Insley. Second Row: Jim Rigney, Pat Luttig, Mark White, Mike Liles, Bobby Ingle, Scott Stevenson, Ralph Tudor, Jay Bourgeois, Russell White, Scott Bailey. Third Row: Tom Fox, Chuck Metzger, Steve Sather, Ronald Topping, Dean Nesbitt, Craig Eastep, Kim Call, Greg Gensler, Dennis Burke, Mike LeCaine. Fourth Row: Donnie Joyner, John Hunt, Mike Kehoe, Bruce Ballard, Lance Jackson, Kyle Poor, Roy Fox, Guy Garrett, Rusty Jackson, and Robert Owens.







Back Row: Joan Penn, Dana Forrest, Teresa Skirchak, Nanci Diggs, Sissy Wright, and Nancy Riggins. Front Row: Co-captains Julie Phillips and Debbie Ferguson, Cindy Holloway, and Missy Perkins.



"Let's get it together."

Under the new leadership of Mrs. Karen Roberts, sponsor, the J.V. cheerleaders last year planned pep rallies and artistic posters. New uniforms and the increase in J.V. fans helped augment cheerleader spirit. During the summer of '75 the girls attended cheerleading camp at Chowan College, N.C. While there, they were recipients of two red ribbons for excellence, and one blue ribbon for superior cheering.

# J.V. SQUAD



RED,  
WHITE,  
AND...  
WATER?

Marie Watkins and Tres Matthews enjoy the music of the band.



As Mr. Gray crowns her, the new queen, Julie Forrest gleams.



The Homecoming court and their escorts are presented to the crowd.





Bicentennial spirit was mixed with class spirit in the 1976 Homecoming activities. As floats of drums, flags, the Declaration of Independence, and Benjamin Franklin paraded down the street, clouds came over the new city. Later, during the parade and all through the night's activities, rain fell.

The torrential downpour prevented the band from performing at half-time, but it didn't stop the other activities, such as the crowning of the queen and the performance of the "Mid-get" cheerleaders. The downpour and wind ruined some of the floats.

Some of the complications were: the rain that bled the crepe paper on the junior float; the collapse of the freshman float; and the kite that escaped from the seventh grade float.

As the Frosh's red, white, and blue drum was coming to the parade site, the drum collapsed, and the sides fell in. Thanks to Paul Freeman, the float was recovered before the parade started. Most of the Junior's flag was made of crepe paper (red, white, and blue) which bled to the color of purple.

During half-time, the rain-soaked people stood under umbrellas to watch the floats, followed by the representatives, come to a stop in front of the stands. As the Homecoming court stood in the rain, Mr. Gray crowned Julie Forrest the new queen.



The Homecoming Court: Queen Julie Forrest, Tommi Davis, Connie Wornom, Gigi Johnson, Debbie Diggs and Donna Jurosky.

The Homecoming court consisted of Queen Julie Forrest. Representing the Seniors also were: Tommi Davis, and Connie Wornom. The Junior class was represented by Gigi Johnson; Sophomore class, Debbie Diggs; Freshmen class, Donna Jurosky, and the eighth grade by Cathy Wright.

In spite of the rain, wind, and the muddy field, the Islanders triumphed over King William.

People in the bleachers and on the sidelines enjoy the music too.





# Jockettes...huh?

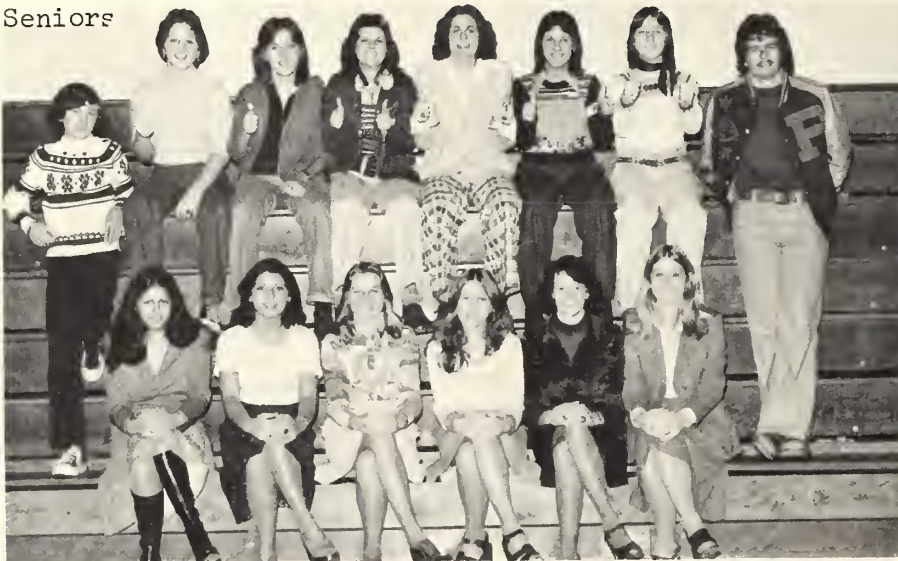
When was the last time you attended a home football game, and overheard the players talking about what dress they were going to wear to the Holly Ball? For those of you who attended the Powder Puff game, this illusion became reality. It was the game that gave the Junior girls a chance to mutilate their upperclassmen. They were superbly coached by Russ Clausen and Will Boylan, but other circumstances made the senior girls the defending champs. Senior coaches were Mike Perkins, Garland Hansford, and Forrest Tyndall.

Juniors



Top Row: Russ Clausen, Carol Jones, Maureen Burke, Cindy Elmoore, Pam Forrest, Debbie Stanfield. Will Boylan. Bottom Row: Beverly Moore, Gigi Johnson Tammi Ullisse, Suzanne Bourgeois, Vickie Baker, Phil Purdy

Seniors



Top Row: Danny Hayes, Terry Baker, Wanda Wright, Deevee Tracy, Yvette Bourgeois, Karen Bryant, Kim Shaw, Forrest Tyndall. Bottom Row: Connie Wornom, Bonnie Wornom, Sandra Moore, Brenda Clausen, Sheryl Moore, Julie Forrest

"It was mass confusion," said Cindy Elmore. Then she went on, "The game situations were nothing like the coaches taught us."

Junior Pam Forrest said, "It didn't turn out like I planned, but everyone did her best." The final score was 18-0.

An overdose of pride and a lack of bravery prevented the girls from having the regular all-male cheerleading squad, but the loss was accepted with as much class spirit as always. "It's been a long time since the seniors won a Powder Puff game," said Kim Shaw, "which proves that the Class of '76 is the best yet!"



# Straight

## From

# Dogpatch

Out of the far corners of the fictional town of Dogpatch came a holiday perfect for the lonely girls roaming the halls of PHS. It's Sadie Hawkins Day! The girl's one chance during the year to pay the guy's way to dinner and a dance. Of course this means any eligible guy in the school. But to add a touch of elegance (to use the term loosely) to the day, the girls got dressed up in ragged clothing. The main festivity of the celebration was pinning, or officially labeling the boy of one's dreams as hers for the day. This exercise could be painful, which persuaded most of the guys to give in. Everyone was getting into the act, for rumor has it that Mr. Hines was pinned by two of his students.

Michelle Morgan looks for the phone number of that special guy.



David McKay shows off the patch pinned on him by Jeannie Foster.







Members of the Stage Band were: (back row, left to right) Ken Forrest, Kyle East, Vernie Kruger, David Blackstock, Tommy Freeman, Bruce McGraw, and Marty Sykes. (front row, left to right) Kristie Wendorf, Beverly Moore, Dean Burnett, Karen Jackson, Cecil Blackwell, and Lytle East.

## 368 Hours

"When our band went to  
Winchester,  
Riding on a Newton,  
We placed first in both  
parades,  
And came back home a tootin'  
tootin'.  
Islanders, keep it up,  
Islanders are dandy,  
Islanders are number one,  
We ain't been beat and  
can't be!"

No words could have expressed the success of the band better than the song (above, lyricized by members, and band boosters) sung to the tune of "Yankee Doodle". The band(right) put 249 hours into practice, and 119 hours for proformance. Their diligent endurance returned them a first place at the Lancaster parade.

At the beginning of the year, there was some doubt as to the bands ability, but much like previous years, the band continued its champion spirit. It took

a total of six trophies, and one plaque at the Apple Blossom Festival in Winchester; two more than the year before.

In addition to the awards by the band, the majorettes won a first in firemans, and a second in grand feature parades, the two main events of the festival. The color guard won a second in firemans, and a third in grand feature. The Pom Pom girls were also winners, they took second in the grand feature parade.

The Stage Band also took honors that year. When they went to Menchville for a jazz festival, they came home with a superior rating. They held nearly a dozen concerts, and near years end, they held their first concert un-assisted by the Concert



Band, open to the public. The band took a permanent name for itself, the PHS Jazz Band, replacing the old name of Stage Band. It produced unusual talents, at one concert, Dean Burnett played two saxophones at one time. Right in the middle of the Jazz Bands portion of the Christmas concert, Lyle East, David Blackstock, and Tommy Freeman broke into "Jingle Bells", and "Frosty the Snowman".

Talents were not all unusual, however. Dean Burnett, Ken Forrest, and David Blackstock were noted as superior performers by the National Association of Jazz Educators.



Making Regional Band for the third year are: Junior Karen Jackson, and Senior Tommy Freeman.





The bands practicing on an empty football field became it's trademark in late April. Practice had always made perfect for the band, and that year, there was no exception. The band had conquered Apple Blossom once again.



Specially planned for the judging area, the trumpets march up to the front rank before starting the number.

After standing at attention for an hour, the Flag Corps enjoys munching on ice.





In concert formation, Mr. Hines warms the band up for the long parade ahead.



"I started to count how many times we marched around the football field in practice, but I lost count after nineteen," said flutist Amy Hunt.

At last the Drum Major signals the band to step off.





Pom-Pon Squad, left to right: Lulu Nidiffer, Debbie Davis, Kim Shaw, Cindy Clark, Martha Martin, Christine Johnson, Sandra Moore, Kathy Phillips, Martha Ferguson, Brenda Page, Debbie Mitchell, Suzanne Moore.

# Pom-Pon Girls



The Pom-Pon Girls and Flag Corps march through Coney Island in Kings Dominion.



Martha Ferguson enjoys marching in Kings Dominion.

Seniors made up the majority of last year's Pom-Pom Squad. As they graduated, they took with them the memory of making their band one of the best. Other members faced the additional challenge of trying to win it again. The win being referred to here was the second place in the Grand Feature Parade at the Apple Blossom Festival in Winchester. Actually this was more important than it sounds for two main reasons: one, that this was the first time in three years that the Pom-Pom girls had won an award; and two, that they had won it in open competition (meaning against all units in the parade, not just in their category). It looked as if the Pom-Pom girls had something to look forward to the following year - a repeat performance.



The Pom-Pon Girls march past the Royal Fountain on International Street in Kings Dominion.





Flag Corps, Left to right: Maresa Firth, Patrice Emerson, Martha Forrest, Cathy Martin, Karen Pauls, and Kay Millen.

# Flag Corps

Rookies - that's one way of describing last year's Flag Corps since it was composed almost entirely of underclassmen. Although their lack of experience prevented them from winning, it did not keep them from supporting the band to the utmost. Their determination to do well and their precision, although stopping short of making them winners, has helped them to make the bands' over-all appearance one of the best in the area. Thanks to that enthusiasm and support, they could definitely be called "band boosters."



The Color Guard leaves the field after a half-time show.



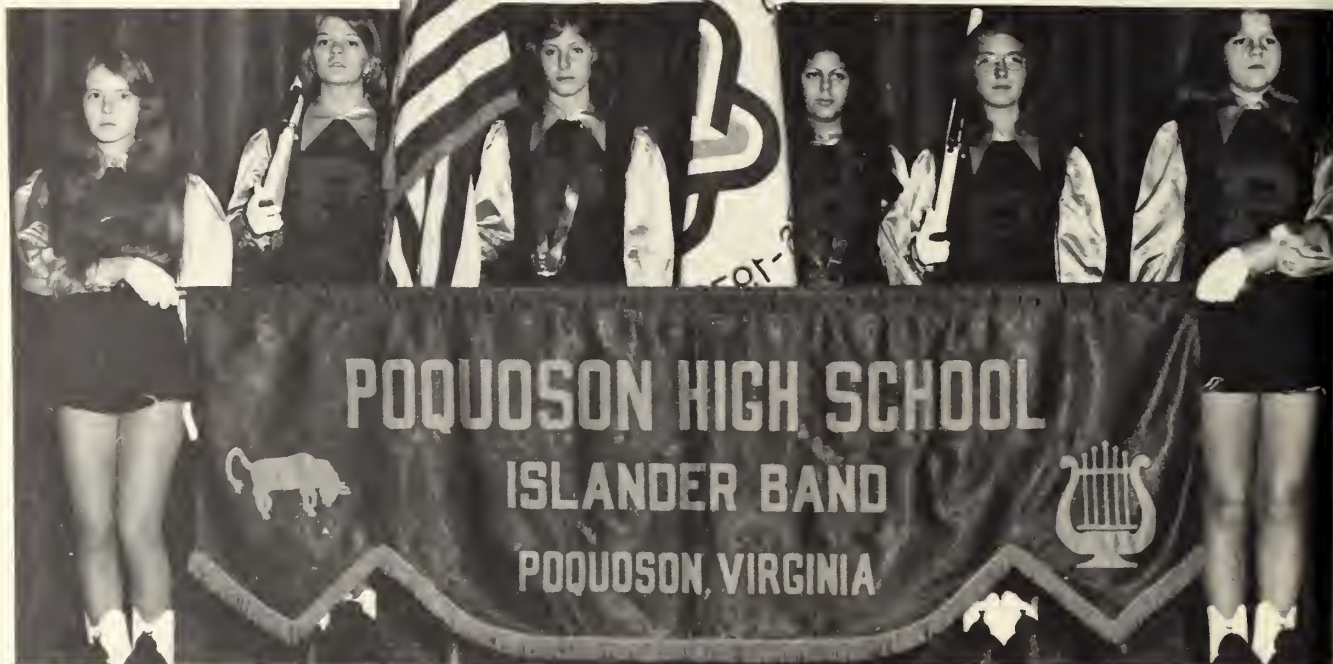
Karen Pauls, Cathy Martin, Martha Forrest, and Maresa Firth march past the fountains on International Street in Kings Dominion.





The Color Guard "takes the lead" during band practice.

# Color Guard



Color Guard, left to right: Patty Quinn, Beverly Moore, Sandy DeGinder, Connie Wornom, Susan Downs, and Kim Regan.

Last year's Color Guard seemed to wait until the last minute before popping out of the woodwork. The main purpose of the Color Guard is to announce the arrival of the band and to display the nation's star-spangled banner and the bicentennial flag. But this doesn't mean that they can't compete. Last year they were late bloomers, of a sort, in that they didn't

During band practice, something catches the attention of Beverly Moore, Sandy DeGinder, and Patty Quinn, while Connie Wornom doesn't really care.



win anything for the first half of the year. Then came the Apple Blossom Festival, bringing with it changes for the Color Guard. The first came in the form of a second place in the Fireman's Parade in the Apple Blossom Festival, followed closely by a third place in the Grand Feature Parade the next day. Both awards were won in open competition.



Majorettes, Left to right: Cathy Page, Marie Watkins, Karen Bryant, Joyce Freeman, Danette Holloway (mascot), Martha Sykes, Tammy Edwards Tammy Edwards.



# Majorettes

The Majorettes' role in competition last year was, as in previous years, that of winners. The name of the Poquoson Islander Majorette Squad was becoming synonymous with victories. Among their long line of triumphs last year were a first place in the Williamsburg Christmas Parade (after two years of coming in second in the same event), a first place in the Fireman's Parade and a second place in the Grand Feature Parade, both of which were won in the Apple Blossom Festival. Both of these were won in open competition, meaning that they had to compete against all of the other majorette squads throughout the parade, instead of simply competing in their own category. The Majorettes had no problem proving their merits, simply standing on their own record.



The majorettes go through their routine during band practice.

Joyce Freeman, Martha Sykes, and Tammy Edwards show complete concentration as they complete a turn in band practice.



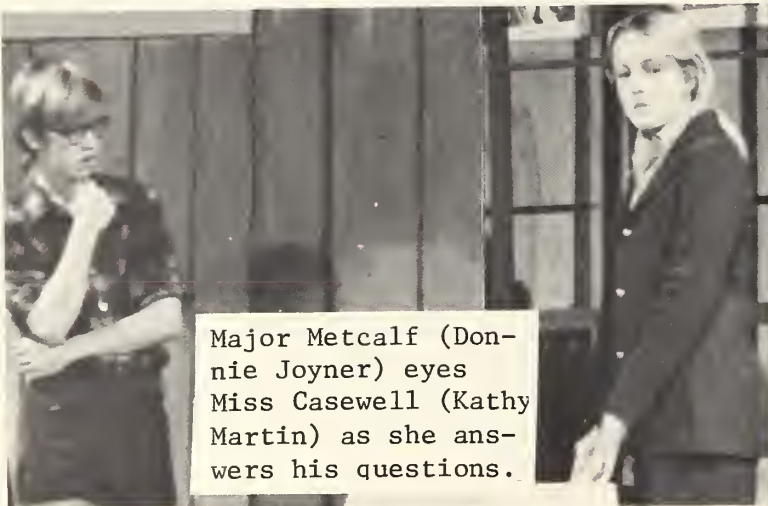
# *Poquoson Sets the Trap*

Nine weeks of rehearsals, hard work, and perseverance - all this culminated in two fantastic performances of "The Mousetrap." The fall play, a murder mystery, was a serious piece with a small cast. The play was very successful, both financially and dramatically.

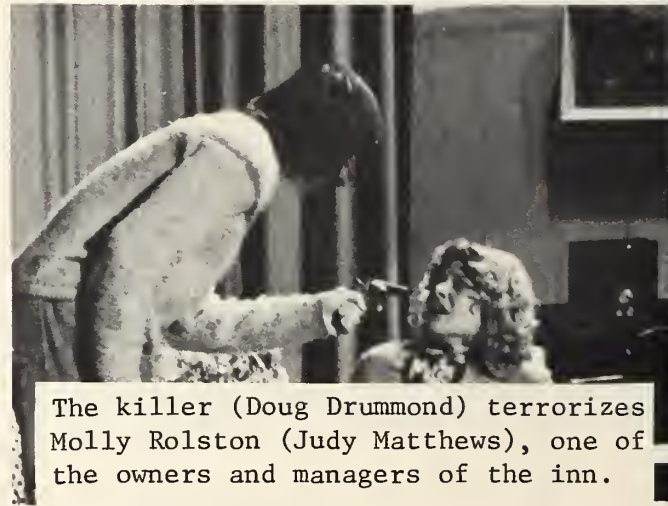
David MacKay stated, "It was a great experience. I got to know some really nice people and we had a lot of fun."



"This was one of my more difficult scenes," emphasized Debbie Garrett, "because I was supposed to be real serious. Every time David MacKay and I looked at each other, we cracked up laughing!"



Major Metcalf (Donnie Joyner) eyes Miss Casewell (Kathy Martin) as she answers his questions.



The killer (Doug Drummond) terrorizes Molly Rolston (Judy Matthews), one of the owners and managers of the inn.



Giles Rolston (Brad Crawford) is dubious of Mr. Paravicini's (Frank Floyd) interrogation of Molly Rolston (Jeannie Foster).

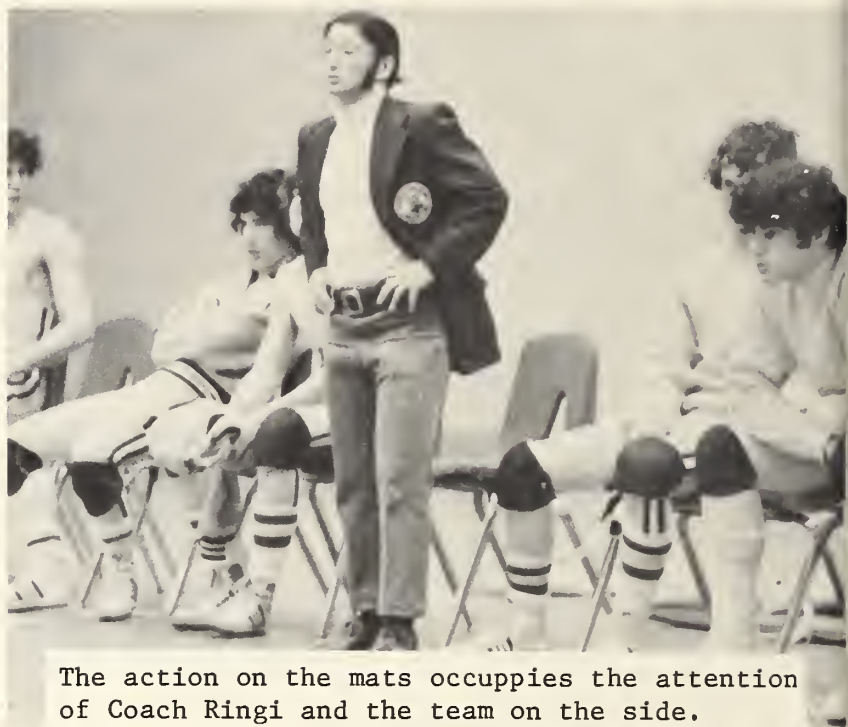


# W I N T E R



The WINTER section includes: basketball, wrestling, the class sections, the Christmas activities, the faculty, and the administration.

Upper Right: Timmy Goodson rises to his feet after pinning his opponent at Manassas. Below: As the referee looks on, Phil Purdy plans for a take down.



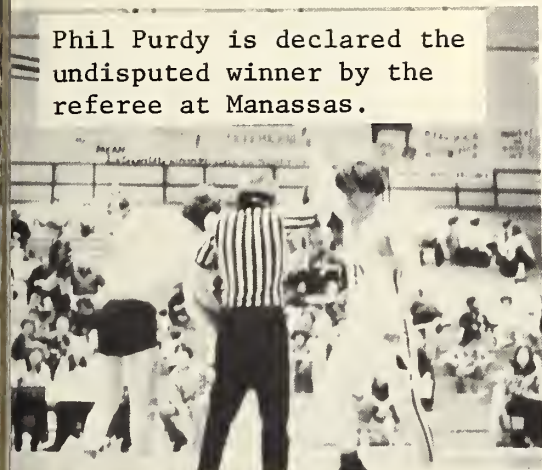
The action on the mats occupies the attention of Coach Ringi and the team on the side.



J.V. Wrestling Team. Front row: Coach Ringi, Joe Abney, John Firth, Keith Roberts, Burt Whitaker. Back row: John Townsend, Dan Ayers, Steve Satter, Jay Bourgeois, Jim Johnston, Muriel Messick.



Phil Purdy is declared the undisputed winner by the referee at Manassas.



## Determination and Hard Work

Foreshadowing the matches to come, the Islander matmen started their season in early December tying with Sussex 28-28. In the following matches the scores yo-yoed back and forth with the wrestlers winning a game or two, then losing the next. The team worked hard and overcame a number of setbacks due to the loss of some key wrestlers. They placed second in the region and fourth in state. Coach Ringi remarked, "Of all the teams I have coached, this year's team will always hold a special place in my memories for their hard work and determination...they performed to the best of their ability and I was and always will be proud to have been part of this year's wrestling team."

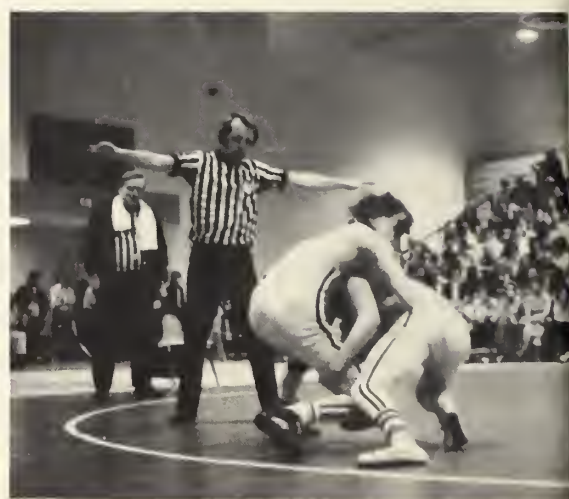
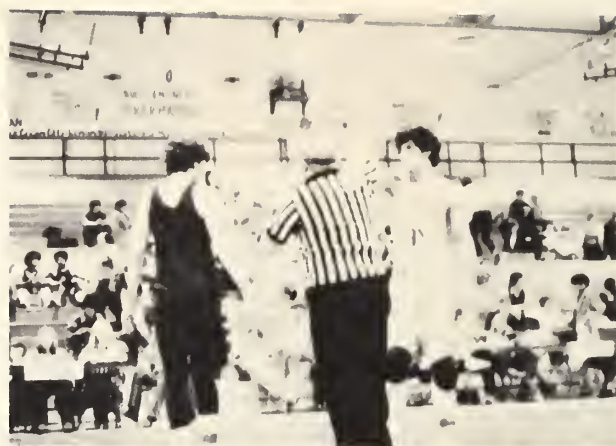


Mike Perkins looks for a take down.

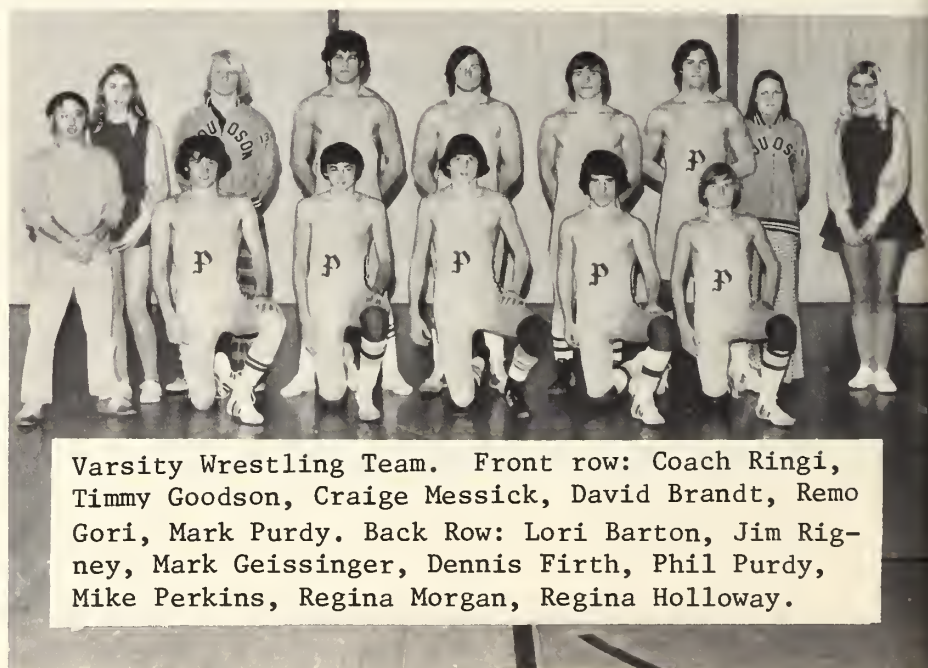


David Brandt's opponent struggles in vain as he is pinned.

Far Right: Mike Perkins discusses strategy with Coach Ringi. Right: Referee raises Mark Geissinger's arm in victory after state semifinals.

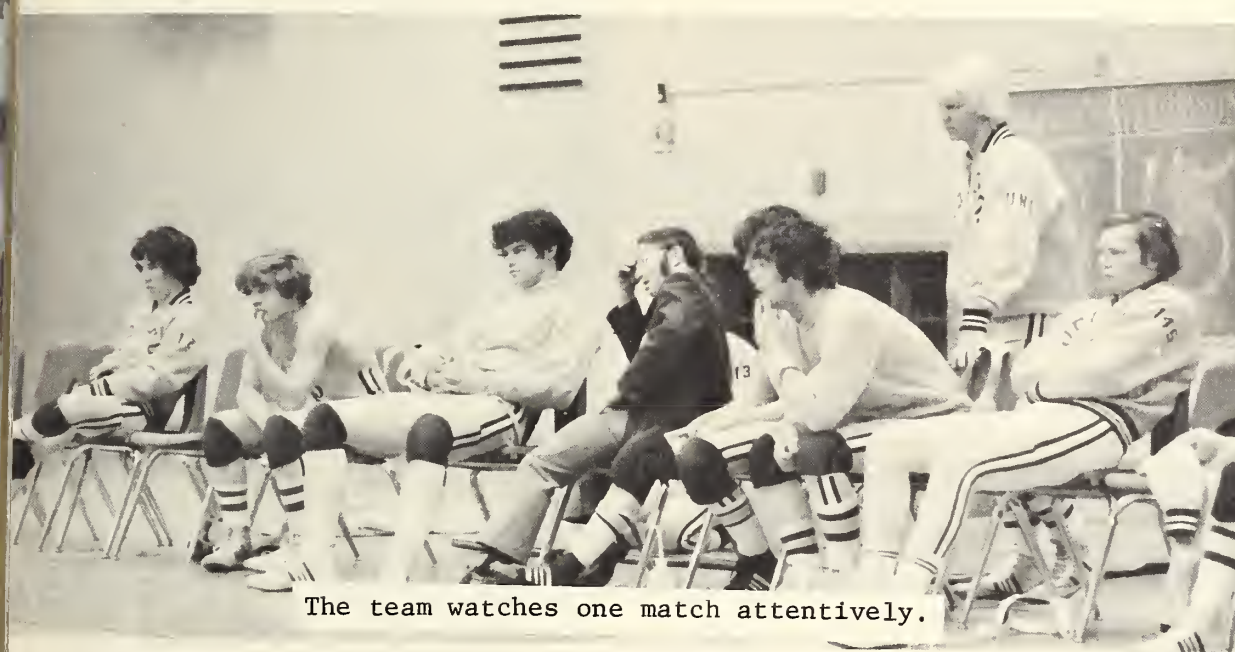


Left: Timmy Goodson takes down his Charles City opponent for three points. Right: David Brandt takes down his opponent to the mat.



Varsity Wrestling Team. Front row: Coach Ringi, Timmy Goodson, Craige Messick, David Brandt, Remo Gori, Mark Purdy. Back Row: Lori Barton, Jim Rigney, Mark Geissinger, Dennis Firth, Phil Purdy, Mike Perkins, Regina Morgan, Regina Holloway.





The team watches one match attentively.



David Brandt shows sheer excitement after winning his award for first in state.

# TENSION

The tension could be felt Saturday night at the final match of the state wrestling tournament in Manassas. The wrestlers, since arriving in Manassas on Friday, had been following a strict regimen.

After two eliminating matches, five Islanders were left for the final match. At 126 David Brandt manhandled his opponent to win 13-3 easily. Next at 138, Timmy Goodson overpowered his opponent 6-0. Mike Perkins, having just returned from the hospital, lost to his opponent from Charles City. In the following match, Phil Purdy subdued his opponent. Wrestling at 185 pounds, Mark Geissinger lost by a controversial call in the final seconds. When the scores were added up, Poquoson was just eight points from the state title and fourth in the state.

TEAM	POQUOSON	OPPONENT
SUSSEX	28	28
WESTERN BRANCH	15	47
VA. SCHOOL	53	18
YORK	13	45
SUSSEX	26	28
VA. SCHOOL	62	11
DENBIGH	23	42
CHARLES CITY	36	20
FREDERICK M.A.	22	36
CHARLES CITY	32	28
FREDERICK M.A.	32	22
TABB	16	40
GLOUSTER	FORFEIT	WON

The Islander Basketball team suffered losses due to the injuries of key players throughout the season, and particularly due to the death of forward Joe Thomas. Joe, a Senior member of the team, collapsed and died in a game against Matthews High School. In his honor, the uniform which he wore (#25) was retired during the last game of the season.

Robby Lockard shoots from underneath and hopes to set the Islanders ahead.



VARSITY BASKETBALL TEAM Left to Right, BACK ROW: John Keating, Herbert Woolston, Tommy Freeman, Coach Tom Fay, Frank Jackson, Billy Rollins, Roger Hastings, Belvin Ward, David Sealy, Kenny Forrest.





# Small but Powerful



Co-captains Belvin Ward and Roger Hastings prepare for what promises to be an exciting game.

## Score Board

POQUOSON	72
POQUOSON	58
POQUOSON	58
POQUOSON	58
POQUOSON	68
POQUOSON	48
POQUOSON	59
POQUOSON	57
POQUOSON	53
POQUOSON	46
POQUOSON	63
POQUOSON	65
POQUOSON	37
POQUOSON	50
POQUOSON	48
POQUOSON	36
POQUOSON	61

SURRY	87
TABB	72
KING WILLIAM	102
NEW KENT	90
WEST POINT	71
KING & QUEEN	92
CHARLES CITY	67
MIDDLESEX	52
KING WILLIAM	99
MATHEWS	82
NEW KENT	74
WEST POINT	82
KING & QUEEN	73
CHARLES CITY	63
MIDDLESEX	92
MATHEWS	69
TABB	74



Captain Belvin Ward  
throws in the ball to an  
anxious teammate.

The 1976 Varsity Basketball team was a well-balanced mixture of sophomores, juniors, and seniors. When the team started its season, it had 13 members and as the season progressed, the number fell to eleven, with some of these members suffering injuries.

Facing difficult competition, the boys fought hard. At many games spectators were on the edges of their seats, excitement commanded their actions and thoughts. Most of the hard-fought games ended with close, but losing scores.



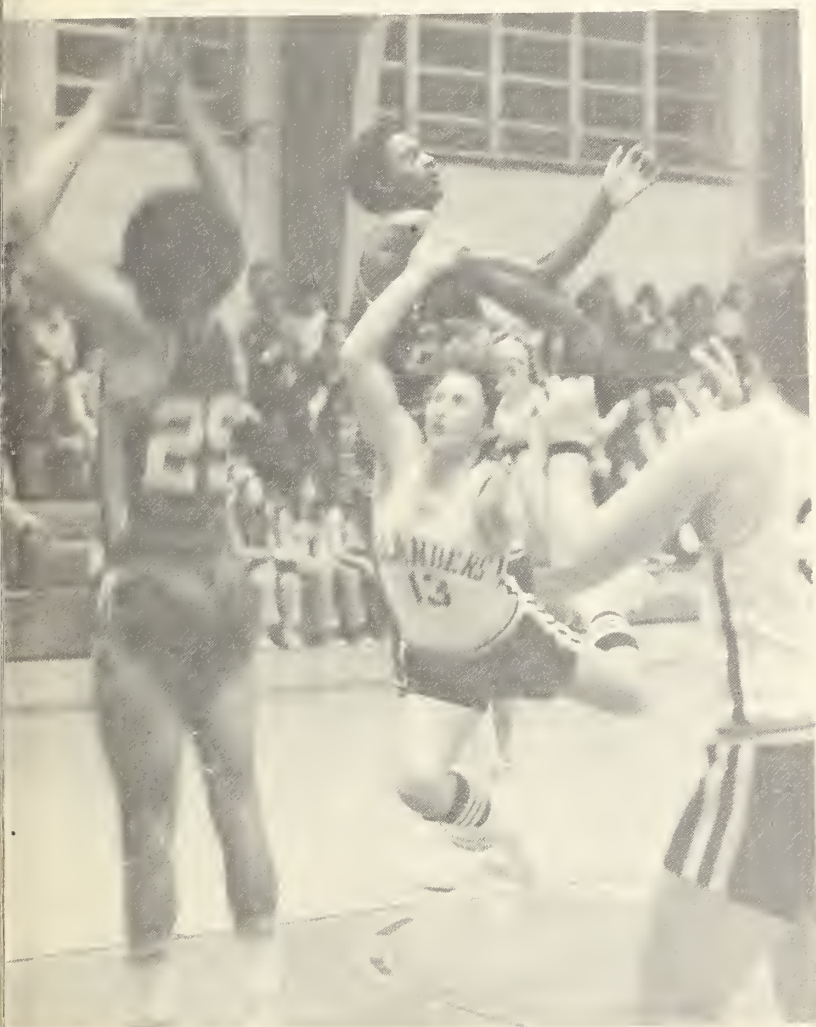
Receiving the ball, Robby  
Lockard prepares to shoot  
hoping for a perfect goal.





# stiff Competition

John Keating looks for  
help from another team-mate



Breaking through the difficult  
Panther defense is the Islanders'  
number 13, Kenny Forrest.

Maneuvering to a different  
position, Belvin Ward sets  
up the play.





1975-76 J.V. BASKETBALL TEAM:  
KNEELING, Ralph Tudor, Donnie Joyner, Mark Bryan, Craig Forrest, Sean Rose, Steve Dunn, Chuck Metzger, Ron Belknap, Tom Fox. STANDING: Coach Kimsey, Lee Chaffin, Greg Blackstock, Barry Forrest, Keith Thomas, Tony Whitlow, David Geissinger, and George Yeager.

## Kimsey's GAGERS

Under the directorship of Coach Fred Kimsey, the J.V. Basketball team fought valiantly, though unsuccessfully. Eighth grader Lee Chaffin volunteered, "For us rookies it's kind of exciting, you get discouraged sometimes but you still play on. The plays didn't always go like we expected them to, but Coach Kimsey tried to teach us everything about plays."

"Practice makes perfect," but that isn't always true. The team had many practices, but just couldn't get it together in the games. One player commented, "Practice was hard, but fun." The squad ended the season with three wins and thirteen losses.



Keith Thomas takes one of his two foul shots.



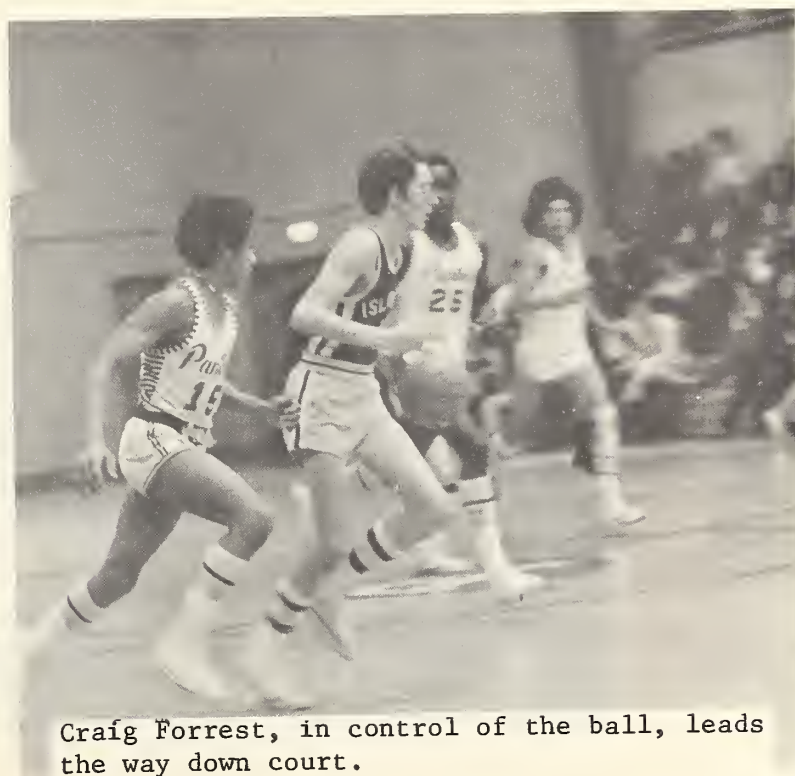
# SCHEDULE

Poquoson	LOST	Surry
Poquoson	LOST	Tabb
Poquoson	LOST	King William
Poquoson	LOST	New Kent
Poquoson	WON	West Point
Poquoson	LOST	King and Queen
Poquoson	LOST	Charles City
Poquoson	LOST	Middlesex
Poquoson	LOST	Mathews
Poquoson	LOST	Tabb
Poquoson	WON	Surry
Poquoson	LOST	King William
Poquoson	LOST	New Kent
Poquoson	WON	West Point
Poquoson	LOST	King and Queen
Poquoson	LOST	Charles City
Poquoson	LOST	Middlesex
Poquoson	LOST	Mathews

Tom Fox shoots for a basket while Lee Chaffin and Tony Whitlow wait, in suspense.



Mark Bryan shoots for two points.



Craig Forrest, in control of the ball, leads the way down court.

Doug Drummond narrates the first section of the mixed chorus' portion of the concert as Tami Ulisse waits her turn.



Mr. Hines leads the band in a slow, moving section of the Christmas concert music.



The band slowly gets through another perfect section of the concert music.

Each year, Christmas is celebrated at PHS by two different school organizations. Last year, each held a concert.

The Poquoson High School Islander Concert Band led off their concert with several numbers celebrating the joys of Christmas. Also featured were the PHS Majorettes, twirling to "Jingo Jango" and the PHS Pom-Pon Squad, dancing to the beat of "Good Vibrations." Following were the younger instrumentalists of the school, the sixth period



# CHRISTMAS -

## P.H.S. STYLE

junior band, and the fast-moving, free-spirited music of the Stage Band.

The Choral Concert was highlighted by the Mixed Chorus, saluting the Jewish holiday of Hannakuh and the Christian holiday of Christmas. The programs were narrated by Doug Drummond and Tami Ulisse. Included in the program were the Girls' Chorus and the Eighth Grade Chorus, joining their voices in the music of the Christmas season. Thanks to these organizations, Christmas got off to a perfect start.



Mixed Chorus - TOP ROW: Earl Miller, Jerry Firth, Barry Russell, Curtis Sykes, Ann Forrest, Kathi Proctor, Kathy Sykes. SECOND ROW: Paul Royston, John Hamlett, Denise Wilson, Laurie Bunting, Nadja DuVall, Grace Moss, Regina Forrest. THIRD ROW: Linda Wilson, Teri Jackson, Marie Watkins, Joan Penn, Kathy Owens, Frances Cole, Kathy Forrest, Martha Martin. BOTTOM ROW: Theresa Evans, Melanie Rollins, Cindy Clark, Cathy Martin, Sandy Morgan, Belinda Cash.

Girls' Chorus - TOP ROW: Debbie Townsend, Julie Forrest, Lisa Bois .  
MIDDLE ROW: Tammy Yates, Glorie Evans, Kristie Wendorf, Karen Shaw.  
BOTTOM ROW: Nadine Doty, Lorie Harvey, Debbie Dodson, Michelle Wilson.



Mr. Hines directs the concert band in a fast vigorous section.



Mike Tignor is looking for someone special.



"Hunger" entertains at the Holly Ball.

## Nightclub atmosphere

Last year's Holly Ball which was, "A lot of fun," according to Pam Updike, was sponsored by the SCA. "The dance turned out well," at least Dale East thought so. Bill Ayer's only complaint was, "Very few people went. The SCA spent most of the day decorating the gym. These decorations included individual tables and a parachute suspended from the ceiling. This gave the gym a nightclub atmosphere. The band, "Hunger," proved to be unique and unusual. This dance turned out-as most other Holly Ball's- a success!

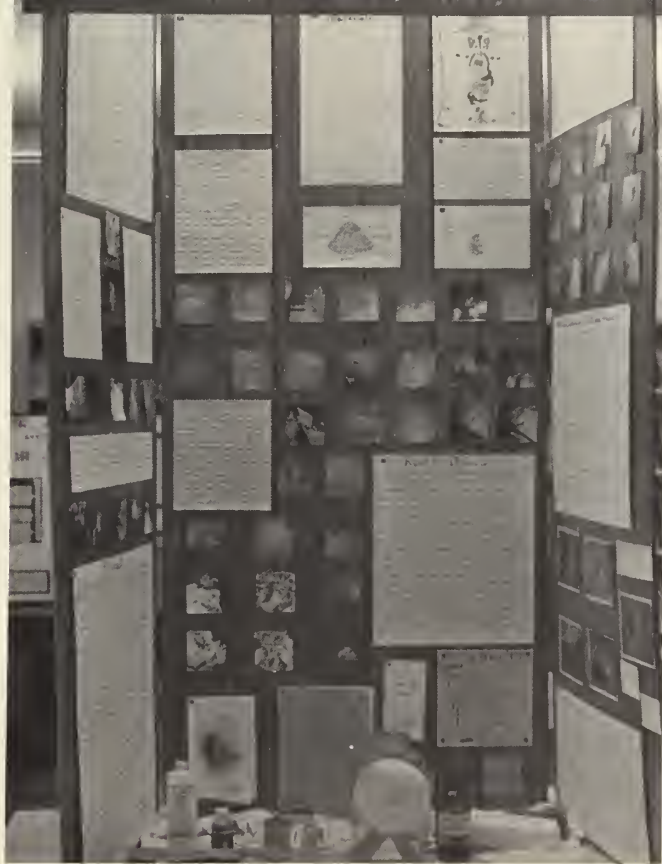
Robin Insley's cast-covered leg proves the old theory, "Where there's a will there's a way," as she dances with Greg Gensler.



Could Tres Matthews be listening in on Robin Insley and Greg Gensler's conversation?







With this project Gee Freeman went on to win the Tidewater Regional award.

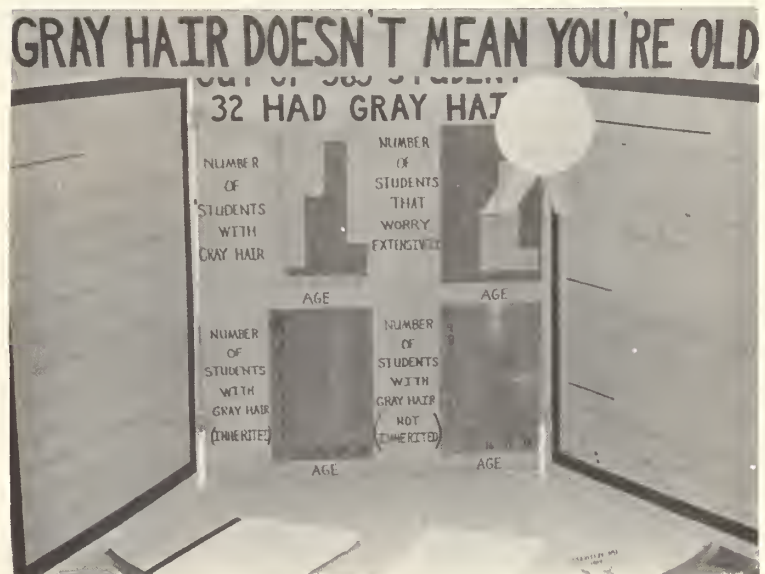
## Science Fair

January 17 - a day that was dreaded by almost every Science Fair participant; that was the day of the Science Fair. Entrants Bill Ayers and Tom Fox commented, "It would turn out better if it was voluntary, not mandatory." Tres Matthews, who was a winner, said, "It was a great learning experience."

There were many eye-catching project titles, such as John Purdy's "Martinis and Motherhood" and Carol Tanguy's "Daphnia, the Water Flea." Gee Freeman's project "Homotransplantation of Skin in Mice" won Best in Show locally and in the Tidewater Regional competition.



Chris O'Neill captured first place in Botany.



Cheryl Moore's award-winning project presents an interesting idea.

Tres Matthews looks proud of his first place project.



Last year the Miss P.H.S. Pageant was centered around the Bicentennial. The pageant began with a song and dance routine, to "Yankee Doodle Dandy." This was followed by sportswear competition. In the talent competition Marie Watkins did a baton and flag routine and won the talent award. The evening wear competition was next and following this was a question and answer period by the seven contestants. Rev. East was emcee and Mr. Gray and Eileen Carmines crowned the winner. The winners were: third runner-up, Maresa Firth; second runner-up, Brenda Clausen; and Miss P.H.S., Marie Watkins. The contestants also chose Maresa Firth as Miss Congeniality.



Marie is overcome with emotions.



Kathy Proctor seems at ease while singing in the Miss P.H.S. Pageant.



Contestants anxiously await the announcement of the new Miss P.H.S.

# Miss P.H.S.



Mrs. Stanfield assists Marie as Mr. Gray looks on.



## DEDICATION

We, the senior class of Poquoson High School, would like to dedicate the senior section to one of our classmates, Joe Thomas, who died suddenly this year. Joe was competitive, school spirited, but most of all, he was friendly to everyone. This is how we shall remember him. Shortly before his death, Joe wrote this poem which we would like to share with you.

My life is short, my mind high  
I'll live to the fullest  
The way I want  
Is it free? There's no way  
And always a limit  
Is it fair to limit a life?  
A life of beauty and love  
If only they could see  
Before it's too late  
All of them would live it right  
The way it should be  
Will you appreciate what you had  
When it's all over, or  
Just wish you had a little more  
There's no fighting it, so  
You gotta use it  
Make it work for you.



William Joseph Thomas  
1958 - 1976



*Sharon M. Austin*



*Terri Lee Baker*



*Lori M. Barton*



Belvin Ward in action.

\*\*\*\*\*

Sharon Austin - Girl's Basketball 10th-12th, Girl's Softball 9th-10th, Science Club 9th-11th, Pep Club 9th-10th, Sophomore & Jr. Class President, Beta Club 11th-12th.

Terri Baker - Transferred from Parkview Elementary, JV cheerleader 9th, Varsity cheerleader 10-12th, Girl's Softball 10th, Girl's Track 11-12th, FCA 11-12th, Pep Club 8-11th, Varsity Club 10-12th, Basketball Homecoming Representative 11th.

Lori Barton - Transferred from Haure High School, Montana, Wrestling Manager 11-12th, French Club 10th.

Bette Belch - Pep Club 8-9th.

\*\*\*\*\*



*Bette J. Belch*



# Retrospection





Pat Biron



Yvette Bourgeois



Ronda Boyd



Theresa Braeden

- \* \* \* \* \*
- \* Patrick Biron - Transferred
- \* from Thomas Eaton Jr. High,
- \* 1971.
- \* \* \* \* \*
- \* Yvette Bourgeois - Transfer-
- \* red from Vamato High School,
- \* Japan 1973, Volleyball 9th,
- \* Softball 9th, Track 9-12th,
- \* Gymnastics 9th, Basketball-
- \* 10-12th, Beta Club 11-12th,
- \* Varsity Club 10th & 12th,
- \* President Varsity Club 12th,
- \* SCA, Jr. Class Secretary,
- \* Sr. Class Vice-President,
- \* GAA 9th.
- \* \* \* \* \*
- \* Ronda Boyd - Girl's Track -
- \* 9-11th.
- \* \* \* \* \*
- \* Theresa Braeden -Transferred
- \* from Yuba City High School,
- \* California 1975, Newspaper
- \* Staff 12th, Honor Society
- \* 10-11th, Senate 9th & 11th,
- \* Ski Club 10th.
- \* \* \* \* \*

As Seniors reminisced about their five years at Poquoson High School, they had an over-all attitude of approval. Most Seniors admitted it had been "worthwhile" after all. A few even admitted they had enjoyed their school years. As Judy Matthews put it "In retrospect the last five years have gone by quickly. We are leaving behind a way of life." The look ahead had its advantages also. Another Senior remarked, "I'll have to admit I enjoyed it, but I'm sure glad it's over."

Doug Drummond confronts Jeannie Foster in "The Mousetrap."



# NO CLASS SPIRIT



Senior Class Officers: Kim Shaw, Yvette Bourgeois, Bonnie Wornom, and Kathy Shriver.

*Cindy Brown*



\*\*\*\*\*  
 \* Cindy Brown - Softball Manager 10th, Art Club 10th.  
 \*  
 \* Julie Brown - Transferred from Tabb High School, Drama Club 11-12th, Art Club 12th, Journalism 11-12th, Thespian 12th.  
 \*  
 \* Karen Bryant - FHA 8th, Class Treasurer 8th, Homecoming representative 8th, Pep Club  
 \*  
 \* 8-9th, Annual Staff 9th, Miss PHS 9th, Class Vice-President 9th, Secretary of Honor Council 10th, SCA 10th, Majorette 9-12th, Head Majorette 11-12th, Band Council 12th.  
 \*  
 \* Julie Bunting - Softball scorekeeper 10-12th, Drama Club Secretary 11th, Pep Club 8-9th, SCA.  
 \*  
 \*\*\*\*\*

*Julie Brown*



*Karen Bryant*



*Juliette Gail Bunting*





The Senior class had few activities as a whole. Class officers were: President, Bonnie Wornom; Vice-President, Yvette Bourgeois; Secretary, Kathy Shriver; and Treasurer, Kim Shaw. By early May the class had held only one meeting and graduation loomed in the foreground. Tommy Freeman lamented, "Too bad there's no class spirit."

*Karen M. Bunting*



Sheryl Moore is enthusiastic, but Danny Ayers couldn't care less.

- \* \* \* \* \*
- \* Karen Bunting - Pep Club 8-12th, Stage Band 7-12th, Pep Band 8-12th, Wind Ensemble 10th, Marching Band 8-12th, Drum Major 11-12th, Student Director 12th, National Honor Society of Distinguished American High School Students, Order of the Bullpen.
- \* Regina Bunting - Pep Club 8th, FHA 12th.
- \* Barry Burcher - JV Football 9th, Baseball 12th, Pep Club 8-11th, Science Club 10th, Key Club 12th, Newspaper staff 9-10th.
- \* Dean Burnett - Concert Band
- \* \* \* \* \*

*Regina Bunting*

*Barry C. Burcher*

*Dean Burnett*



# NEW SCHOOL

*Mark Campbell*



Yvette Bourgeois and Theresa Braeden organize notes.

\*\*\*\*\*  
 \* Mark Campbell - Band 8-11th. \*  
 \* Susan Carmines - Girl's Track \*  
 \* 9-10th, GBBT 9-12th, Varsity \*  
 \* Club 10th & 12th, Pep Club \*  
 \* 8-10th, Girl's State . \*  
 \* Cheryl Chetelat - Transfer- \*  
 \* red from Northeast High, Ar- \*  
 \* kansas 1974, Powderpuff foot- \*  
 \* ball 12th, VICA 11th, Pep Club \*  
 \* 10th. \*  
 \* Brenda Clausen - Transferred \*  
 \* from Mary Immaculate High \*  
 \* School, Florida, Glee Club \*  
 \* 10th, Pep Club 10th, FCA 11- \*  
 \* 12th, Football Manager 11th. \*  
 \*\*\*\*\*

*Susan Leigh Carmines*



*Cheryl D. Chetelat*



*Brenda Clausen*







*Cathy C. Cloonan*



Kim Shaw, Belvin Ward, and Vince Ruark enjoy a break from studying.



*John Collins*

\*\*\*\*\*  
 \* Cathy Cloonan - Pep Club 8-  
 \* 10th, Newspaper Staff 8th,  
 \* Drama Club 11th.  
 \*  
 \* Tommi Davis - Pep Club 8-9th,  
 \* FNA 8-11th, Band Flag Girl  
 \* 9-11th, Homecoming Represen-  
 \* tative 12th.  
 \*  
 \* Tracye Davis - Band 8-9th, JV  
 \* cheerleader 9-10th, Varsity  
 \* cheerleader 11-12th, Pep Club  
 \* 8-10th.  
 \* \*\*\*\*\*

For the junior class the Seniors had an optimistic outlook. They felt juniors had a great opportunity to begin again in a new school. They would be able to innovate, begin new traditions, and make the new school their own. Judy Matthews added, "The juniors have an opportunity to make corrections and to start fresh."



*Tommi L. Davis*



*Tracye Davis*



Frank Floyd, Doug Drummond, and Judy Matthews in a confrontation.



*Kory M. Diehl*

\*\*\*\*\*  
 \* Doug Drummond - JV Football  
 \* 8th, Varsity Football 9-12th,  
 \* Letterman 9-12th, JV Basket-  
 \* ball 8-9th, Varsity Basket-  
 \* ball 10-11th, Letterman 10-  
 \* 11th, Beta Club 10-12th,  
 \* French Exchange student.  
 \*  
 \* Stormy Ezzell - Art Club 8-  
 \* 10th, FHA 9th, VICA 12th.  
 \* \*\*\*\*\*



Leo Forrest is in a pensive mood.



*Douglas Drummond*



Bill Forrest is glad to be pinned by DeeVee Tracy.



*Stormy Lynn Ezzell*

# Time In A Bottle



\*\*\*\*\*  
 \* Arlene Firth - FHA President \*  
 \* 9-10th, FBLA 11-12th, FBLA \*  
 \* President 12th. \*  
 \*  
 \* Dennis Firth - JV Football \*  
 \* 9th, Varsity Football 10-12th, \*  
 \* Varsity Club, World of Con- \*  
 \* struction Club, Wrestling 11- \*  
 \* 12th. \*  
 \*  
 \* Jerry Firth - Varsity Foot- \*  
 \* ball 10-11th, Indoor & Out- \*  
 \* door Track 10-12th. \*  
 \*\*\*\*\*



*Arlene Firth*



*Dennis Firth*



*Jerry R. Firth Jr.*

For the Senior song, the class selected "Time in a Bottle." Their colors were red, white, and blue in honor of their graduation in the bi-centennial year. The red rose was chosen as class flower.

As the year drew to a close, seniors planned spring activities, but the senior trip to Myrtle Beach dematerialized and no further plans were attempted.



Coleman Wolford is amused by the antics of a classmate.

Judy and Tres Matthews converse in "The Mousetrap."



Martha Ferguson and Yvette Bourgeois concentrate - but on what?



Yvette Bourgeois shows  
GBBT pride at Wytheville.



Julie Forrest works on  
an amusing assignment.

Senior privileges were few and far between. The tradition of seniors cutting in the lunch line was discontinued. That left only Senior Week in the spring. To give the seniors at least one special activity during the year, a Senior lounge was established and sponsored by Mrs. Katz and Mrs. Sibbers. This consisted of a classroom that was open during lunches to seniors only.

Senior Christine Johnson felt, "There should be a Senior lounge all hours. Also, we should be allowed to go off-campus during lunch." The latter was an impossibility because of both the tight lunch schedules and the presence of seven grade levels at the high school.



*Frank T. Floyd*



*Julie Lynn Forrest*



*Leo C. Forrest Jr.*

- \* \* \* \* \*
- \* Frank Floyd - Transferred
- \* from Tabb Intermediate 1970.
- \* Varsity Football 10-11th,
- \* Drama Club, FCA.
- \* \* \* \* \*
- \* Julie Forrest - JV cheer-
- \* leader 9th, Varsity cheer-
- \* leader 10-12th, SCA 8-11th
- \* FTA 8th, Pep Club 8-11th,
- \* Varsity Club 10-12th, Foot-
- \* ball Homecoming Representa-
- \* tive 10 & 12, Honor Council
- \* 10th, Glee Club 8-12th, FCA
- \* 11-12th, Basketball Homecom-
- \* ing Representative 10.
- \* \* \* \* \*
- \* Leo Forrest - Band 8-10th
- \* \* \* \* \*





*Martha Ann Forrest*



*Regina Rollins Forrest*



*Jeanie Foster*

# NO SPECIAL TREATMENT

John Purdy, Tommy Freeman, and Connie Wornom observe a physics experiment.



- \* \* \* \* \*
- \* Martha Forrest - Girl's Track \*
- \* Manager 9th, Pep Club 8-10th, \*
- \* Band Flagbearer 10-12th. \*
- \* \* \* \* \*
- \* Regina Forrest - Football \*
- \* Manager 11th, Pep Club 8- \*
- \* 10th, Glee Club 8-10th, 12th. \*
- \* \* \* \* \*
- \* Jeanie Foster - Drama Club \*
- \* 11-12th, FHA 9-10th, News- \*
- \* paper Staff 9-10th, Pep Club \*
- \* 9th. \*
- \* \* \* \* \*



*Tab Fox*



*Donnie Freeman*



*Elias T. Freeman III*



Dancing on a motorcycle? Kim Shaw and Mike Perkins give it a try.

\*\*\*\*\*  
 \* Tab Fox - VICA 11th. \*  
 \* Donnie Freeman - Pep Club \*  
 \* 8-9th, Science Club 9th, \*  
 \* Honor Council 12th. \*  
 \* Tommy Freeman - JV Basket- \*  
 \* ball 8 & 10th, Varsity Bas- \*  
 \* ketball 11-12th, Beta Club \*  
 \* 10-12th, Science Club 9th, \*  
 \* Band 8-12th, Stage Band \*  
 \* 8-12th, Pep Band 8-12th, \*  
 \* Regional Band 10-12th. \*  
 \*\*\*\*\*

Connie Wornom holds back the crowd.



# Senior

# Distinctions



Members of the senior class received varied distinctions. John Purdy was selected to attend the Presidential Classroom in February. Lida Stout was chosen as the DAR representative from PHS. Tim Manning received a state award for his work in VICA. Dean Burnett and Lida Stout were chosen Distinguished American High School Students. Sandra Pride participated in the Miss

Virginia Teen-Ager contest. Academically, Lida Stout led the class, followed by Barry Lovell. During the summer preceding their senior year, several students were chosen to represent Poquoson as exchange students to France. These were Lulu Nidiffer, Doug Drummond, Julie Bunting and Judy Matthews.

\*\*\*\*\*  
 \* Linda Geissinger - Girl's \*  
 \* Basketball 9-12th, Captain \*  
 \* 12th, Softball 9-12th, All- \*  
 \* District 10th, Track 9-10th, \*  
 \* Varsity Club 10-12th, SCA \*  
 \* 9th & 12th, Pep Club 9-11th, \*  
 \* FCA 10-12th, Girl's State \*  
 \* Representative 11th. \*  
 \* \*  
 \* Dorothy Gibbs - FHA 8-9th, \*  
 \* FBLA 12th, FNA 12th, Pep \*  
 \* Club 9th, FHA Treasurer 9th. \*  
 \* \*  
 \* Patricia Gottschall - Girl's \*  
 \* Softball 9th, Pep Club 8th. \*  
 \* \*\*\*\*\*



Yvette Bourgeois samples the cafeteria lunch.



Sheryl Moore and Jim Frishkorn discuss plays.

Linda Carol Geissinger



Dottie Gibbs



patricia gottschall





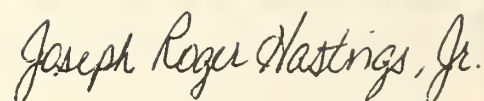
Gayland Hanson

Boyd Graham - JV Football  
9th, Glee Club 9-10th, ICT  
11th, Pep Club 8th.

Phillip Guthrie - VICA 11th.

Garland Hanson - Basketball  
10-11th, Varsity Club 12th,  
Glee Club 8-10th, Pep Club  
8-12th, Basketball Night Rep-  
resentative 11th, Homecoming  
Queen Escort 12th.

Roger Hastings - JV Basket-  
ball 8-9th, Captain 9th, Var-  
sity Basketball 10-12th, Co-  
captain 11-12th, Senior Band  
8-11th, Stage Band 8-10th,  
ICT Vice-President 12th.



## MOTTO :

Going in circles  
Don't really know where I have come from,  
Where I will go.  
Look at the people, how lonely they seem.  
Going in circles to find  
Tomorrow's Dreams.





Danny Norris Hayes



Kenny F. Holloway, Jr.



Regina Holloway



Robert Holloway, Jr.

\*\*\*\*\*

\* Danny Hayes - Baseball 9th, \*  
 \* Art Club 9th, Science Club \*  
 \* 9-10th, Pep Club 9-10th, \*  
 \* Chess Club 10th, Varsity Club \*  
 \* 10-12th, Glee Club 12th. \*  
 \*

\* Kenny Holloway - JV Football \*  
 \* 9-10th, Pep Club 8-9th, SCA \*  
 \* 11th. \*  
 \*

\* Regina Holloway - Wrestling \*  
 \* Manager 12th, Mixed Chorus 8 \*  
 \* & 10th, Girl's Chorus 11th, \*  
 \* Pep Club 8-9th, FNA 10-11th, \*  
 \* Science Club 10th, SCA 10th, \*  
 \* SCA Treasurer 12th, FBLA 12th. \*  
 \*

\* Robert Holloway - Track 10th, \*  
 \* VICA 11th. \*  
 \*

\*\*\*\*\*

When asked their plans for the summer after graduation, several seniors were noncommittal. Others had made very definite plans. Jennifer Jackson was spending her summer working at Tiffany's - Bakery, that is. Lida Stout made plans to teach writing at Camp Strawdermaa before enrolling in VPI in the fall. The more adventurous Judy

Matthews was returning to France - this time to Paris. Judy was undecided about fall, having considered both college and stewardess training school. Christine Johnson prepared to enter Old Dominion in the fall.

Karen Bryant, head majorette, leads her group to several trophies.



# GRADUATION AHEAD

\*\*\*\*\*  
 \* Rita Holt - Art Club 9-12th, \*  
 \* Social Studies Club 12th, \*  
 \* Prom Committee 11th. \*  
 \*  
 \* Ken Hopkins - ICT \*  
 \*  
 \* Donna Hunt - FHA 8-12th, FNA \*  
 \* 11-12th, FNA Historian 11th, \*  
 \* Vice-President 12th. \*  
 \*\*\*\*\*



*Rita Faye Holt*



*Ken Hopkins*



*Ken Hopkins*



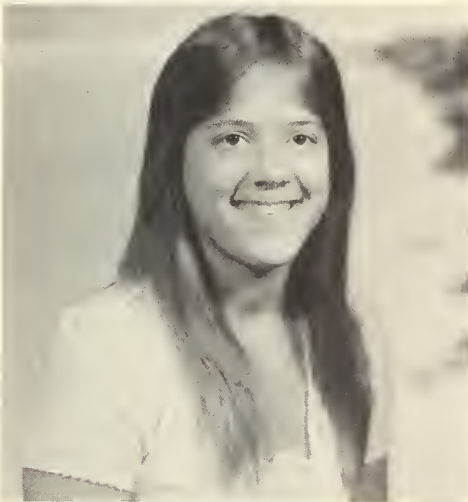
*Donna Hunt*



Dean Burnett leads the PHS Band to first place in Winchester.



The seniors agreed that the most exciting thing for the year still awaited them - graduation. Graduation time neared and more pressure was put on the seniors. "The actual wearing of the caps and gowns was exciting," enthused one senior.



Debbie Ingle

- \*\*\*\*\*
- \* Deborah Ingle - Band 8-9th,
- \* Art Club 12th, Pep Club 8th.
- \*
- \* Jennifer Jackson - JV cheer-
- \* leader 9th, FCA 10th, Varsity
- \* cheerleader 10th, Varsity
- \* Club 10th, Pep Club 10th,
- \* Newspaper Staff 8th, 11-12th,
- \* SCA President 12.
- \*
- \* Christine Johnson - Pom-Pom
- \* Girl 9-12th, Co-captain 11-
- \* 12th, Pep Club 8-11th.
- \*
- \* Martha Jordan - JV cheer-
- \* leader 9-10th, Pep Club 8-
- \* 10th, Glee Club 10th, FBLA
- \* 11th, FBLA President 11th.
- \*\*\*\*\*



Jennifer L. Jackson



Christine Johnson



Martha Ann Jordan



Debbie "Keeton"

\*\*\*\*\*  
 \* Deborah Keeton - DECA 10th,  
 \* Art Club 12th.  
 \*  
 \* Denise Lawson - FBLA  
 \*  
 \* Barry Lovell - Transferred  
 \* from Thousand Oaks High  
 \* School, California 1974, Cross  
 \* Country Track 10th, Student  
 \* Government.  
 \*  
 \* Tim Manning - Band 8-12th,  
 \* Stage Band 7-12th, VICA 12th,  
 \* Pep Band 8-12th, Chaos Corps  
 \* 8-12th, Debate Club 12th.  
 \*\*\*\*\*



Denise Lawson



Barry W. Lovell



Tim Manning

Seniors felt mixed emotions about the nine week mini courses. They were glad there were no yearly final exams and no yearly averages. However one senior commented, "There is too much to learn in too little time."

Mrs. Katz, senior English teacher revealed, "The nine weeks grading system gave each senior a chance to shine according to his abilities."

Seniors wrote excellent poetry. Also they had an opportunity to review for the college board exams during the mini courses."

The discontinuation of weighted honors courses evoked varied feelings. Judy Matthews observed, "Few schools still use them, so this is a good step for PHS." However she admitted that most seniors did not share her opinion. They were upset and did not want the courses halted.





Frank Floyd questions  
Judy Matthews in a tense  
moment from "The Mousetrap."

# MINI COURSES

\*\*\*\*\*  
 \* Nina Marshall - Softball 9-  
 \* 10th, Art Club 9-10th.  
 \*  
 \* Buster Martin - Honor Coun-  
 \* cil 8th, SCA 8-9th.  
 \*  
 \* Judy Matthews - Softball 9th,  
 \* Band 8-11th, Drama Club 12th,  
 \* French Club 8th, Beta Club  
 \* 11-12th, SCA 12th, Regional  
 \* Band 10th, French Exchange  
 \* student.  
 \*  
 \* Lorrie Medlin - Transferred  
 \* from Yorkshire Academy 1973.  
 \*  
 \* \*\*\*\*\*



*Nina Marshall*



*Edwood A. Martin Jr.*



*Judy Matthews*



*Lorrie Medlin*



*Cynthia Sue Miller*



*Deborah Lynn Mitchell*



*Harriet Moore*



Lida Stout gives a presentation on hand lenses in Mr. Wong's class.

- \*\*\*\*\*
- \* Cynthia Miller - Varsity Bas-
  - \* ketball Manager 10-12th, Pep
  - \* Club 8-10th, Annual Staff 9-
  - \* 10th, FHA 8-9th, Pom-Pom Girl
  - \* 9-11.
  - \*
  - \* Debbie Mitchell - Transfer-
  - \* red from Huntington Intermed-
  - \* iate High School, Pep Club
  - \* 8-9th, Flagbearer 10th, Pom-
  - \* Pom Girl 11-12th, Beta Club
  - \* 11-12th, Social Studies Club
  - \* 12th, Keyettes 12th, Drama
  - \* Club 12th.
  - \*
  - \* \*\*\*\*\*

Tina Ward asserted, "It's just great to be a Bicentennial graduating senior. It's neat to graduate in the year of your country's birthday. I feel like an American flag with everything being red, white, and blue."

The pleasure of being a senior graduating in the Bicentennial year was shared by all the members of the senior class last year. Another senior remarked, "I feel that it is an honor to graduate during the celebration of America's two hundredth birthday."

Karen Bryant participates in one of her many hobbies.





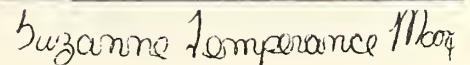
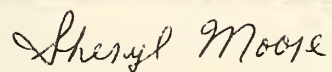
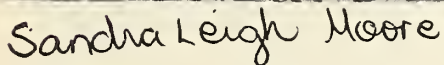
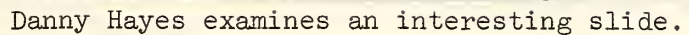
# GRADUATES

# GRADUATES

Sandra Moore - Girl's Track  
 9-10th, Pom-Pom Squad 10-12th,  
 Co-captain 12th, FNA 9th,  
 Pep Club 8-10th, Jr. Class  
 Vice-President, Sr. Class Vice-  
 President, Social Studies  
 Club 12th.

Sheryl Moore - FCA 10-12th,  
 Varsity Club 12th, Pep Club  
 9-10th, National Honor Society  
 11-12th, All-District Basket-  
 ball 9-12th, Softball 9-12th.

Suzanne Moore - Pom-Pom Girl  
 10-12th, FNA 9-10th, Pep Club  
 9-10th.





*Grace Moss*



*Lulu Nidiffer*



*Mary Oprisko*

\*\*\*\*\*  
 \* Grace Moss - Transferred from \*  
 \* Denbigh High School, Glee \*  
 \* Club 8-9th, 12th. \*  
 \*  
 \* Lulu Nidiffer - Transferred \*  
 \* from Jim Bridger High School, \*  
 \* Nevada, Pep Club 10th, Soph- \*  
 \* omore Class Secretary, Beta \*  
 \* Club 11th, Beta Club Secretary \*  
 \* 12th, FNA 10th, Flagbearer \*  
 \* 10th, Pom-Pom Girl 11-12th, \*  
 \* SCA 12th, Distinguished Am- \*  
 \* erican High School Student, \*  
 \* French Exchange student. \*  
 \*  
 \* Mary Oprisko - Pep Club 9th, \*  
 \* Art Club 10th, FHA 11-12th. \*  
 \* \*\*\*\*\*

Carol Tanguy smiles as John Purdy works on an assignment.



Vince Ruark and Sandra Moore are having a quiet talk before school



Seniors were looking forward to the prom and to senior week as usual. An anonymous senior stated, "Last year was very depressing because we have nothing really to look forward to anymore. Just the thought of not returning here next fall has depressed me very much! These opinions of course were not shared by all. "Wow! I passed all twelve grades, I'm finished." Several seniors were disappointed that there wasn't going to be a Senior Class Night.



# Freedom- at last !



*Brenda Page*



Theresa Braeden turns to see what's happening.

\*\*\*\*\*  
 \* Brenda Page - Track 9-11th, \*  
 \* FHA 8th, FNA 9-10th, FCA 11th, \*  
 \* Pep Club 8-9th, Flagbearer \*  
 \* 10th, Pom-Pom Girl 11-12th, \*  
 \* Honor Council 11th, Homecom- \*  
 \* ing Representative 11th. \*  
 \* \*  
 \* Carol Parham - Softball 9th, \*  
 \* Glee Club. \*  
 \* \*  
 \* Mike Perkins - Transferred \*  
 \* from Staly Jr. High School, \*  
 \* New York, JV Football 9th, \*  
 \* Varsity Football 10-12th, \*  
 \* Captain 12th, Baseball 9-12th, \*  
 \* Captain 12th, Basketball 9- \*  
 \* 10th, Wrestling 11-12th, Cap- \*  
 \* tain 12th, SCA 12th, Varsity \*  
 \* Club Vice-President 12th, \*  
 \* Boy's State Representative. \*  
 \* \*  
 \*\*\*\*\*



*Carol L. Parham  
"3 Kip"*



"Oh, no! Your're not driving my motorcycle." Mike Perkins and Kim Shaw have a mild disagreement.



*Michael A. Perkins*

Life was short for senior Joe Thomas who in his seventeen years contributed much of his talent, enthusiasm and personal warmth to PHS. The grief of Joe's death was experienced by all students and citizens of Poquoson. Especially affected were his close friends, many of them seniors. On the day following Joe's death at a basketball game, the same distress was expressed by all. "I can't believe it. I was shocked when I heard," was the comment most often heard.



*John Phillips*

- \*\*\*\*\*
- \* John Phillips - JV Football
  - \* 8 & 10th, JV Basketball 9-
  - \* 10th, Varsity Basketball 11th,
  - \* Varsity Football 11-12th.
  - \*
  - \* Nancy Phillips - JV cheer-
  - \* leader 9th, Pep Club 8-9th,
  - \* Pom-Pom Girl 10th, Homecom-
  - \* ing Representative 9th,
  - \* Basketball Night Representa-
  - \* tive 8th, SCA Class Officer
  - \* Secretary 8th.
  - \*
  - \* Sandra Pride - Basketball
  - \* Manager 8-10th, Scorekeeper
  - \* 11-12th, Track 11-12th, Beta
  - \* Club 11-12th, Pom-Pom
  - \* Girl 9-11th, SCA 8-10th,
  - \* Science Club 8-10th, Pep Club
  - \* 8-10th, FTA 8-9th, Miss Poquo-
  - \* son 1975, Distinguished Am-
  - \* erican High School Student 11th.
  - \*
  - \* \*\*\*\*\*



*Nancy Lynn Phillips*



Lida Stout tells Mr. Wong something has gone wrong in her experiment.

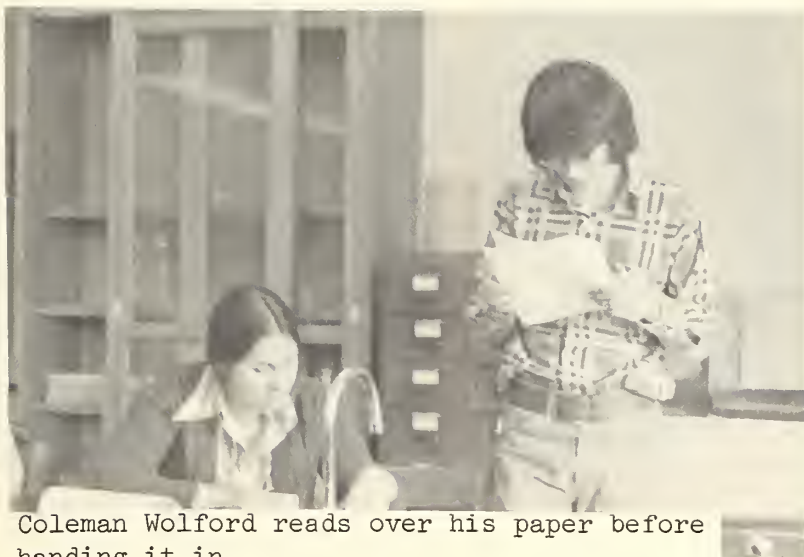


*Sandy Lee Pride*





*Kathy Proctor*



Coleman Wolford reads over his paper before handing it in.



*John Purdy*

\*\*\*\*\*  
 \* Kathy Proctor - Boys Basket- \*  
 \* ball scorekeeper 12th, FTA \*  
 \* 9-10th, Drama Club 12th, \*  
 \* Band 8-12th, JV cheerleader \*  
 \* 10th, Pep Club 10th, Girl's \*  
 \* Chorus 10th, Mixed Chorus \*  
 \* 11-12th. \*  
 \* \*  
 \* John Purdy - Transferred from \*  
 \* Pembroke High School 1975, \*  
 \* National Honor Society 11- \*  
 \* 12th, American Field Service \*  
 \* 10-11th, German Club, Social \*  
 \* Studies Club President 12th. \*  
 \* \*  
 \* Deborah Rose - Transferred \*  
 \* from Pembroke High School \*  
 \* 1975. \*  
 \* \*\*\*\*\*



Sheryl Moore and Earl Miller are surprised when Mr. Quinn announces a pop quiz.



*Debora Rose*

# GRIEF



*Kenny Royston*



*Vince Ruark*



*Barry Russell*

\*\*\*\*\*  
 \* Kenny Royston - Chess Club \*  
 \* 10th, Drama Club 11-12th. \*  
 \*  
 \* Vince Ruark - Transferred \*  
 \* from Haddon Township High \*  
 \* School, New Jersey, Swimming \*  
 \* 9th, Tennis 10th, Football \*  
 \* 11-12th, Indoor Track 11th, \*  
 \* Science Club 9-11th, Social \*  
 \* Studies Club Vice-President \*  
 \* 12th, Pep Club 10th, SCA \*  
 \* 11-12th, Football Homecoming \*  
 \* Escort 1975. \*  
 \*  
 \* Barry Russell - Wrestling \*  
 \* Manager 8th, Wrestling 9th & \*  
 \* 12th, Chess Club. \*  
 \*  
 \* Terrie Saunders - Girl's \*  
 \* Track 10th, Art Club 10-11th. \*  
 \*  
 \*\*\*\*\*

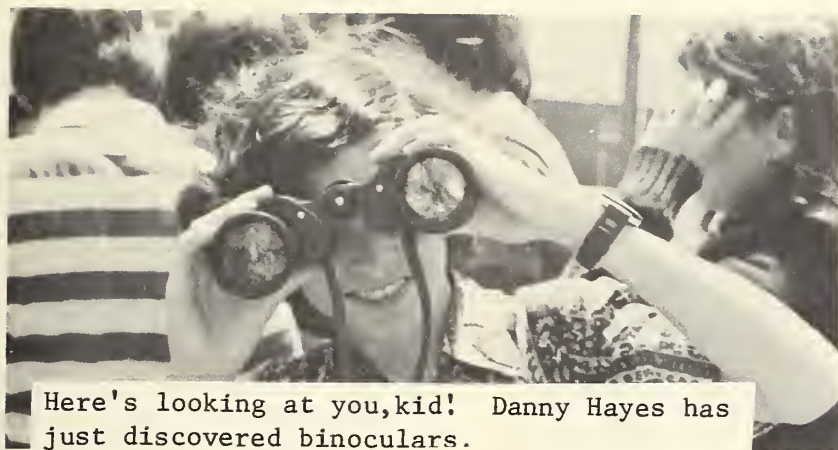


*Terrie Saunders*

Seniors participated in numerous and varied activities during their years. In their final year, they were active mainly in football, basketball, cheerleading, and in the PHS band. Certain seniors took part in several groups. Mike Perkins was active in football, basketball, baseball and wrestling.

Linda Geissinger captained the state championship GBBT. The cheerleading squad was comprised of four seniors, while eighteen seniors were members of the band. Approximately twenty seniors took part in the drama club and worked as cast and crew members of both the fall and spring plays.





Here's looking at you, kid! Danny Hayes has just discovered binoculars.

# Senior Role



*David Seely*

- \*\*\*\*\*
- \* David Seely - JV Football 9-
  - \* 10th, Varsity Football, JV
  - \* Basketball 9-10th, Varsity
  - \* Basketball, Vo-Tech 12th.
  - \*
  - \* Kim Shaw - Transferred from
  - \* Reeths-Puffer High School,
  - \* Michigan, JV Basketball 10th,
  - \* Pom-Pom Girl 12th, Beta Club
  - \* 11-12th, Senior Class Treas-
  - \* urer.
  - \*
  - \* Kathy Shriver - Glee Club
  - \* 8th, Science Club 9th, Pep
  - \* Club 9-10th, Art Club 10th,
  - \* Beta Club 11-12th, FNA 10-
  - \* 11th, SCA Secretary 10-11th,
  - \* Class Secretary 12th, Honor
  - \* Council Secretary 12th.
  - \*
  - \* Cathy Simmons - Transferred
  - \* from Tabb Intermediate 1972.
  - \*
- \*\*\*\*\*



*Kim Shaw*



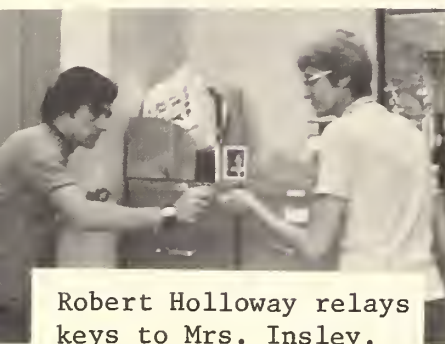
*Kathryn Lee Shriver*



*Cathy Simmons*

# Parting Thoughts

Dean Burnett relaxes  
at rehearsal.



Robert Holloway relays  
keys to Mrs. Insley.

\*\*\*\*\*  
 \* Lida Stout - Transferred  
 \* from Central High School,  
 \* Art Club 8th, Science Club  
 \* 8-12th, Treasurer 12th, Beta  
 \* Club 11th, National Honor  
 \* Society 12th, Vice-President  
 \* 12th, Society of Distinguish-  
 \* ed American High School Stu-  
 \* dents, National Merit Scho-  
 \* larship Commended Student,  
 \* DAR Good Citizen Award.  
 \*  
 \* Carol Tanguy - Transferred  
 \* from Downingtown High School,  
 \* Pennsylvania, Jr. Class Treas-  
 \* urer, FTA Treasurer 11th,  
 \* Beta Club 11th, National Hon-  
 \* or Society 12th, SCA 12th.  
 \*  
 \* Gerald Teague - SCA 8th, Var-  
 \* sity Club 9th, JV Wrestling  
 \* 8-9th, JV Football 10th, Var-  
 \* sity Football 12th.  
 \*  
 \* DeeVee Tracy - FTA 8th, JV  
 \* cheerleader 9-10th, Varsity  
 \* cheerleader 11-12th, Annual  
 \* staff 9th, Pep Club 8-11th,  
 \* FCA 11-12th, Baseball Score-  
 \* keeper 11th.  
 \*  
 \* \*\*\*\*\*



*Lida Stout*



*Carol Tanguy*



*Gerald Teague*



*DeeVee Tracy*





Forrest D. Tyndall



Stuart Vest



Belvin Ward



Tina Ward

Among the parting thoughts of seniors were comments by Kathy Proctor. "I love my high school years. I learned a lot, but most of what I learned I got in my senior year."

Judy Matthews observed, "The apathy of the class of '76 won't be mourned. Who cares about apathy?"

As the last class to be graduated from the original high school, the Seniors felt both pride and sadness. Pride in their class and their own accomplish-

- \* \* \* \* \*
- \* Forrest Tyndall - JV Basketball 8-9th, Varsity Basketball 10-12th, JV Football 8-9th, Varsity Football 10-12th, FCA 11-12th, Varsity Club 10-12th, Boy's State Representative 11th, Football Captain 12th.
- \* \* \* \* \*
- \* Stuart Vest - Transferred from McCormick Jr. High School, Wyoming, 1972, JV Football 9th, Industrial Arts Club.
- \* \* \* \* \*
- \* Belvin Ward - JV Basketball 10th, Varsity Basketball 11th-12th, Captain 12th, Varsity Football 11-12th, SCA 8-9th, Varsity Club 12th.
- \* \* \* \* \*
- \* Tina Ward - Glee Club 8-11th, Girl's Chorus 10-11th, Pep Club 8-10th, FNA 9-10th, SCA Representative 11th.
- \* \* \* \* \*



Jesse Wood gives up hope of getting information.



Doug Drummond in a dramatic moment from the play.



Janice Wilkinson

\* \* \* \* \*  
 \* Janice Wilkinson - Transfer-  
 \* red from Thorpe Jr. High  
 \* School 1972, Glee Club 9th.  
 \*  
 \* Coleman Wolford - Transfer-  
 \* red from Jacksonville High,  
 \* Arkansas, Honor Council 8th,  
 \* Newspaper staff 9-12th, Beta  
 \* Club 11th, Mu Alpha Theta  
 \* 11th, National Honor Society  
 \* 12th, Annual Staff 11-12th,  
 \* Key Club 12th, Quill and  
 \* Scroll 12th.  
 \*  
 \* Jesse Wood - JV Football 9-  
 \* 10th, Wrestling 10-11th, Ten-  
 \* nis manager 8th, Pep Club  
 \* 8th, Science Club 12th, Soc-  
 \* ial Studies Club 12th.  
 \* \* \* \* \*

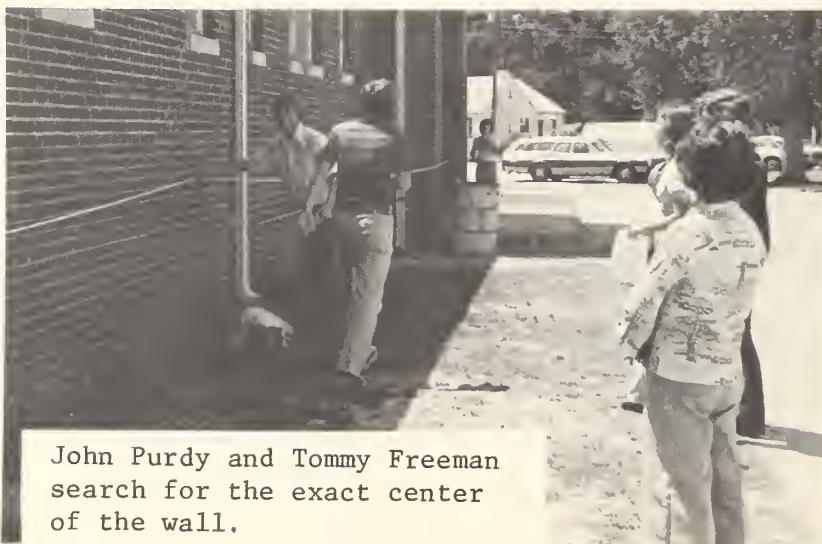


Cole Wolford

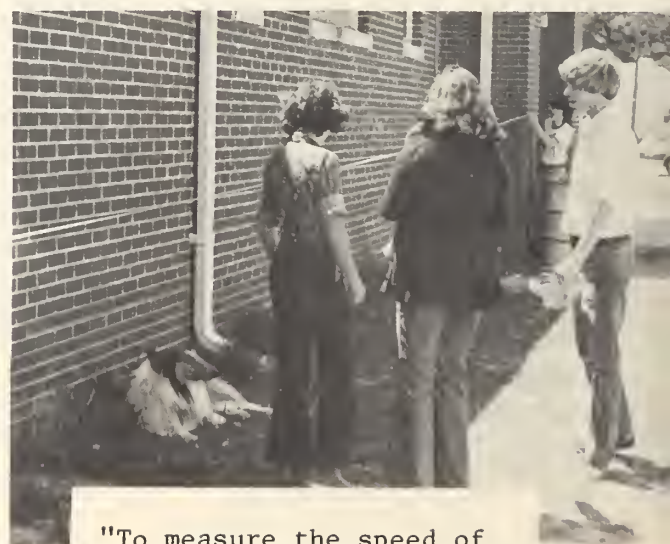


Jesse Wood

ments. Sadness upon leav-  
 ing their friends as well  
 as the school and familiar  
 surroundings they had  
 known for five years. Be-  
 ing last gave them an add-  
 itional special meaning.  
 They were marking the end  
 of a tradition for the  
 entire community. Mem-  
 ories of first dates, dan-  
 ces, football games, pep  
 rallies, and the good  
 fellowship they enjoyed  
 while students at PHS -  
 all these were evoked as  
 graduation approached.



John Purdy and Tommy Freeman search for the exact center of the wall.



"To measure the speed of sound," John explains to Danny Hayes.



# Pride And Sadness



*Bonnie Wornom*



*Connie Mae Wornom*



*Wanda Wright*

At last Tommy Freeman finds it.



- \* \* \* \* \*
- \* Bonnie Wornom - French Club
- \* 9th, Beta Club 11th, National
- \* Honor Society 12th, Sr. Class
- \* President, FNA 12th, Newspaper
- \* Staff 12th, Homecoming
- \* Representative 12th.
- \* \* \* \* \*
- \* Connie Wornom - French Club
- \* 9th, Band Color Guard 11-12th,
- \* Beta Club 11th, National Honor
- \* Society 12th, Honor Council
- \* Secretary 11th, Vice-Chair-
- \* man 12th, Newspaper Staff
- \* 12th, FNA 12th.
- \* \* \* \* \*
- \* Wanda Wright - Softball 9-
- \* 12th, Track 11-12th, Basket-
- \* ball 12th, Art Club 10-12th,
- \* Pep Club 8th, Varsity Club
- \* 10-12th.
- \* \* \* \* \*



Darlene Adams  
Jackie Ammons  
Bill Ayers  
Danny Ayers  
Vickie Baker  
Joan Barbour



Eddy Bell  
Patricia Bell  
David Blackstock

Will Boylan



Celia Braeden  
Jean Bragg  
David Brandt  
Eddy Brown

Juniors were very active in all school activities. Nina Whitaker shows the spirit of Sadie Hawkins Day in her beautiful (!) get-up.



Maureen Burke  
Virginia Carmines  
Margaret Carr



Joanne Cartwright  
Tony Clark



Russell Clausen

# CLASS OF 1977



The 9 weeks grading system brought many opinions. Duane Potts, Mark Giessinger, Tami Ulisse, Nina Whitaker, and Dan Ayers all find that in English 11 there is plenty of work to do.







Members of the Class of '77 took a wide range of courses. Tony Clark and Henry Hubbard find shop to be a great learning experience.

Tricia Cloonan



Chris Creasman  
Joanne Cross



Wow! Just one year left! This was the opinion of most of the Junior class. James Hall commented, "It's close to the end."

The year brought many things: class rings, the Prom, SAT's, and jobs. For the college bound students, it meant thinking about schools and for the other students, it meant trying to find a job. When asked her opinion of the year, Linda Gilliland replied, "I hope next year is better."

With the beginning of the school year, there came ad-

Linda Current  
Nadine Doty  
Kyle East



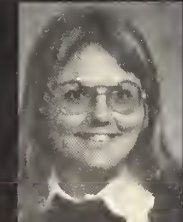
Lyle East  
Joan Eddins  
Cindy Elmore  
David Evans



Gary Evans  
Martha Ferguson  
Nate Firman  
Donna Firth  
Bill Forrest



Pam Forrest  
Gee Freeman  
Joy Freeman  
Tim Freeman  
Jim Frishkorn  
Debbie Garrett



# ADJUSTMENTS



Juniors, Debbie Stanfield and Larry Topping create some of the strange sites in the halls between classes.

Mark Geissinger

Linda Gilliland  
Tim Goodson

Mr. Quinn is truly baffled by Jim Frishkorn's derivation of the parabola.

Butch Gorde  
Denise Gorrell  
Marty Graham



Chip Hall  
James Hall  
Barry Holloway  
David Holloway

James Holloway  
Paul Holloway  
Sharon Huggett  
Gene Hunt  
Joanne Inge

Greg Insley  
Joesph Insley  
Penny Insley  
Rob Insley  
Frank Jackson  
Karen Jackson







Becki Jerd  
Gigi Johnson  
Carol Jones  
Cheryl Jones  
Lynn Joyner  
Greg Kahler



Mike Keating  
Scott Knaub  
Edna Lankford  
Barbara LeCain  
Robbie Lockard



Cindy MacKay  
Dooley Martin  
Jane Martin  
Steve Masters



Tracy McDonough  
Wendy McGee

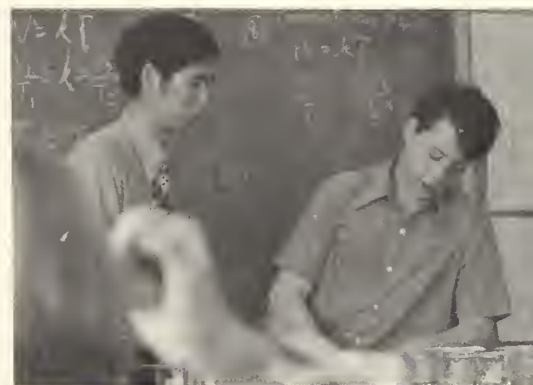


Earl Miller  
Kathy Millen



Dana Mitchell

justments to the new 9 weeks grading system. There were varied opinions, both pro and con. Sharon Huggett commented, "I like the 9 weeks grading system. There are less report cards." On the other hand, as Debbie Garrett put it, "The nine weeks system isn't too cool. The teachers take it easy at the beginning of the quarters, and towards the end, the teachers pile the work on!" Most Juniors a-



Teachers learn something everyday. Dan Ayers explains his version of Charles' Law to Mr. Wong.



Margaret Carr is oblivious of everything except her typing.



Mike Mitchell



Bev Moore  
Frances Moore



Karen Moore  
Thomas Moore



Terri Morgan  
Buster Mosher  
Cathy Page



Drew Parham  
Suzie Pauls  
Kathy Phillips  
Lori Poor



Duane Potts  
Phil Purdy  
Bobby Rohbach  
Billy Rollins  
Kathy Rollins



Laurie Rollins  
Chip Rowley  
Paul Royston  
Anna Russo  
Tammie Saunders  
Tim Schott



Top: Tami  
Ulisse's make-  
up job for Sadie  
Hawkins Day is  
perfect for the  
average Dog  
Patcher.

History is so  
sometimes boring,  
but Denise Gorrell  
works hard to fin-  
ish it before  
class is over.

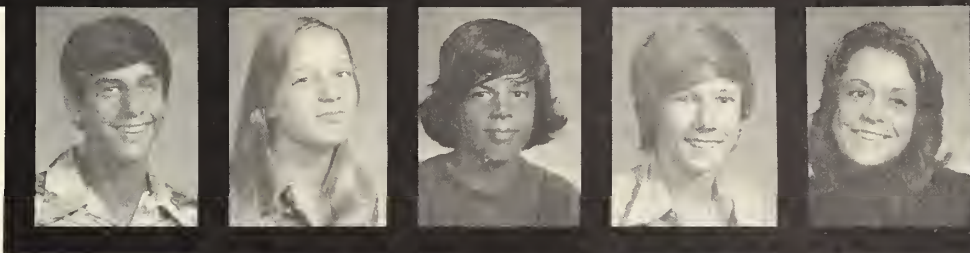




Dale Self  
 Greg Shaw  
 David Smith  
 Scott Smith  
 Debbie Stanfield  
 Jimmy Steward



Tony Sustare  
 Cathy Sykes  
 Larry Topping  
 Larry Trantham  
 Tami Ulisse



Lynn Vance  
 Cheryl Wainwright  
 Keith Watkins  
 Mary Wescott



Connie West  
 Sharleen West  
 Nina Whitaker



Kathy Williams  
 Lynne Willis



Herbert Woolston  
 Randy Yokum



Brian Zasmowich



greed that their Senior year will be busy, applying to college and preparing for graduation. The year will have many ups and downs, especially since we will be in the new school. Most of all, next year will be the beginning of the end for the Class of '77!

ONE

YEAR

LEFT!

# CLASS of '78

Patty Abdill  
Kathy Adkins  
Pat Ashley  
Wayne Austin

David Ayers  
Scott Bailey  
Sharon Barbee  
Barbara Bedsworth

Ron Belknap  
Cecil Blackwell  
Chris Bland  
Pat Braeden



Correcting errors is a job Sandy DeGinder would rather over-look.

Beth Bradshaw  
Steve Bragg  
Julie Braswell

Clay Brookshire  
Mel Brown  
Pat Brown

Mark Bryan  
Lori Bunting  
Cliff Caldwell

Kim Call  
Glenn Collins  
Brad Crawford



Spring Fever!







Marty Creasman  
Bertie Crockett  
Kevin Daily  
Debbie Davis

Sandy DeGinder  
Debra Dodson  
Donna Dodson  
Steve Dunn

Tammy Edwards  
Barbara Evans  
Glory Evans  
Mike Evans

Tim Evans  
Robin Fisher  
Anne Forrest  
Craig Forrest

Dana Forrest  
Ken Forrest  
Russell Forres  
Tom Fox

Sophomores, as well as others, this year were required to adjust to many new things, such as an earlier schedule and nine-weeks quarters. For some, this meant an extra effort in getting up each morning, while others enjoyed being able to get out of school earlier.

The nine-weeks quarter system was generally appealing to most sophomores. Though it represented problems, most students were able to adapt quite easily to the new system. As one student said, "It's not so bad, at least you don't get report cards so often."



Anne Forrest and Pat Brown study while waiting for the bell.



Barbara Bedsworth prepares to return the ball, hoping she can do it.

Remo Gori  
Jody Goodman  
Larry Hamlett







Susan Harrington  
Melinda Harvey  
Lori Harvey  
Jeff Hogge  
Dennis Holland

Jimmy Holland  
Jamie Holloway  
Karen Holloway  
Cathy Holloway  
Linda Holloway



Who is Bonnie McDaniel after on Sadie Hawkins' day?

As students moved into Poquoson in the summer and during the school year, classes rapidly became overcrowded. This was annoying in some ways, but students were able to make new acquaintances and more friends.

Sophomores especially felt the over-crowded situation, as they were one of the largest classes. But although the 10th grade was a large one, it was not without unity. The spirit of this class seemed to grow as the size did, and this was displayed at the pep rallies last year. Winning the spirit stick became almost an expectation, rather than a mere goal for the sophomore class.



Robin Insley grins from ear to ear as she shows off her state medal.

Veronica Holloway  
Lester Holloway



Julie Braswell works hard to meet the annual deadline.

Nan Hopkins  
John Hubbert  
Billy Hunt  
Jack Hunt  
John Hunt

Sharon Ingram  
Karen Insley  
Robin Insley  
Teri Jackson  
Jim Johnston



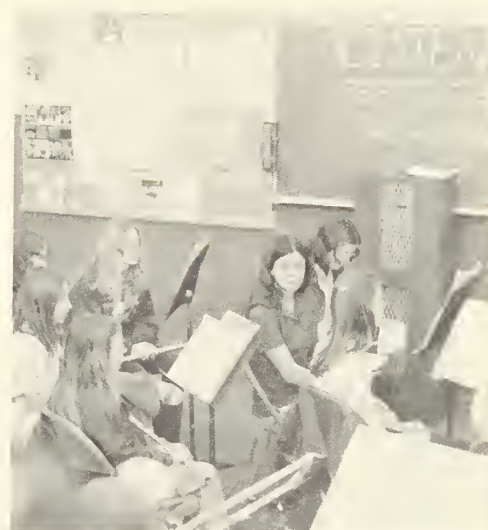




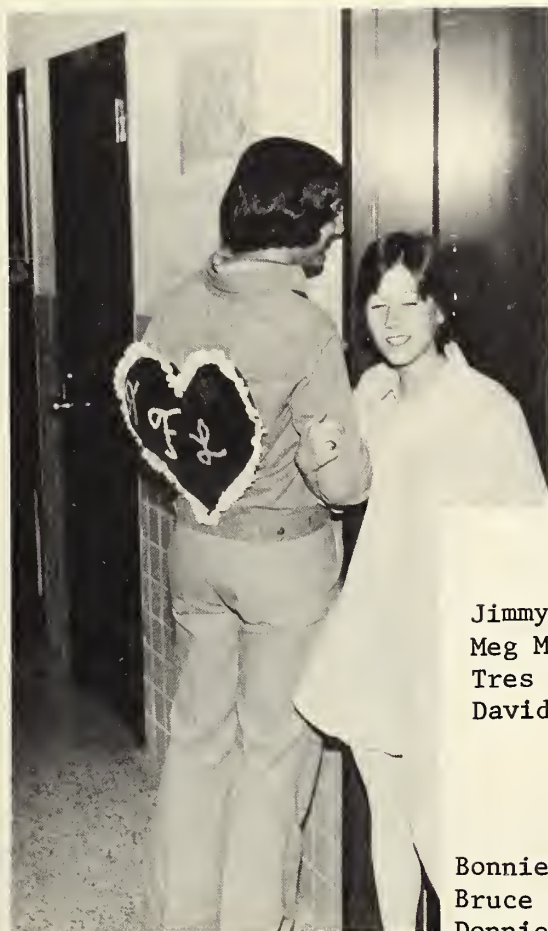
Terri Johnston  
Donnie Joyner  
Kathy Jurosky  
John Keating

Mike Kehoe  
Tracy Kenerly  
Vernie Krueger  
Charmaine Lawhorne

Brad LaRue  
Paul Lindsay  
James Luttig  
Mark Mainous



As others listen intensely,  
Susan Harrington is interested  
in something else... What could  
it be?



Barabara  
Bedsworth  
follows Joan  
Insley as she  
takes her  
place for a  
field show.

# Enthusiasm

Greg Martin  
James Martin

Jimmy Martin  
Meg Mathews  
Tres Mathews  
David MacKay

Bonnie McDaniels  
Bruce McGraw  
Donnie Medlin  
Muriel Messick

David MacKay has been caught,  
but he doesn't seem to be  
fighting it?







Tommy Messick  
Chuck Metzger  
Katrina Mizelle



Mack Moore  
Cindy Morgan  
Regina Morgan



Jeanette Morse  
Danny Mulick  
Mike Neilands



Chris Nill  
Robert Owens  
Sarah Page



Sharon Pauls  
Dave Perkins  
Robin Phillips



Lynn Potts  
Steve Purman



Jeanne Ruark (32)  
shows GBBT style.



Robin Insley concentrates for that all-important extra point.



Sophomores, Anne Forrest and  
Glory Evans count canned food  
items after a successful FBLA  
Drive.



Sports were important to a majority of the sophomore class this year. Though not everyone participated as athletes themselves, many backed the teams with moral support. Tenth graders were important to all teams, both J.V. and Varsity, as they constituted the largest parts of the teams. Many sophomores varsity teams held starting positions for most of the season.



Susan Quinn  
Kim Redick  
Scott Regan  
Jim Rigney  
Doug Rose





# New Systems

Sean Rose  
Robert Rollins  
Jeanne Ruark  
Steve Sather

Curtis Savchenko  
Karen Shaw  
Wayne Silver  
John Sincoski

Melody Spruill  
Marty Sykes  
Francis Thomas  
Kim Thompson  
Ralph Tudor

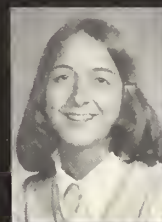
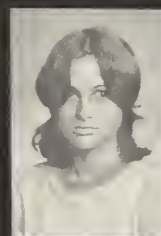
Pam Updike  
Cindy Wallace  
Connie Ward  
Brad Watkins  
Sandy Webster

Tim Webb  
Kristie Wendor  
Brian West  
Pat West  
Tammy West

Donna Wheless  
Burt Whitaker  
Russell White  
James Wilkerson  
Chris Williams

Geri Williams  
Michele Wilson  
Jimmy Wornom  
Diane Wright  
Herbert Wright

Kenny Forrest studies his favorite subject!

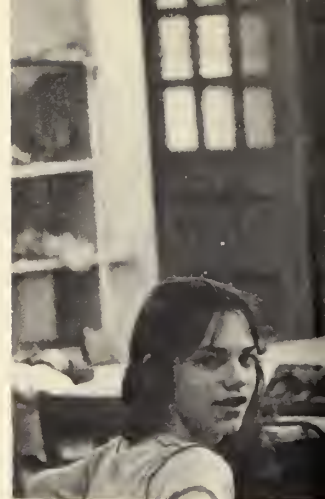


Robin Insley takes the hand-off to complete a winning play.



# Class of 79

Mrs. Roberts patience is  
tested by Freshman Ken Nixon.



Joe Abney  
Debbie Adams  
Nick Andre  
Kim Barton  
Michelle Barton

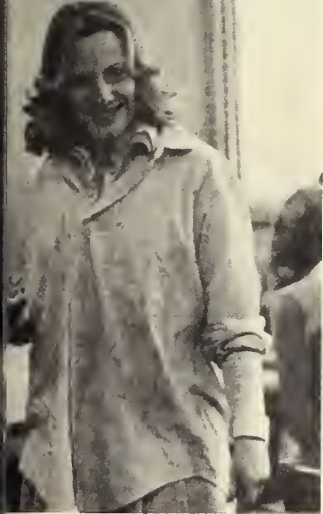
Mark Bates  
Bill Berden  
Fred Birmingham  
Greg Blackstock  
Dale Blankenship

Jeanne Bois  
Dee Booth  
Paul Bostic  
Jay Bourgeois  
Ronald Bowling

Randy Brookshire  
Dennis Burke  
Viola Carr  
Cindy Clark  
Rick Clausen

Frances Cole  
Judy Comstock  
John Couch  
Diane Cummings  
Greg Diggs





The officers for the Freshman class were: President - Greg Blackstock, Vice-President - Mark Bates, Secretary - Marie Watkins, Treasurer - Connie Tracy. Last year the freshman class devoted more than thirty hours of time and effort in an attempt to produce a winning Homecoming float. They

thought they had a winner, but to their surprise, they didn't even place. Their representative for Homecoming was Donna Jurosky. Her escort was Mark Bates. In sports, freshmen favored football with basketball following, but all sports were important. Over half

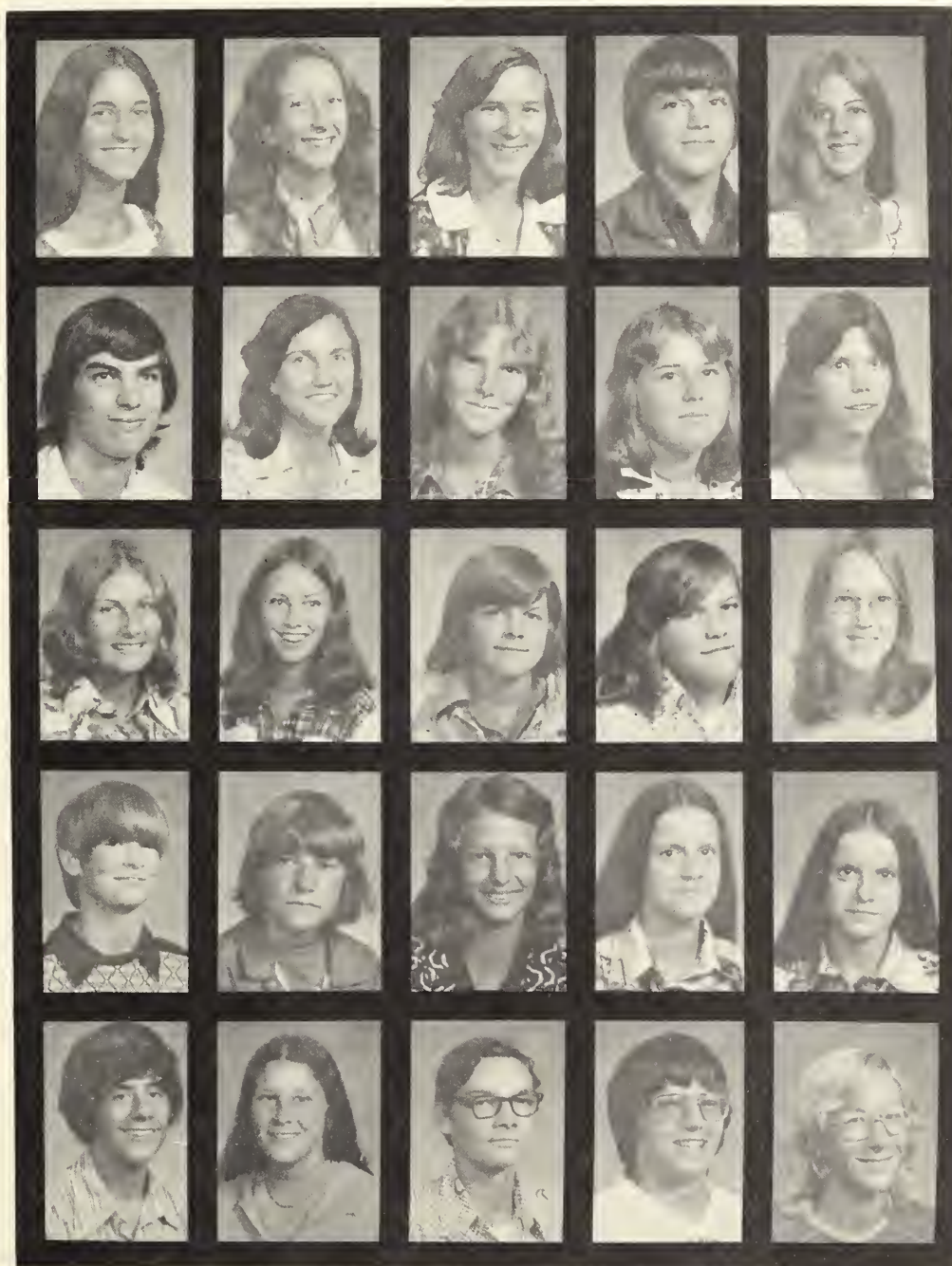
Nanci Diggs  
Wanda Dodson  
Julie Doty  
Lloyd Douglass  
Nadja Duvall

Craig Eastep  
Diana Eddins  
Patrice Emerson  
Teresa Evans  
Janey Farrell

Debbie Ferguson  
Deddie Ferguson  
Keith Ferguson  
Terry Ferguson  
Cathy Flynn

Barry Forrest  
Billy Forrest  
Cathy Forrest  
Jean Forrest  
Joan Forrest

Roy Fox  
Joyce Freeman  
Pete Furrow  
Guy Garrett  
Greg Gensler





Rene Gori  
Kerry Gough  
John Hamlett  
Kurt Heitman  
Ronald Hermansderfer

Jackie Henley  
Jarvis Hill  
Dawn Holloway  
Eric Holloway  
Julie Holloway

Amy Hunt  
Bobby Ingle  
Keith Ingram  
Kathy Insley  
Lance Jackson

Robin Jackson  
Rusty Jackson  
Bryan Janos  
Jenny Jones  
Jimmy Jones

Donna Jurosky  
Michelle Kastilahn  
Kathy Keating  
Terry Kelpien  
Elizabeth Kepley

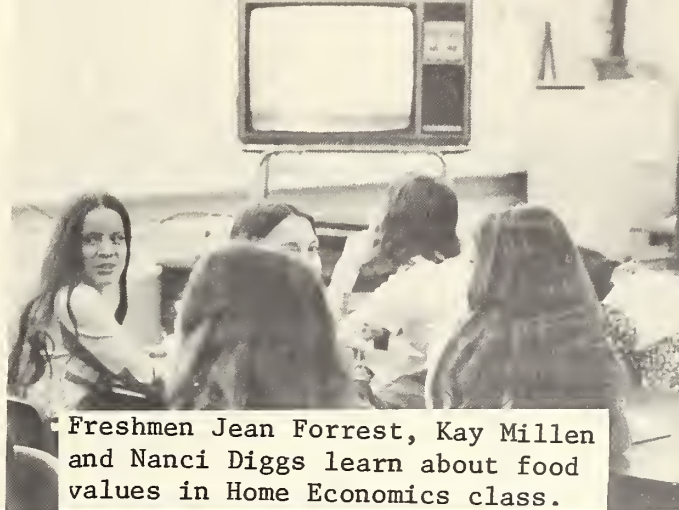
of the one hundred sixty freshmen were kept busy playing sports, while others enjoyed playing in the band. There were still others who were active in the JV cheer-leading squad. Freshman Marie Watkins became Miss PHS and also won the talent award.

The Freshman class enjoyed first shift, but they couldn't wait until the new school was

finished. If Freshman Fred Birmingham could have changed anything, "It would be to be a senior instead of a freshman." Others said they would like "longer than four minutes between classes." But Nanci Diggs commented if she could change one thing, it would be "nothing." Most enjoyed being freshmen and were starting to feel an integral part of PHS.



# Can't Get That Little Old Diploma Yet



Freshmen Jean Forrest, Kay Millen and Nanci Diggs learn about food values in Home Economics class.

Joni Knight  
Eddy Kophazy  
Chris Kump  
Allen Kurtz  
Kelli Lawson



Mike Liles  
Tina Lindsay  
Mike LeCain  
Peter LeCain  
Penny Logan



Dean Lowery  
Bernie Martin  
Cathy Martin  
Kathy Martin  
Martha Martin



Glenda Marshall  
Suzanne Matzeder  
Donna McCarty  
James McCormick  
Lawrence McDonoug



Craig Messick  
Kay Millen  
Drew Mitchell  
Ken Mixon  
Keith Moore



# WATCH OUT IN THE HALLS



Tommy Moore



Freshmen Deedie Ferguson and Melanie Rollins show how blowing bubbles can be fun.



Michelle Morgan  
Sandy Morgan  
James Morse  
David Mosher  
Garland Mosher



Lori Moss  
Troy Muza  
Norman Neil  
Laura Neilands  
Dean Nesbitt



Kathy Oakley  
Chris O'Neill  
Kathy Owen  
Karen Pauls  
Sid Pauls



Joan Penn  
Julie Phillips  
Earl Pinson  
Kyle Poor  
Mark Purdy



Denise Pyle  
Naomi Quinn  
Nancy Riggins  
Melanie Rollins  
Kyle Rondeau



Jeff Roth  
Joe Russo  
Teresa Skirchak  
Kathie Smith  
Margie Spruill



Scott Stephenson  
Hearld Stout  
Keith Thomas  
Susan Thomas  
Ronald Topping



Connie Tracy  
Kandie Trantham  
Cliff Underwood  
Timmy Vest  
Donald Wagner



Marie Watkins  
Mitzi Webster  
David Wescott  
Mark White  
Angie Whiteside



Jane Wilkerson  
Pat Willis  
Denise Wilson  
Jodi Wilson  
Mike Wilson



The new schedules seem-  
ed to suit everyone with  
one exception. Freshmen  
hated split lunch and the  
over-crowded halls. They  
were always running into  
someone or something. If  
they were to get to class  
on time, they had to push  
and shove with all the rest.

One freshman commented,  
"These halls are murder."  
If traffic lights had been  
installed, things might  
have moved much smoother.

Tammy Yates





Doris Abdill  
Charles Anderson  
Mike Andre  
Henry Ayre  
Melanie Barton

Betty Belknap  
Kathy Bell  
Conrad Birmingham  
Jeff Blackwell  
Tracey Bois

Debbie Brozovsky  
Bud Brown  
Harvey Brown  
Michael Bryant  
Nancy Bunting

Karen Burge  
Bob Caldwell  
Amy Call  
Sue Campbell  
Lee Chaffin

Larry Champ  
John Clark  
Phyllis Conner  
Scott Cyphers  
Louisa Darby

# The Class of '80

Additional privileges were granted last year to the class of eighty. They could then join groups such as yearbook, sports, and band. Another innovation was that for the first time eighth graders could take an "Exploratory" class.



Bruce DeGinder  
Kara Deihl  
Kathy Dillon  
Rhonda Dodson  
Susan Downs



Mike DuVall  
Dale East  
Donna Eddins  
Tim Evans  
Wayne Evans



Ray Everett  
Donny Ferguson  
Tim Ferguson  
Leslie Firman  
Donna Firth



John Firth  
Maresa Firth  
Nelson Firth  
Susan Firth  
Beth Forrest



Bryan Forrest  
John Forrest  
Kenny Forrest  
Lewis Forrest  
Rob Forrest



Joan Insley shows  
off the typical  
Sadie Hawkins  
Day dress.

This consisted of four different quarter courses. Corry McGraw commented, "It was quite a change taking courses with upper classmen," and most eighth graders agreed. The changes prompted various opinions from students, such





Jim Fox  
Tracy Garrett  
David Geissinger  
Courtney Gensler  
Susan Gibbs



Rita Goode  
Anne Goodson  
Rene Green  
Theresa Guthrie  
Patty Anne Hall



Jimmy Hansford  
Robin Harcum  
Glenda Hardin  
Janey Harrington  
Gene Hayes



Amy Haselhorst  
Troy Henley  
David Holland  
Donna Hibbard  
Scarlett Hicks



Gary Hoffman  
Patsy Hogge  
Vanessa Hogge  
David Holtackers  
Barry Holloway



Cindy Holloway  
Daniel Holloway  
Fay Holloway  
Larry Holloway  
Bill Holton

# Courses With Upperclassmen

as band member Joan Insley who remarked, "As soon as I got in band, I realized how much I missed cheering at the pep rallies."



Bonnie Hopkins  
Amy Hunt  
Bill Hunt  
Sharon Hunt  
Kenny Ingle



Joan Insley  
Lee Insley  
Bruce Jackson  
Teresa James  
Chris Jones



Gary Jones  
Patsy Keating  
Dale Keesee  
Danny Kehoe  
Nadine Kepley



Bill Lawson  
Guy Layman  
Maureen Lilis  
Melanie Long  
Corry McGraw



Ginger McKiet  
Kim Martin  
Suzanne Martin  
Ricky Martin  
Lisa Matzeder



Helen Metzger  
Donald Mitchell  
Greg Mitchell  
David Moore  
Pam Moore



Elizabeth Underwood  
listens intently to  
Mr. Wong's lecture.



Theresa Moore  
Jeanele Morgan  
Jenine Morgan  
Doris Morrison  
Ruth Moss



Tammy Neice  
Heidi Nill  
Caroline Parrish  
Larry Pauls  
Charlene Perkins



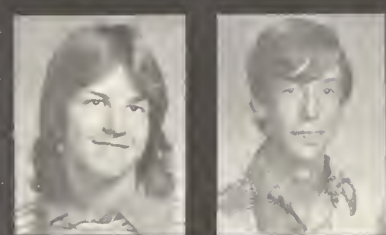
Kelly Potts  
Julie Pride  
Wayne Perdue  
Michelle Purman  
Patty Quinn



Kim Reagan  
Kurt Ridenhour  
Keith Roberts  
Jeff Roberts  
Alex Rodal



Lisa Roderick  
Veronica Rozier  
Loretta Saltzberry  
Vickie Sampson  
Jack Self



Shelly Shaw  
Billy Shuster

Good

ol'

PHS

As for opinions on the faculty. Tracy Garrett felt, "It's nice to have teachers who will listen to your views." Although some disagreed completely with her, the year was analyzed by Amy Haselhorst when she said, "There's no place like good ol' PHS."



Linda Sibbers  
Donna Silver  
Tom Skirchak  
Tammy St. Clair  
Angie Stevens

Mike Stricklett  
Martha Sykes  
Kathy Taylor  
Parker Topping  
Marshall Trantham

Stella Trantham  
Robert Turner  
Elizabeth Underwood  
Patti Wainwright  
Johnny Wallace

Jerry Ward  
Lorrie Wendorf  
Jamie West  
Rhonda Wheless  
Tony Whitlow

Jeff Wilson  
Milton Wiggs  
Juanita Wimmer  
Todd Wissing  
Penny Wolford



Cathy Wright  
Jerry Zasmowich

Vanessa Hogge, Sissy  
Wright, and Dale East  
attempt to hold back  
an avalanche of books.



# CLASS of '81

Delores Adams  
Joyce Barbour  
Mike Barton

Douglas Becker  
Terry Bedsworth  
Scott Bloxom

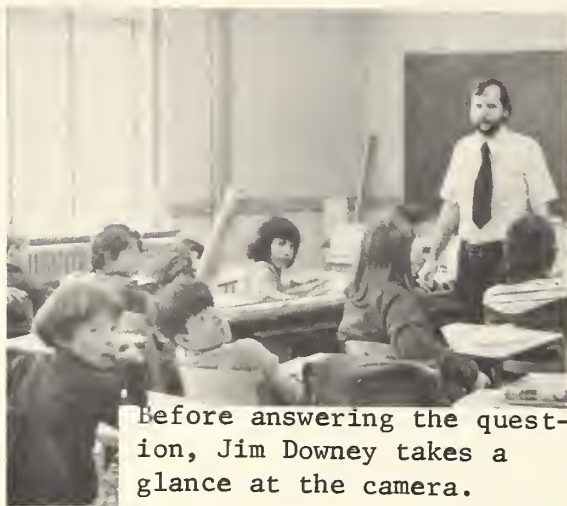
Johnny Bostic  
David Bourgeois  
Roblyn Bowling

Jim Braswell  
Mitzie Brickey  
Neil Brodsky

Doug Brozovsky  
Brent Bunting  
Sheri Bunting  
Lisa Burge

Laura Campbell  
Lewis Campbell  
Mary Carmines  
Carrie Catlett  
Jody Cawley  
Brian Chaffin

Tommy Chandler  
Carolyn Collier  
Tina Corbett  
Leslie Cox  
Kari Dianich  
Jim Downey



Before answering the question, Jim Downey takes a glance at the camera.







Martin Downs  
Belinda Dryden  
Charles Eddins



Kenneth Evans  
Roan Evans  
Alan Everette



Veritta Ezzell  
Belinda Ferguson  
Steve Firth



Effie Forrest  
John Forrest  
Patricia Forrest



Tammy Forrest  
Delores Freeman  
Doug Freeman  
Richard Freeman



One privilege was having more freedom in science class.



Diane Frishkorn  
Will Gibbs  
Gilbert Hineman  
Starlet Gilliam  
Diane Gormly  
Debbie Graham



Donna Graham  
Melanie Graham  
Terri Graham  
Steve Green  
Allyson Hamlett  
Karen Hastings

Lora Harlow  
George Haugen  
Arna Heitmen  
Ray Henley  
Karen Hibbard  
Patricia Holland



Bud Holloway  
David Holloway  
Ellen Holloway  
Julie Holloway  
Marvin Holloway  
Sherry Holloway



Teresa Holloway  
Laurie Hopkins  
Joanna Hubbard  
Ann Hunt



# Innovations

John Hunt  
Kimber Hunt  
Rickie Hunt



Innovations altered last year's seventh grade curriculum. They had six subjects instead of four. The seventh grade had to get accustomed to more teachers and more work was expected of them.

Susan Hunt  
Mary Hunter  
Kenneth Insley



Another change was that students got to use the gymnasium on a regular basis. They got to dress out and be treated like the upperclassmen. Even though there were a few students who did not approve of these changes, over seventy-five per cent did approve and adjusted to them soon.

Lynn Jackson  
Kim Johnson  
Cindy Johnston



Iris Jones  
Polly Jones  
Susan Joyner







Lareen Keating  
Billy Keeton  
Pat Keeton



Bobby Kenerly  
Joan Lankford  
Steve Lawrence



Jay Lawson  
Leigh Lawson  
Rhonda Lawsor



Robin Lawson  
Patty Madre  
Ken Maller



Cindy Martin  
Karen Martin  
Susan Martin  
Matt Matthews



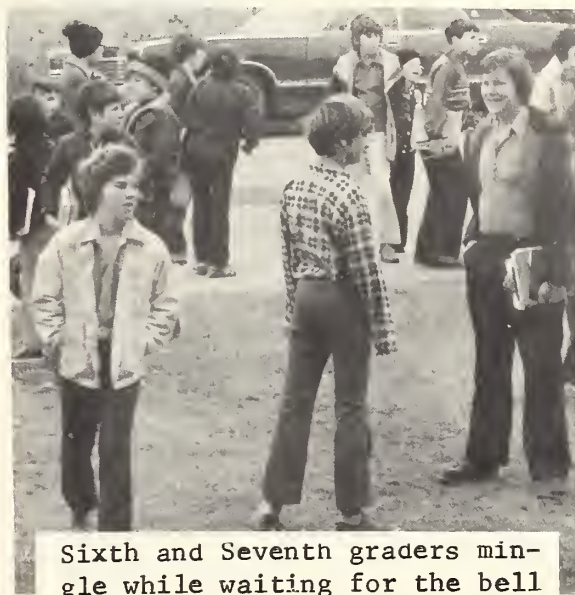
James McDonald  
Robbie McNealy  
Chet McPherson  
Judy Messick  
Jerry Messick  
George Miller



Joy Miller  
Donna Mizelle  
Donnie Moore  
Karen Moore  
Kelli Morgan  
Julie Morse



Jody Cawley and Joyce Barbour  
are not as busy as their fellow  
classmates.



Sixth and Seventh graders min-  
gle while waiting for the bell

Paul Morse  
Mia Mullick  
Tom Nidiffer  
Robert Nunnelly  
Tim Oprisko  
Clint Owens

Frank Owens  
Susie Page  
Lisa Paillex  
Mark Parish  
Tommy Pollard  
Glenda Price

Jeff Purdy  
Earl Riggins  
Harvey Robinson  
Kelli Rollins

# More Students - less space

Glancing down the hall, even a non-trained observer could see the crowded situation, especially in the seventh grade. Classes there averaged 35 - 40 students. As a result, most found it harder to study and complete work. Students would have preferred smaller classes in order to receive more individualized help.

Melissa Rowley  
Wanda Saltzberry  
Sherri Sampson

Christie Sanders,  
Roschelle Schlie  
Chris Shores

Don Sibbers  
Arnie Smith  
David Smith







Keith Spruill  
Nicole Stanley  
Donnie Stevens  
Marty Stillwell  
Mike Stone  
Terry Strickland



Andy Sustare  
Barry Tignor  
Karen Trantham  
Chris Vest  
Kevin Wade  
Jimmy Walker



Marian Ward  
Mike Watkins  
Paige Watkins  
Sarah Watson



Billy Wescott  
Robby West  
Jim Whitaker



Jay White  
Beth Wilson  
Caria Wilson



Herbie Wilson  
Teresa Wilson  
George Winder



David Wood  
Kathy Young  
Paul Zasmowich



Jim Downey decides to wait  
before entering instead of  
being trampled by exiting  
students.

# CLASS

OF

'82



Kevin Wiggins hair curls, when he sees Tim Stricklands excuse

Marianne Ayer  
Sara Barton  
Shawn Barton  
Jeff Berden  
Arthur Bell  
Steve Blackstock

Beth Borden  
Paul Bostic  
Teresa Bostic  
Lindy Bowmen  
Karen Brodsky  
Joe Brooks

Alan Brown  
Nancy Brown  
Ted Brown  
Peter Bryan  
Kathy Bryant  
Randy Campbell

Sid Carmines  
Laura Causely  
Kristine Chetelat  
Jeff Choplin  
Marty Conner  
Lynn Couch

Robby Current  
Scott Daily  
Edward Darby  
John Davis  
Jennifer Daws  
Marie Douglas







Mike Dryden  
Cathi Dyer  
Jeff Eastep  
Phyllis Edwards  
Stacy Ellis  
Scott Emerson

Charles Evans  
Cindy Evans  
Dana Ferguson  
Dante Firman  
Sandy Firman  
Theresa Firman

Amy Firth  
John Firth  
Sheila Firth  
Becky Flannel  
Candy Forrest  
Melanie Forrest

Robbie Forrest  
Sonya Forrest  
William Freeman  
Karen Gault  
Sharon Gault  
Steve Geissinger

Heidi Gensler  
Jeff Gillikin  
Edie Goodson  
Paul Gori  
Lisa Griswald  
Keith Hall

New-comers to PHS, the sixth graders felt more independent. They no longer had to be accompanied to lunch and were able to pursue more difficult subjects. Douglas Hopkins preferred 6th grade because "you can leave when the bell rings and you have more time between classes. The teachers are nicer."

"Sixth grade is like the 6th grade except the rush in between classes, being cut down by upper classmen and having last lunch. But it has its advantages, we don't have to set any examples and have only four classes," commented Edward Darby.



Carolyn Harden  
Karen Hardenbrook  
Debbie Hammond  
Brett Harrison  
Jackie Harvey  
Shawn Henley

Mark Herbener  
Janet Hogge  
Angela Holloway  
Carrie Holloway  
Monica Holloway  
Nancy Holloway

Tracy Holloway  
James Holt  
Debbie Holtacker  
Suzanne Hooper  
Doug Hopkins  
Kelly Howard

Dean Huffman  
Angela Huggett  
Chris Hunt  
Helen McDermott  
David Ingle  
Michael Ingram

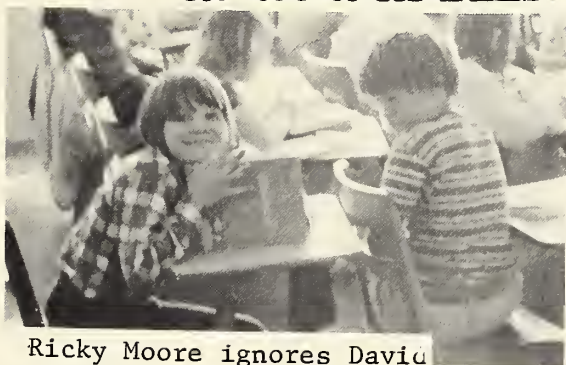
James Insley  
Wade Johnston  
Janel Jurosky  
Greg Kastilahn  
Todd Kendrick  
Rena Kent

Last year, the sixth grade was taught on a team-teaching basis. The class was split into groups, A and B. Each consisted of ninety students - 45 boys and 45 girls. The groups had only three classes per day. Teams were divided to cut down on the number of students per teacher. Mr. Wood stated that team teaching was being closely watched for future use. "I get to know the students better," observed

Mr. Nixon. Next year fifth and sixth grade will be taught by a similar method.



# TEAM TEACHING



Ricky Moore ignores David

Ingle's joke but smiles mischievously.

Donna Kepley  
Jennie Knox  
Lisa Kurtz  
Robert Kyle  
Mike Lauderman  
Ashby Lawson

Jay Layman  
Billy Leary  
John LeCain  
Cathy Leyland  
Timmy Lindsay  
Robin Marsette

Dana Martin  
Patty Martin  
Morris Martin  
Ricky Martin  
Michelle Matzeder  
Kelly McBride

Rhonda McCormick  
Perry McDonough  
Robert McGhee  
Mark Messick  
Mark Metzger  
Michelle Miller

Misti Mixon  
Kelli Moore  
Rick Moore  
Tammi Moore  
Brenda Morgan  
Kenny Mosley





# FIRST

# IMPRESSIONS

Entering PHS was an impressive experience for sixth graders. The over-all view of PHS was one of approval, however, comments varied.

Charlie Mugler  
Debora Mulick  
McCord Newsome  
Lori Pailley  
Elizabeth Pantle  
Darlene Paul

Curtis Penn  
Sharon Pinson  
Michelle Poole  
Sonya Presnell  
Patty Pride  
Charles Pyle

Jimmy Quinn  
Terry Richmond  
Karen Roberts  
John Rodal  
Scott Rollins  
Bev Rominger

Margaret Royston  
Salvatore Russo  
Faith Saunders  
John Saunders  
Andy Seim  
Bobby Sincoskie

Monica Spiers  
Natalie Stanley  
Garry Stewart  
John Stewart  
Tim Strickland  
Elaine Syphers







Vallie Taylor  
Warren Topping  
Tami Turner  
Nikki Ulisse  
Chip Underwood  
Julie Vaughn

Julie Verser  
Debbie Wainwright  
Becky Ward  
Amy Watkins  
Andrew Watkins  
Chris Webb

Barbara Wheless  
Teresa White  
Kevin Wiggins  
Lisa Wilson  
Wayne Wilson  
Sharon Wimmer

Lester Winder  
Ronald Wissing  
Gene Wood  
Billy Withrow  
Billy Wright  
Bobby Wright

"Really when I first came here, I was scared of the older students. I don't know why because I knew they wouldn't be able to do anything and get away with it. But when I got to know people better, I found that they were really nice," commented Becky Ward.

Julie Verser is taking over her mother's job as nurse.



*Admin-*



*istration*

R. F. Gray

Olen Evans



Jack Wood







O. E. Ware

# SCHOOL BOARD

The main concern of the school board this past year was the opening of the new school. They had to solve many problems such as the need for new faculty members, and administrators.

Sandy Blinco



Colleen Dryden



Jeanine McGee





Mrs. Kathy Best, B.S.,  
Winthrop College, 1974,  
Phys. Ed.

Mr. George Beahm, M.A.,  
Geo. Washington U., 1975,  
Dr. Ed., Vo Ed., Prevail

Ms. Carolyn Brumley, B.S.,  
N. Montana College, Phys.  
Sci., Life Sci., Career  
Awareness

Mrs. Sandra Bunting, B.S.,  
Edinboro State College,  
6th grade - Math, Lang.  
Arts

Mrs. Dee Brozovsky  
Librarian

Mr. Howard Cash, B.S.,  
Old Dominion U., Pre-  
Algebra, Math 7



Mrs. Joyce Dail, B.A.,  
Christopher Newport Col-  
lege, 6th grade - Math,  
Sci.

Mrs. Linda DuBose, B.A.,  
Wm & Mary, Journalism,  
English.



Mrs. Marie Dryden, M.Ed.,  
Wm & Mary, Guidance

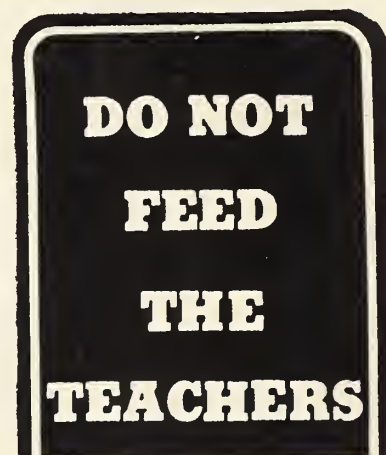
Mr. Robert Deufel, A.B.,  
King's College, Librarian



Mrs. Bonnie Fay, A.B.,  
Wm & Mary, English

Mr. Thomas Fay, B.A.,  
Wm & Mary, Spanish,  
Basketball Coach

# FACULTY



Mrs. Beverly Phillips and Mrs. Sandy Katz's friendship goes further than the teachers lounge. Besides producing and co-producing PHS's plays, they take ballet together every Friday night. Mrs. Phillips reasons for these lessons were, "During the school year I don't get enough exercise and I've felt the need of some sort of regular program in order to keep in shape." They take the lessons at a nearby college.





# : 1976

Unavailable for pictures were  
 Mr. Glenn Ormsby, B.S., Norfolk  
 State, Shop  
 Mr. William Roberts, B.S.,  
 Campbell College & U.V.A.,  
 English 10 & 12, football and  
 baseball coach  
 Mrs. Marcia Routten, B.S.,  
 Madison College, Speech  
 therapist

Mr. Wood explains to Mrs. Jones  
 and Mrs. DuBose how to fill out  
 teacher survey forms.



Mrs. Frances Ferguson,  
 B. M. Ed., Greensboro  
 College, Music, Glee  
 Club.

Mrs. Liz Fontaine, B.A.,  
 U. So. Carolina, Eng.,  
 Reading.

Mrs. Nannie Freeman, B.S.,  
 Mary Washington C., Typ.,  
 Shorthand

Mrs. Joyce Gaines, B.S.,  
 Hampton Institute, Chem.

Mrs. Debbe Goddin, B.A.,  
 Christopher Newport Col-  
 lege, English, Cheer-  
 leaders

Mr. James Hines, B.M.E.,  
 Shenandoah Conserv. of  
 Music, Band, Aux Sqds.

Mr. William Hoggard, B.A.,  
 Christopher Newport Col-  
 lege, Social Studies

Mrs. Carolyn Jones, M.S.,  
 Radford College, Eng.,  
 History, Debate

Mrs. Brenda Joyner, B.S.,  
 E. Carolina U., 6th grade  
 Lang. Arts, Soc. St.

Mrs. Sandy Katz, M.A.,  
 Baylor U., Eng., Drama

Ms. Barbara Keech, M.A.,  
 Appalachian State U., Am.  
 Govt, Current Affairs

Mr. Fred Kimsey, B.S.,  
 Carson-Newman College,  
 P.E.





Mrs. June Kump, B.A.,  
Geo. Washington U., Math

Mrs. Peggy Martin, M.A.,  
E. Tenn, St. U., 6th  
grade Lang. Arts.

# HONOR COURSES



Mrs. Brenda McPherson, B.S.,  
Old Dominion U., Typ., Gen.  
Bus., FBLA

Ms. Cathy McBride, B.S.,  
Radford College, Sci.

Mrs. Nancy Perlotto, B.A.,  
Southwest Texas State  
College, English



Mr. James Nixon, B.A.,  
Old Dominion U., Social  
Studies

Mrs. Betty Pauls, A.B.,  
Wm & Mary, Earth Sci.



Mrs. Juanita Piggott, B.A.,  
Wm & Mary, Alg., Geom.

Mrs. Elizabeth Pirtle, B.S.,  
Longwood College, Typ,  
Bkcp, Shorthand, Jr. Spstr.



Mrs. Frances Potts, B.S.,  
Madison College, Phys. Ed.,  
Dr. Ed., Softball Coach

Mrs. Carolyn Powell, B.S.,  
Longwood College, ICT,  
VICA



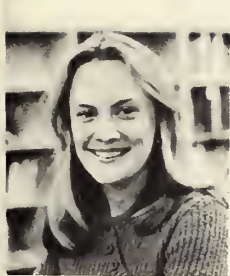
Mrs. Mildred Insley  
Newport News H.S.

Mr. Tommie Quinn, M.B.A.,  
Wm & Mary, Trig., Alg.  
Senior Spstr.

Mr. Jerry Ringi, B.S.,  
U. of Fla., Phys. Ed.,  
Dr. Ed.







Mrs. Karen Roberts, B.A.,  
Winthrop College, Art,  
Art Club, Cheerleaders

Mrs. Jeannine Sibbers, B.S.,  
Radford College, US His.,  
US Govt, Soc. St. Club.



Mrs. Thelma Smith, M.Ed.,  
Wm & Mary, Guidance

Mr. Craig Stallings,  
Wake Forest U. 1969, 9th  
Grade Sponsor



Mrs. Mary Stallings, B.A.,  
William and Mary 1971,  
Library Science, U.S.  
History 8, S.C.A.

Mrs. Pamela Stergios, M.A.,  
William and Mary 1974,  
Special Ed., Tennis Sprr.



Mrs. Agatha Warner, B.S.,  
Madison College 1974,  
Science, Lang. Arts.

Mrs. Rosiland Weed, B.A.,  
Eastern Ky. U., French,  
Spanish, Yearbook Sprr.  
Miss Jean White, B.A.,  
William and Mary, Math

Mrs. Lynne White, B.S.,  
Madison College 1969,  
Biology, Adv. Sci.,  
GBBT

Mr. Bon Wong, M.S., ODU,  
Physics, Science, Science  
Club

Mr. Bernard Wright, B.S.,  
ODU, Soc., Geog., Track

Mrs. Joan Wynn, B.S.,  
Campbell College, Home  
Ec, FHA



Mrs. Cora Everhart  
Poquoson H.S.



Mr. John Ward, A.B.,  
Princeton U., History,  
English, Career Awareness

When asked about her opinions on the honor courses, Mrs. Pauls responded that she was in favor of them, "if indeed they are honor courses. Trig, in my mind isn't honors. Calculus or Pre-calculus--honors! There were, of course, a few teachers, such as Mrs. McPherson and Mr. Stallings, who feel there is no need for honor courses. Mrs. Jones and Mrs. Piggott's responses were very similar, they both said that the honor courses as taught today should not carry extra point values.

# BEHIND THE SCENES



Mrs. Rowe, Mrs. Ferguson, Mrs. Rollins, Mrs. Page,  
Mrs. Moore, Mrs. Holloway, Mrs. Diggs, Mrs. Holloway

Although many students don't realize it, the "behind - the - scenes" workers are a vital part of our school system. The bus drivers make up to six runs per day, taking students to and from school. Due to overcrowded conditions, the school bus fleet was increased to twenty-five buses for the Poquoson City School System. The cafeteria workers are constantly planning, preparing, and cooking PHS's meals. The janitors attempt to keep our halls and rooms clean and clear of trash.

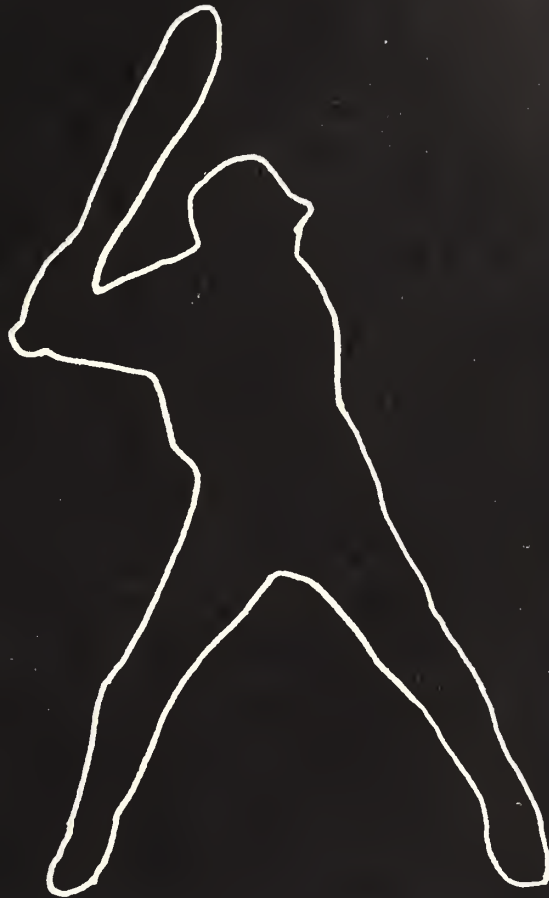
Mrs. Shackelford, one of the janitors, takes part in one of PHS' new sports, "Locker Sweeping."



Mrs. Hogge, Mrs. Marcett, Mrs. Firman, Mrs. Carr,  
Mrs. Holloway, Mrs. Martin, Mrs. Rollins, Mrs. Firman



# S P R I N G



The SPRING section includes: all spring sports, clubs, senior week, the prom, and graduation.

*Indian Jewelry* MR. FAY CHINCOTEAGUE SMASHED

Roberts *Speed* BASKETBALL

880 HURDLE FUMBLE *State* 440

*Pie in the face* letterman mile Homecoming

G *phs sports picture* Opt

DISCUS SQUIRREL *Parma*

Kick-off pigskin TOUCHDOWN!

TROPHY HOME RUN *Ringi*

Pass NETMEN Baseball SERVE job

2nd WEIGHING IN pole vaulting

Geissinger GUN LAP 880

Kimsey 440 REGIONAL 4-11.6

RA High Jump district track SHOT

TOUCHDOWN freeman grand slam run

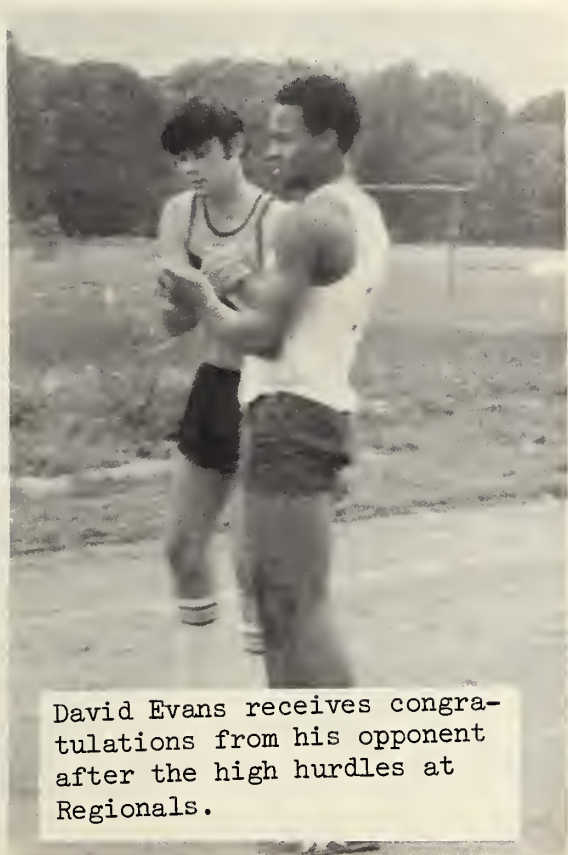
1st FOUL GIRLS UNDEFEATED





Front row: Clay Brookshire, Rob Insley, B.J. Rose, Mike Kehoe, Kim Call, Russ Clausen, Robert Owens, Doug Colston. Middle row: Keith Thomas, Tim Schott, Tres Matthews, John Keating, Jim Frishkorn, Mike Keating, Chip Hall, Paul Abbott, Lance Jackson. Back row: David Evans, Herbert Woolston, Ron Belknap, Rob Lockard, Gene Hunt, Forrest Tyndall, Mark Geissinger, Jerry Firth, Donny Joyner, Mark Bates, Coach Kimsey.

## Boys Track



David Evans receives congratulations from his opponent after the high hurdles at Regionals.

Hampered by inexperience and a week of bad weather that limited practice, the boys track team got off to a bad start losing their first meet to the Tabb Tigers. The team was better prepared by the next meet and smashed Middlesex and Surry in a the tri-meet. The following meet against King William proved to be more difficult. Forrest Tyndall came from behind in the last leg of the mile relay, the final race, to push Poquoson ahead by 2 points. Once started the team rolled over all competition. They won each of the following meets by thirty or more points and ended their regular season with a 6-1 record.



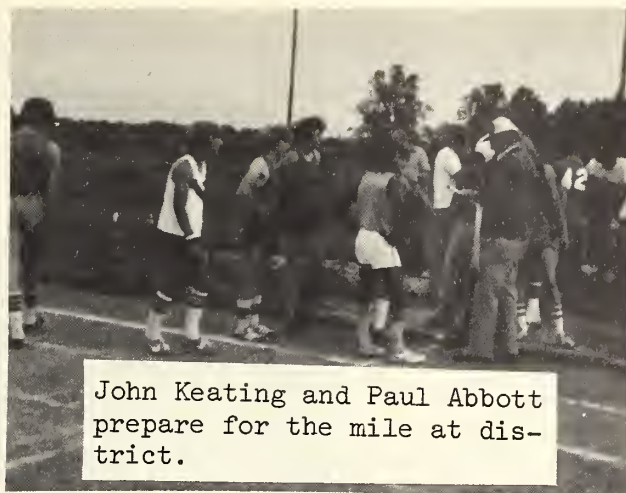
Clockwise: Mike Kehoe relaxes during the bus ride to the state meet. Mr. Wright receives a pole vaulting lesson from Coach Kimsey. Timmy Goodson appears to be the only one not watching the race at district.







First place District trophy.



John Keating and Paul Abbott prepare for the mile at district.

## "No Super Stars, Just Super People"

Last year in Richmond, the boys continued their district-winning tradition and captured first for the sixth time in seven years. With only two seniors having graduated, the team has an excellent chance of winning district again this year. After Regionals two boys, Mike Kehoe and David Evans, went on to State. Coach Kimsey commented, "I think the team did an outstanding job. We had no great stars. It was an entire team effort."

TABB	LOST	96-46
MIDDLESEX SURRY	WON	116-44-4
KING WILLIAM CHARLES CITY	WON	68½-66½-24
WALSINGHAM	WON	83-53
GLOUSTER	WON	94-40
CHARLES CITY MATTHEWS	WON	113-31-26
DISTRICT	WON	106-93-78



Mike Keating catches his breath after the 220 at Regionals.

Right: Mrs. Best eyes the Regional scores while eating a quick snack of chicken. Below: Kristie Wendorf stretches to hand off to Nina Whitaker.



"Go run another lap." shouts Mrs. Best to Kristie Wendorf and Kim Barton.



Kathy Jurosky, Yvette Bourgeois, and Kim Barton leave loaded down but well prepared for Regional.



Terry Baker, Nina Whitaker, Bonnie McDaniel relax before leaving for Regional.



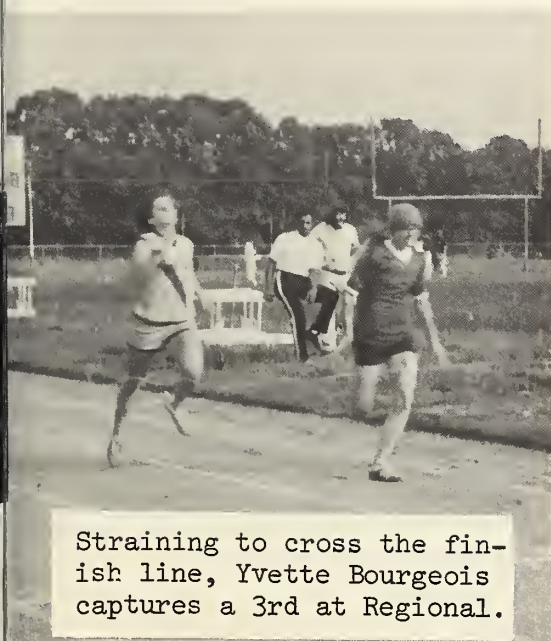


Front row: Lisa Matzedar, Kim Barton, Lynne Willis, Kristie Wendorf, Yvette Bourgeois, Nina Whitaker, Kathy Keating, Bonnie McDaniel, Susan Harrington, Cindy Clark, Susan Friskcorn, Julie Philips. Back row; Donna Jurosky, Gigi Johnson, Kathy Jurosky, Jeanne Ruark, Robin Insley, Cindy Elmore, Teresa Skirchak, Julie Holloway, Terri Baker, Janey Harrington, Mrs. Best.

## GIRLS TRACK



Kristie Wendorf and Kathy Jurosky run the coach off the track.



Straining to cross the finish line, Yvette Bourgeois captures a 3rd at Regional.

Freezing weather, aching muscles, and two mile road trips heralded the beginning of girl's track season early in February. The first week of practice left only twenty girls remaining out of the forty that had expressed interest in the team earlier. After a month's practice the team faced Middlesex who had been their toughest adversary in previous years. The girls started their first meet by taking firsts in all four field events. Middlesex found the onslaught continued. By the end of the meet they had been routed 90½ to 33½. As the season continued Charles City, King William, Matthews, and Gloucester joined the ranks of the defeated. With district approaching the team had an undefeated season, but they had not yet faced New Kent.

# District Dominators

At district New Kent proved to be stiff competition. Poquoson won the meet only by eight points after winning firsts in the last two events, the mile relay and the 880 medley. A week later with 15 girls qualified for regional, the prospects of taking first place seemed good. Midway through the meet Poquoson took the lead in points. But Parksley rose suddenly in the scores and Poquoson slid back to second. Once again the outcome depended on the last two relays. Despite a tremendous effort that won both relays firsts, Parksley kept their lead to win by only four points.

At the state meet Poquoson got its revenge beating Parksley by four points. Girls placed in five events and the team placed fifth. The stars of the day, however, were Nina Whitaker, Kathy Keating, Teresa Skirchak, and Jeanne Ruark who captured first in the mile relay and smashed the old state record by more than eight seconds.

The girls readily commented on this year's team. "Even though we only had two seniors, we couldn't have done without Yvette and Terri- they were great.", stated Kathy Jurosky and Jeanne Ruark. Summing the year up, Yvette Bourgeois commented, "Mrs. Best really kept the team going and I think the team did exceptionally well. We had a lot of freshmen this year and because of this the team will have a lot of potential in the years to come."

Kathy Jurosky crosses the finish line for a first in the 880.



The team listens intently to Mrs. Best's instruction in the last practice before the state meet.

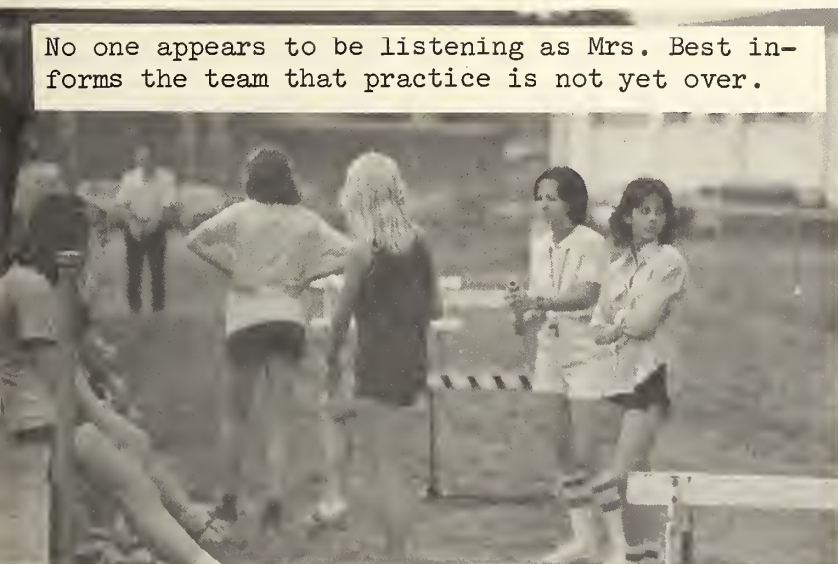


Robin Insley heaves the shot out for a third in Regional.





Left: Donna Jurosky impatiently awaits for the beginning of her relay. Below: Cindy Clark takes a long lead in the hurdles.



No one appears to be listening as Mrs. Best informs the team that practice is not yet over.



Julie Holloway hands off to Kim Barton.



Clearing the bar easily, Jeanne Ruark takes a first in the high jump.

MIDDLESEX & SURRY	90½-33½-0
CHARLES CITY & MATTHEWS	88-37-12
GLOUSTER	88-3
KING WILLIAM & CHARLES CITY	78-43-21
DISTRICT	FIRST
REGIONAL	SECOND
STATE	FIFTH

# SOFTBALL

The softball team last year showed its talent by a 10-0 season and winning the Region A title. To win their title, they defeated Bowling Green by one run. Then they went up against Chincoteague and won with a score of 8 to 2. Coach Potts said that the game



Gigi, Sheryl, Wanda, Cindy, and Cathy celebrate another victory.



Softball Team. Bottom row: Coach Potts, Cindy Mackay, Suzanne Bourgeois, Cathy Rollins, Linda Geissinger, Sheryl Moore, Wanda Wright, Gigi Johnson, and Manager Julie Bunting. Top row: Elizabeth Kepley, Denise Pyle, Cindy Wallace, Sharon Pauls, Karen Holloway, Connie Tracy, Robin Insley, Debbie Diggs, Veronica Holloway, Managers. Donna Wheless and Lynn Potts.

Team members look worried over the outcome of the game



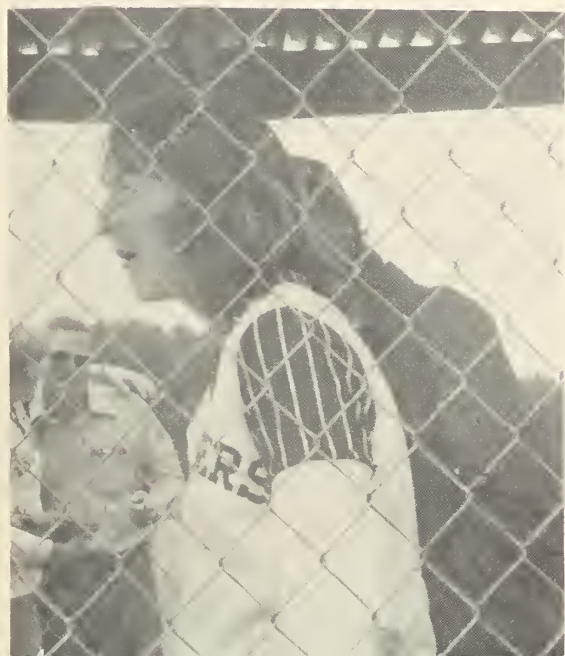




Suzanne Bourgeois watches closely as Cindy Mackay tries for another out.



Fearing the other team will score, Coach Potts and Cindy McKay watch anxiously.



Linda Geissinger and Cathy Rollins listen to Suzanne Bourgeois as she tries to pick up the team spirit.  
Cindy Wallace, Most Valuable Player, takes a break after being on the mound.

# REGIONAL CHAMPS

with Bowling Green was the hardest game of the season.

She remarked, "We were evenly matched in that game. Bowling Green had a very talented team."

At one time in the game Bowling Green was ahead, but Poquoson picked up their spirits and went ahead. Senior Linda Geissinger who played third base and Sophomore Cindy Wallace, pitcher, were selected All-District players. Cindy was also voted the Most Valuable Player by the team.



Robin Insley puts on the catcher's equipment for the next inning.



Suzanne Bourgeois prepares to steal another base.



Coaches and co-captains of Poquoson and Bowling Green listen to the Umpires give the rules. Cathy Rollins begins to warm-up by throwing the ball.







Cindy McKay blows "energy food" while waiting for the game to start.

# SCORE BOARD

POQUOSON	27	CHARLES CITY	1
POQUOSON	17	WINDSOR	7 (SCRIMMAGE)
POQUOSON	18	KING AND QUEEN	3
POQUOSON	7	SURRY	0 (FORFEIT)
POQUOSON	31	WEST POINT	3
POQUOSON	14	MATHEWS	4
POQUOSON	13	MIDDLESEX	10
POQUOSON	24	NEW KENT	3
POQUOSON	11	KING WILLIAM	4
POQUOSON	19	NEW KENT	8
POQUOSON	8	KING WILLIAM	5

## REGIONAL TOURNAMENT

POQUOSON	8	BOWLING GREEN	7
POQUOSON	8	CHINCOTEAGUE	2
WINS	10	LOSSES	0



As a Bowling Green player slides into third, Linda Geissinger tags her out.



The whole team gathers around in the regional game, after beating Bowling Green.

Team members display their gymnastic ability by building a pyramid.



# BASEBALL TEAM



Mike Perkins checks his swing.

Although the baseball season had a discouraging start, the team provided more wins than any previous season. Although they lost their first five games, the team won all but three of their next fifteen games.



David Brandt is ready for the pitch.



Jim Frishkorn waits for the signal to go.



# Baseball

# Scores

POQUOSON 3  
POQUOSON 3  
POQUOSON 1  
POQUOSON 6  
POQUOSON 1  
POQUOSON 17  
POQUOSON 10  
POQUOSON 16  
POQUOSON 15  
POQUOSON 13  
POQUOSON 0  
POQUOSON 6  
POQUOSON 7  
POQUOSON 6  
POQUOSON 10  
POQUOSON 11  
POQUOSON 12  
POQUOSON 3  
POQUOSON 4  
POQUOSON 2  
POQUOSON 11  
POQUOSON 4  
POQUOSON 7



MENCHVILLE 12  
KECOUGHTAN 6  
TABB 9  
GLOUCESTER 7  
BETHEL 17  
CHARLES CITY 4  
LAFAYETTE 4  
NEW KENT 6  
WALSINGHAM 1  
KING & QUEEN 2  
TABB 6  
LADY SMITH 4  
WALSINGHAM 3  
SURRY 0  
WEST POINT 5  
MATHEWS 2  
MIDDLESEX 3  
NEW KENT 8  
KINGWILLIAM 3  
MATHEWS 0  
NEW KENT 7  
RAPPAHANOCK 13  
SURRY 2

## 15 Wins, 8 Losses

Baseball Team, left to right. Back row: Fred Birmingham, Chuck Metzger, Steve Dunn, Joe Abney, Mike Perkins, Mark Geissinger, Tony Sustare, Randy Brookshire, Mike Keating, Tim Goodson, Phil Purdy, Jim Frishkorn, and Coach Roberts. Front: Henry Ayers, Ronald Bowling, Herbert Wright, Brad Watkins, Larry Topping, Bill Ayers, David Brandt, Donnie Joyner, Danny Ayers, and Russel White.



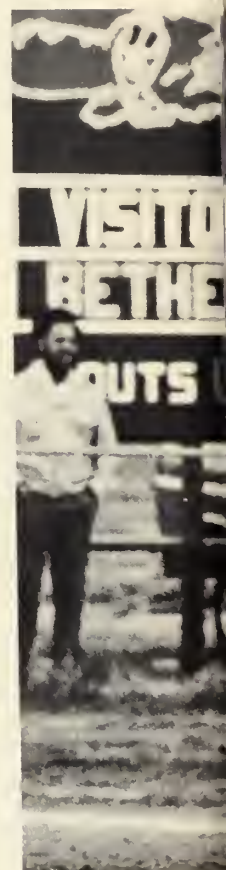
# 164-124!



Mark Geissinger tips another foul.

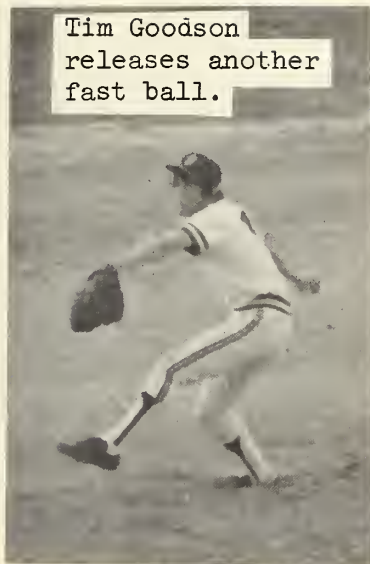


Coach Roberts is optimistic as Mike Perkins prepares to steal a base.

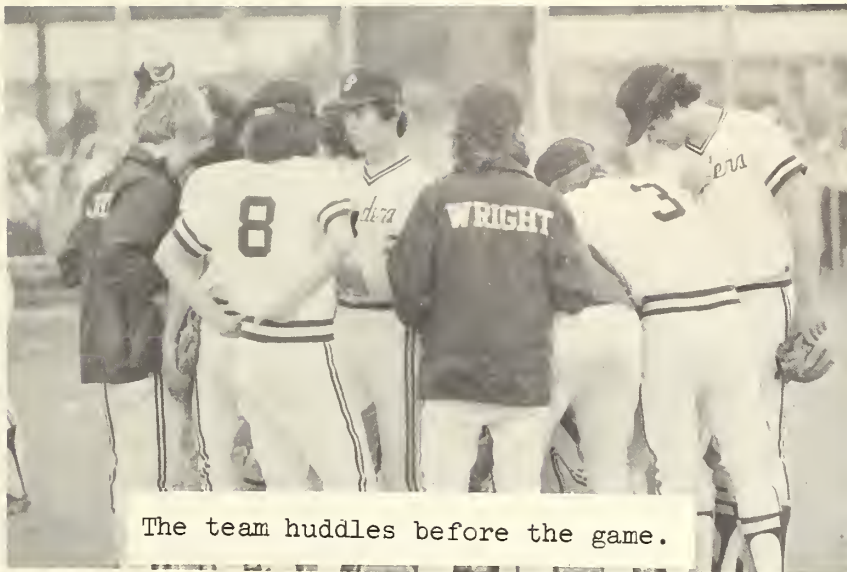




Tim Goodson  
releases another  
fast ball.



The team huddles before the game.



While gaining this exceptional record they amassed 164 points and gave their opponents only 124. This was one more victory that the team could be proud of.

But there was much more this team could be proud of, as they won fifteen of their twenty-three games, more than any other baseball team in the history of Poquoson High School.

Tony Sustare anticipates  
a hot grounder coming  
his way.



Phil Purdy worries about the score as he talks to  
catcher Mike Perkins.



Mrs. Pam Berryhill assumed the position of coach upon the departure of Mr. Tim Fisher. Adjusting to a new coach didn't seem to be a problem for any of the players on last year's team. The team did, however, have bad luck with the weather as the first three matches were cancelled due to rain. Re-scheduling matches was difficult and often the team had as many as three or four matches during one week.



Gee Freeman appears to be a bit surprised as he reaches to return the ball.



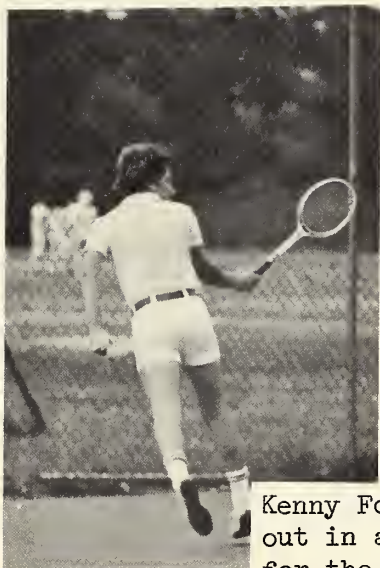
Jim Johnston hastily moves towards the baseline trying to figure out his opponents next move.



Ready for action, Ken Forrest patiently waits for a volley.

# Tennis Anyone?





Kenny Forrest reaches out in a desperate attempt for the ball.

Kenny Forrest demonstrates his powerful backhand topspin.



Concentrating on his opponents maneuver, Leo Forrest carefully plans his strategy.

Trying desperately to explain his last fault, Frank Jackson tries once more.





Stretching every possible inch is Leo Forrest, trying to meet the ball.

The Islander tennis team worked hard to put itself among the winning teams of the school last season. After a slow start the team picked up quickly to follow through with several wins going into regional tournament. It was the only team last year that competed on varsity level without the help of senior athletes.

Early in the season two players were lost from the team's ranks. At the beginning of the season that seemed to prevent the team from winning matches. However, later, as the team's strength began to build, they quickly overcame the loss.

The opening serve is executed by Jim Johnston.



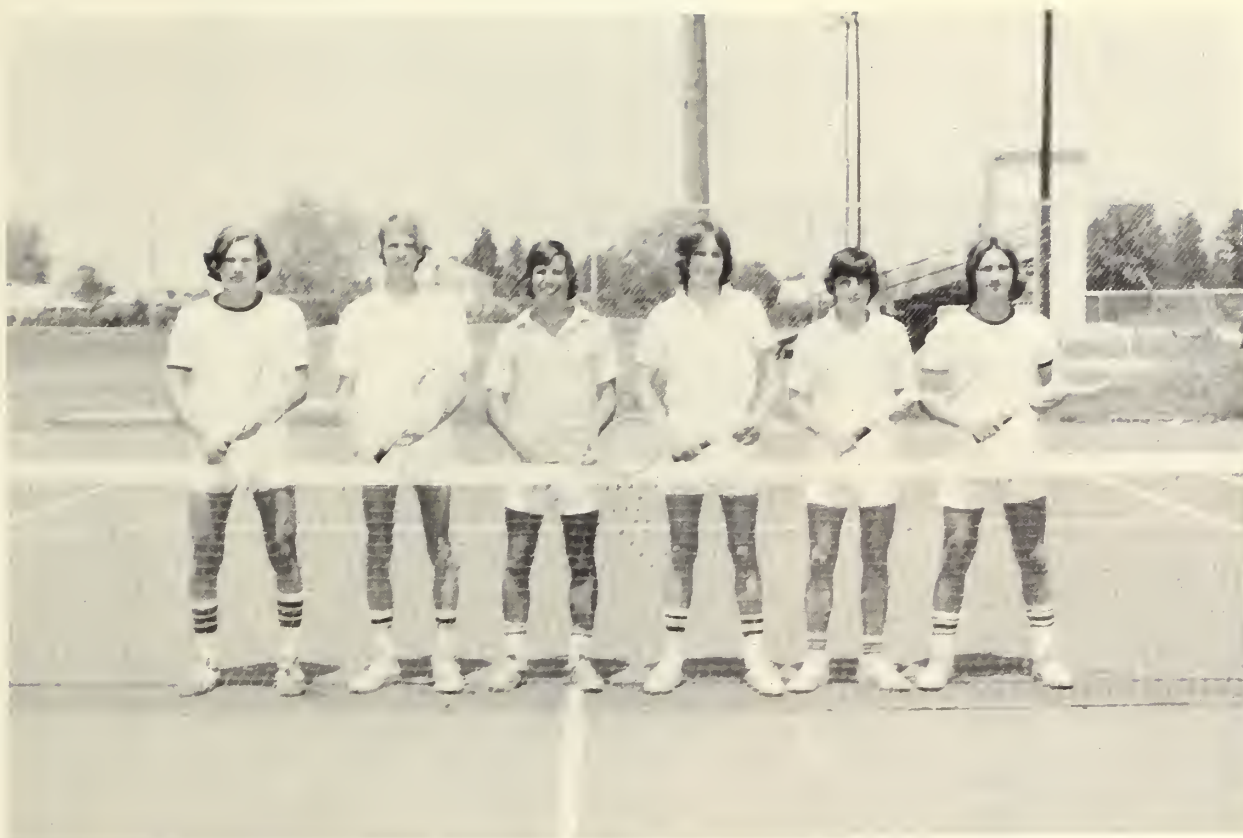
Gee Freeman demonstrates that agility is a necessity for tennis players.

# Slow start Winning finish

Gee Freeman is in position waiting for the exact moment to return the ball.







Tennis Team members are : Jim Johnston, Leo Forrest, Butch Gorde, Frank Jackson, Gee Freeman, and Ken Forrest.

# Scoreboard

HAMPTON ROADS ACADEMY  
 SUFFOLK  
 TABB  
 GLOUCESTER  
 PEMBROKE  
 WALSINGHAM  
 MATHEWS  
 GLOUCESTER  
 NORFOLK ACADEMY "B"  
 CATHOLIC HIGH  
 NORFOLK ACADEMY "B"  
 MATHEWS  
 REGIONALS-BRENTSVILLE

POQUOSON	LOSS
POQUOSON	LOSS
POQUOSON	WON
POQUOSON	LOSS
POQUOSON	LOSS
POQUOSON	LOSS
POQUOSON	WON
POQUOSON	LOSS
POQUOSON	LOSS
POQUOSON	WON
POQUOSON	WON
POQUOSON	WON
POQUOSON	LOSS



MaryAnn Ayer can't decide what she wants at the Girl's Track Team bake sale.

The Beta Club reorganized to form the National Honor Society. One reason for the alteration was that the N.H.S. is more widely known and recognised than the Beta Club. The standards for membership in the N.H.S. were higher than the previous requirements for the Beta Club. The club awarded two \$100 scholarships to two graduating seniors. The recipients were chosen on the basis of an essay they had written on the N.H.S. The winners were Lida Stout and Lulu Nidiffer.

Another Organization starting out at P.H.S. was the Social Studies Club. The club members worked with the Poquoson Bicentennial Committee to get the city ready for our nation's 200th birthday. They had planned to visit the historical sites of Charlottesville, but were unable to do so because of inadequate planning.



Dale East, Tracy Garrett, and Debbie Garrett model some of the jewelry that was sold by the spring sports teams.

Keke Goodson, Larry Topping, Billy Rollins, and Will Boylan are putting a Playboy puzzle together at the Girl's Track Team bake sale.



Mrs. Best, "The Boss" of the Girl's Track Team, pours drinks at the bake sale.





Top: Members of the Social Studies Club are: (left to right) Joanna Inge, Cheryl Wainwright, John Purdy, Debbie Mitchell, and Debbie Garrett.



Middle: Members of the National Honor Society are: (top row, left to right) Connie Wornom, Debbie Mitchell, Cheryl Wainwright, and Cathy Shriver. (second row) Barry Lovell, Thomas Moore, Debbie Rose, Barbara LeCain, Carol Tanguay, and Sharon Austin. (third row) Mike Keating, Coleman Wolford, Danny Ayers, John Purdy, Sheryl Moore, and Sandy Pride. (bottom row) Yvette Bourgeois, Debbie Garrett, Bonnie Wornom, Lynne Willis, and Lida Stout.

Bottom: According to Will Boylan and Larry Topping, there were a lot of interesting things going on at the bake sale.



# Club Activities

# Fund Raising



Kandie Trantham, Donna Hunt, and Suzanne Matzeder listen closely at a F.H.A. meeting.



Mitzi Webster and Regina Bunting wait for the F.H.A. meeting to start.

Mrs. McPherson gathers her things and is ready to go after a F.B.L.A. meeting.



Mrs. Wynn goes over the plans for the Mother-Daughter Banquet with the members of the F.H.A.



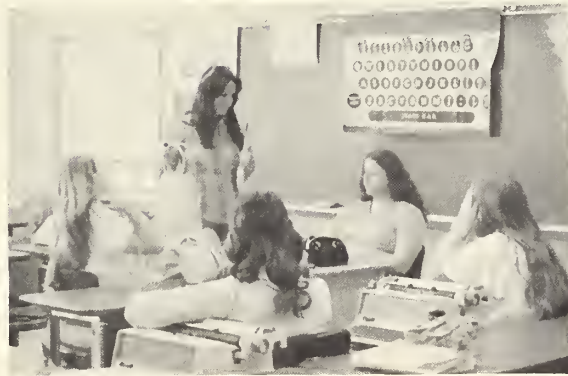
Jeanette Morse, Karen Insley, and F.H.A. sponsor, Mrs. Wynn are refinishing a table when caught by the photographer.





Top: Debbie Townsend, Margaret Carr, and Penny Insley listen attentively to Arlene Firth, president of the F.B.L.A., as she goes over new business. Middle: Margaret Carr, Debbie Townsend, Karen Insley, Arlene Firth and Mrs. McPherson, sponsor of the F.B.L.A., discuss plans for the banquet for the initiation of new officer. Bottom: Refinishing is only one of the things Mrs. Wynn teacher F.H.A. members like Jeanette Morse and Karen Insley.

Fund raising was the main activity for most clubs during last year. The Beta Club sold candy to raise money for the initiation fee into the National Honor Society. The FBLA Club sold candles, donuts, easter eggs, and raffled off a black light to raise money to send members to state and regional conferences in Gatlinburg, Tenn., Norfolk, and Roanoke, Va. In Norfolk, they won a first place award for their scrapbook and a merit award for their exhibit. They also raised over \$700 for the March of Dimes. FBLA and FHA had bake sales for community activities. The Varsity Club sold soft drinks at the basketball games to raise funds for the improvement of the track field. The Social Studies Club sold gummy bears. They had planned to go on a field trip but, because of inadequate planning were not able to go. The Quill and Scroll Club, an honorary literary society,



sold candy to get the new organization started at PHS. Members of these clubs found themselves spending all their spare time working with their clubs.



# Changes



The Debate Club was in its second year at P.H.S. Team members attended both Varsity and Novice level debates at other schools. Members learned the fundamentals of formal debate, and researched national debate topics for 1975-1976 school year.



Top: Judy Matthews, Doug Drummond, David McKay, and Kathy Martin are all earning points towards becoming Thespians in their roles in The Mouse Trap.

Middle: Members of the International Thespian Troupe 3133 are: (top row, left to right) Kathy Jurosky, Kristie Wendorf, Debbie Garrett. (bottom row, left to right) Kathy Martin, Mark Matzeder, Tami Ulisse, Sean Rose, and Nina Whitaker.

Bottom: Thespians Tami Ulisse, Sean Rose, and Nina Whitaker ham it up for the photographer.

Last year, two clubs changed their titles. The Drama Club became International Thespian Troupe 3133. They performed three plays during the school year: The Mouse Trap, Li'l Abner, and The Last Flower. The Thespians had a banquet to initiate members and officers

The Fellowship of Christian Atheletes did something new this year. The club didn't have permanent officers, but instead, two members carried out the lesson for two meetings, then the lesson rotated to two other members. The meetings were held every other week. Also, the meetings weren't held at school, but at member's homes. The lessons involved current topics with relation to the Bible, with the emphasis on the affects of athletics on a Christian's life.







Top: Thespians Frank Floyd, David McKay, and Judy Matthews finish a scene in The Mouse Trap.

Middle: The CHAOS CORPS 1975-1976! (top row, left to right) Paul Lindsay, Ron Belknap, Lyle East, Drew Parham, Bruce McGraw; (bottom row, left to right) Vernie Krueger, Kyle East, Tim Manning, Gene Hunt, Gee Freeman, Ken Forrest, and David Blackstock.

Bottom: Kyle East, member of the Chaos Corps, had a mischievous grin on his face after one of the Corps' latest antics.



# New Clubs



The Quill and Scroll initiation is a very serious moment for Thomas Moore, Jennifer Jackson, Theresa Braeden, Bonnie Wornom, Cindy Elmore, Lynne Willis, Butch Gorde, and Coleman Wolford.

Right: Lynne Willis signs her membership card and becomes an official Quill and Scroll member.



Above: Members of the Quill and Scroll are: (top row: left to right) Thomas Moore, Bonnie Wornom, Connie Wornom, and Coleman Wolford. (bottom row: left to right) Lynne Willis, Debbie Garrett, Cindy Elmore, Theresa Braeden, Mike Keating, and Dana Mitchell.





Lynne Willis and Butch Gorde can't help but laugh when Coleman Wolford goofs up the initiation ceremony.



Theresa Braeden carefully signs her name on her membership card as Coleman Wolford continues with the ceremony.



Coleman Wolford, President of the Quill and Scroll, reads the introduction of the initiation to the other club members.

There were four new clubs at P.H.S. this year. The Quill and Scroll was one of these clubs. The club is an honorary literary society for Juniors and Seniors who have an interest in the field of journalism and a high grade point average. There were a total of eleven members, but hopes were high for an increase in membership in the coming year. Quill and Scroll members sold candy this year for possible scholarships.

The Key Club and the Keyettes were the two other new clubs. Both of these clubs were sponsored by the Kiwanis Club. The Key Club is the largest high school organization in the nation. The function of the club was to promote school spirit and make improvements that were needed around the school. The Key Club was only open to boys. The Keyettes was the female portion of the Key Club. The Keyettes with the help of the Key Club, wanted to put on a teacher-student Superstars Contest and a dance. The crowded school activity schedule on the calendar prevented both of these.

Each club had different activities throughout the year. The F.N.A. visited two hospitals and had a Christmas party which the members attended. At Thanksgiving, they made and delivered baskets to needy families in Poquoson. Also, at Easter the members made a goodie tray for the faculty.

# BAR SUR LOUP



Judy Matthews with the Darmon family.



Judy Matthews demonstrates the compactness of a Citroen 2CV.

An over-view of Bar Sur Loup.





"Parlez-vous anglais?"

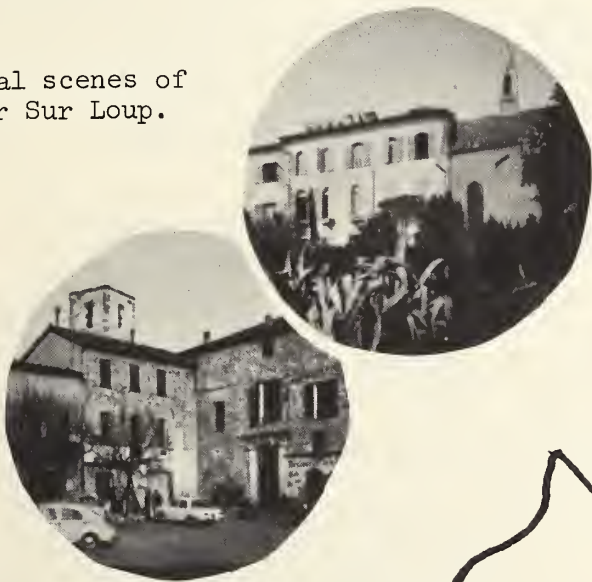
That is the one question that all exchange students needed to know before leaving for Bar Sur Loup. But learning French was only one of the problems that faced Judy Matthews, Martha Jordan, Doug Drummond, Julie Bunting, Chip Hall, Gee Freeman, Cindy Elmore, and Dana Mitchell. They also had to compose a theme on the topic "What the Bicentennial Means to Me." The contest was sponsored and judged by the Bicentennial Committee.

Bar Sur Loup selected Poquoson as a sister city because the Comte de Grasse, hero of their city, fought during the Revolutionary War in Yorktown. They chose Poquoson because they wanted a nearby city to correspond with and to establish an international exchange.

The exchange students were: Dana Mitchell, Martha Jordan, Julie Bunting, Cindy Elmore, Debbie Garrett, and Chip Hall.



Local scenes of  
Bar Sur Loup.



BAR SUR LOUP





YEARBOOK STAFF-Left to right: Patty Abdill, Kerry Gough, Julie Braswell, John Couch, Debbie Garrett, Lynne Willis, Tracy Garrett, and Dale East.

Yearbook meetings began in early July. In October staff members attended the Virginia High School League Publications Workshop in Charlottesville and came away with third place. Guest speakers, especially Colonel Savedge, were an inspiration. Laden with many new ideas, the staff returned from Charlottesville ready to plunge into the year's work.

After three months of selling ads, the annual staff settled into weekly meetings. As deadlines approached, members spent ten to twelve hours per week in the work room. Staff membership having dwindled from twenty to ten, each student had increased assignments. The constant work and tension resulted however in an improved lay-out and copy style.

"Our staff has worked tirelessly to make the yearbook better in all aspects," declared Mrs. Carole Weed, advisor. "Debbie Garrett as editor has put forth an enormous amount of time and effort."



Debbie Garrett and Julie Braswell observe the college men.



Tracy Garrett plans the eighth grade section.





Kerry Gough finishes his lay-out.

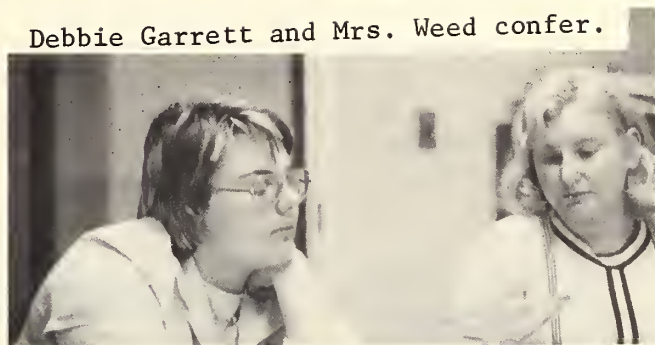
# ISLANDER



Debbie Garrett and Mrs. Weed confer.



Lynne Willis, Tracy Garrett, and Mr. Taylor can't wait to see what develops.



Kerry Gough and Kathy Insley paste up pages while John Couch agonizes over a caption.



Debbie Garrett and Julie Braswell are exhausted after a day of lectures.

# ISLAND ECHO

## STUDENT VOICE

New mast-head was  
designed by Dana  
Mitchell.



Mrs. DuBose proofreads new copy.



NEWSPAPER STAFF : Left to right, TOP: Mike Keating, Larry Topping, Coleman Welford, Thomas Moore, Gary Evans, Karen Jackson. BOTTOM: Jimmy Stewart, Tim Schott, Julie Brown, Cindy Elmore, Jennifer Jackson.



Coleman Wolford expresses his viewpoint on a journalistic issue.



Writing a news story is no easy task, as Julie Brown learns.



Larry Topping, Mary Wescott and Cindy Elmore consider ideas for their next stories.

"The newspaper has improved this year, but it is by no means perfect." That was the comment made by Mrs. Linda DuBose, journalism teacher and newspaper sponsor. Assuming the role of a new advisor is a difficult task, but Mrs. DuBose guided the students in the publication of thirteen issues of the Island Echo last year.



An additional class, Journalism II, was offered for the first time last year. The planning and preparation of the newspaper was the responsibility of this class. In addition to studying layout, photography, editorial and news writing, the students studied the legal aspects of responsible journalism.

As the end of the year approached, one issue of the Echo was written and prepared entirely by the first year journalism class. This was to give them practical experience for production of the newspaper the following year.

Working from rough copy to final drafts, finalizing lay-outs and doing the actual paste-up made deadline days chaotic for both students and advisor. Karen Jackson, selected the previous year as editor-in-chief, was unable to enroll in journalism, therefore most of the editorial work was done by the sponsor and page editors.



Guidance counselors Kim Shaw and Brenda Clausen inspect school records.

# SENIOR

# WEEK



Connie Wornom checks attendance cards.



Principal Mike Perkins



One of the vice principals was Belvin Ward.





Mike Perkins reviews one of the school's problems with Belvin Ward and Pat Biron.



Mrs. Dryden explains duties to Brenda Clausen and Kim Shaw.



"Being school principal has its advantages," explains Mike Perkins to Connie Wornom.

That mad bit of insanity known as Senior Week came at last for the class of '76. The usual madcap antics of the seniors were relished by all members of the graduating class as they pursued underclassmen with water pistols. Pausing to rest for a moment, the seniors could take refuge in the senior lounge located conveniently near the water fountains in the new building.

Seniors made the usual rampage through the building, putting streams of shaving cream on the walls and lockers and squirting beer on other students. As the students surged through the building carrying the coffin for the class of '76, underclassmen saw anything from Garland Hanson on skates to wastebaskets of water thrown on unsuspecting students.

Amid the cheers and screams of their classmates, seniors burned the coffin in the back courtyard and left the class of '77 to carry on.

During the week seniors also celebrated Senior Government Day. Seniors assuming key administrative positions were: Mike Perkins, principal; Belvin Ward and Pat Biron, vice principals; Brenda Clausen and Kim Shaw, guidance counselors; Connie Wornom, secretary; and Bonnie Wornom, school nurse.



Conversation is one of the highlights of the evening.

# PROM



Kathi Proctor, Kathy Phillips, Debbie Mitchel and Doug Drummond listen to Lulu Nidiffer.



Mr. and Mrs. Katz, Mrs. Phillips and Mrs. Weed watch all the new dances.





Lori Poor is shocked by a comment although Russell Clausen and Martha Ferguson are unperturbed.

Robbie Lockard , Cindy Elmore, and Pam Forrest enjoy the music of "Joshua."



The music of " Joshua " was great for dancing.

Although seniors entered the Hampton Roads Coliseum with low expectations, they were greatly surprised by the beauty and coziness of the room. Roses and carnations as well as the other decorations carried through the color scheme of red, white, and blue. From the shimmering silver globe overhead to the fantastic sound of Joshua, everything was perfect. Mike Perkins and Bonnie Wornom were crowned King and Queen. Jim Frishkorn, representing the junior class, presented gifts to Mrs. Beth Pirtle, junior sponsor, and Mr. and Mrs. Bob Insley for their assistance in planning the prom.

# GRADUATION

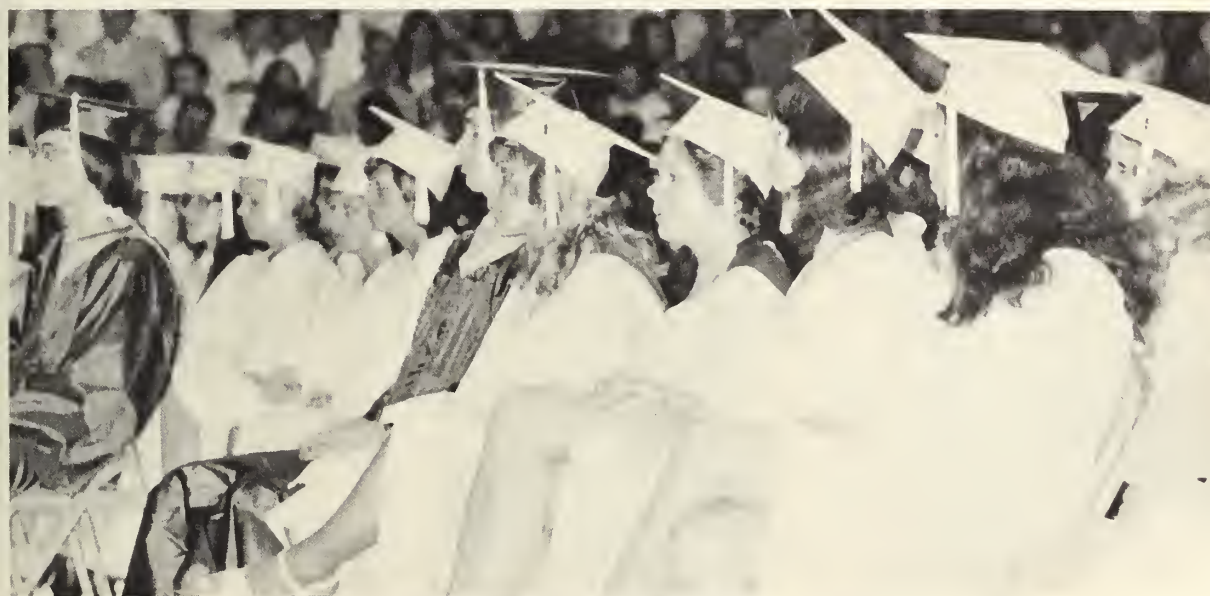
(TOP: clockwise) Dr. O. E. Ware comments that graduation is "the begining of the rest of your life." Vince Ruark gladly accepts his diploma from Mr. Gray. John Purdy, winner of a \$2000.00 scholarship from Washington and Lee University, is saddened upon graduation from high school.







Seniors selected Mrs. Sandy Katz, senior English teacher, as their guest speaker at graduation. Others who spoke during the exercises were R. F. Gray, principal, and O. E. Ware, school superintendent, and chairman of the school board Charles Sibbers. During the commencement exercises, several seniors were recognized for their scholastic achievements. Lida Stout received the DAR Good Citizenship Award. The Engineer's Club of the Virginia Peninsula presented an award to Carol Tanguy. Sharon Austin was awarded recognition by the Science Department. Julie Forrest, Martha Ferguson, and Cathy Simmons received awards from the Business Department.



TOP: Looking very solemn in her cap and gown, Martha Jordan stands to accept the Shorthand Award.

MIDDLE: The Honor Graduates listen to Valedictorian, Lida Stout's, speech

BOTTOM: Connie Wornom, Brenda Clausen, and Martha Jordan were all winners of awards and scholarships.

In addition to these awards, nine seniors were the recipients of scholarships. John Purdy received the largest scholarship - the Robert E. Lee Honor Scholarship at Washington and Lee. This was a \$2000 award. Coleman Wolford won four scholarships with a total value of \$1850.

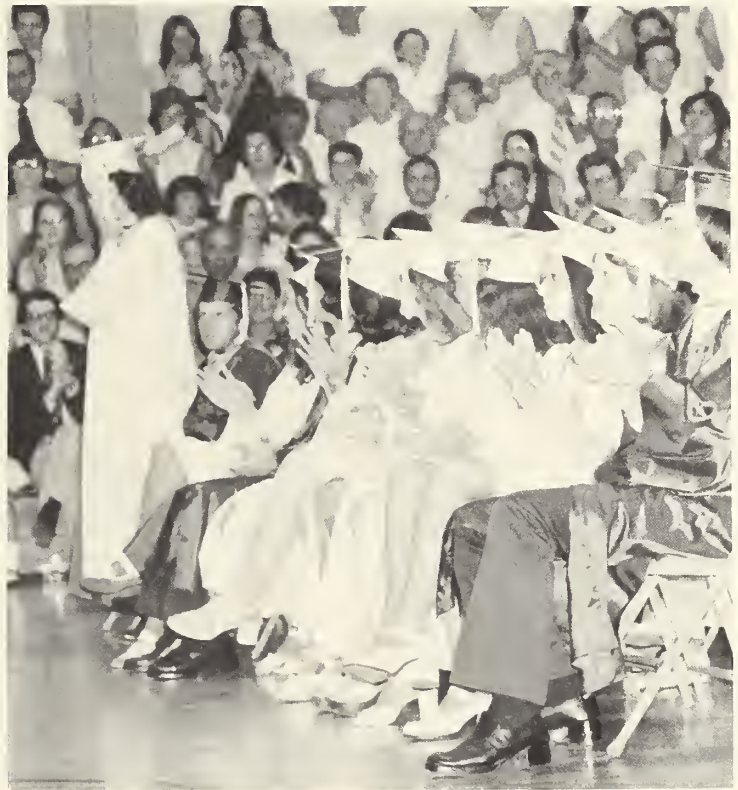
## Nine Win

## Scholarships

(TOP: clockwise) Mr. Gray welcomes everyone to graduation. It was a long haul, but Lida Stout,, made it. Carol Tanguy accepts her award from the Engineer's Club of the Peninsula.







(TOP: clockwise) Wade Trump, President of the Class of '75, announces the winner of the Joe Thomas Memorial Award. Sheryl Moore, recipient of the Joe Thomas Memorial Award, wipes away her tears after Wade Trump announces that she won. Senior Class sponsors and Guest Speaker at graduation, Mrs. Katz, explains how "life is like a candle." Julie Forrest (winner of the Business Dept. typing award), Vince Ruark, and Lori Barton listen as Mr. Gray announces the special awards.

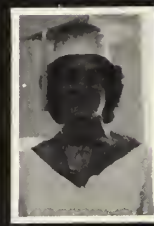


Valedictorian, Lida Stout

Last year Poquoson High School had 24 honor graduates. Most of the honor graduates were also members of the National Honor Society. Honor graduates were students who maintained a 3.2 average throughout their high school years.

Valedictorian was Lida Stout, she had a grade average of 4.09 because of extra points awarded due to honor courses. Barry Lovell who moved to Poquoson during his senior year, was salutarian.

# Honor



Sharon Austin Yvette Bourgeois Theresa Braeden



Juliette Bunting Doug Drummond Tommy Freeman Martha Jordan



Shirley Long Judy Mathews Debbie Mitchell Sheryl Moore



# Grads



Salutatarian, Barry Lovell



Lulu Nidiffer



Sandy Pride



John Purdy



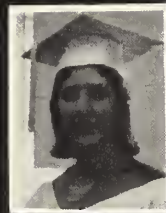
Debbie Rose



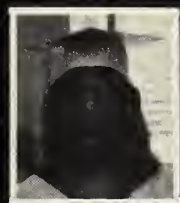
Vince Ruark



Kathy Shriver



Kim Shaw



Carol Tanguay



Coleman Wolford



Bonnie Wornom



Connie Wornom

# EVERYONE PARTICIPATES



(Top: clockwise) Senior Lida Stout finishes her typing assignment in Mrs. Dryden's office. Every group has to practice to win. The band had over 368 hours of practice this year. Jay Bourgeois is caught in a rare scene... doing his assignment. Mrs. Cora Everhart, one of the most loved staff members, receives her membership to the Order of the Bullpen.





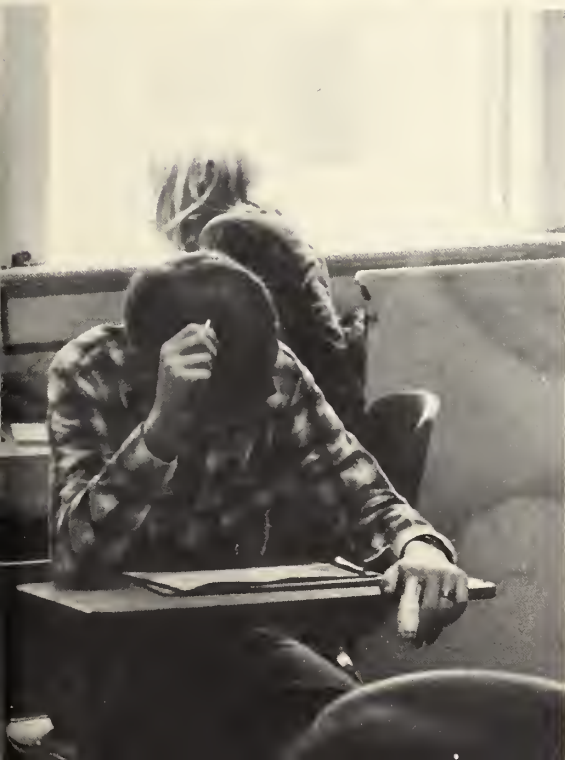
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Numerous issues influenced the students of P.H.S. during the 1975-1976 school year. Issues like death, use of drugs, overcrowding, inflation, and the Bicentennial - each had its own effect on the students. Connie Wornom expressed her opinions by saying, "It has been a year of adjustment for everyone. We have had a lot of problems, but I guess problems are a part of life."



MIDDLE: Mrs. Perlotto discusses the musical score of "Li'l Abner" with Mrs. Best.

BOTTOM: Kerry Gough is in deep concentration over a crossword puzzle.

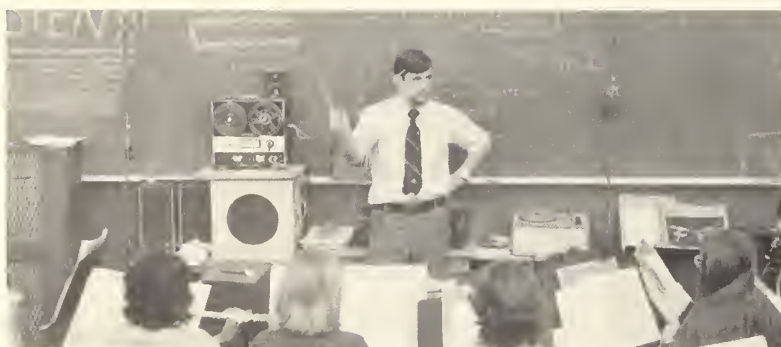




# YEAR WORTH REMEMBERING



The ringing of the last bell of the school year signified the beginning and the end. It was a beginning for the class of '76, but the end of Poquoson High School as we know it. Students were happy the school year was at an end, but sad because a year well worth remembering was over.



Top: Varsity Club member Mark Geissinger sells drinks at a basketball game.

Second: Belvin Ward and Marie Watkins boogie at a Yearbook Dance.

Third: Mr. Hines' attention is diverted from the conductor's score during band class.

Bottom: Suzanne Bourgeois keeps "her eye on the ball" during the District Softball game.





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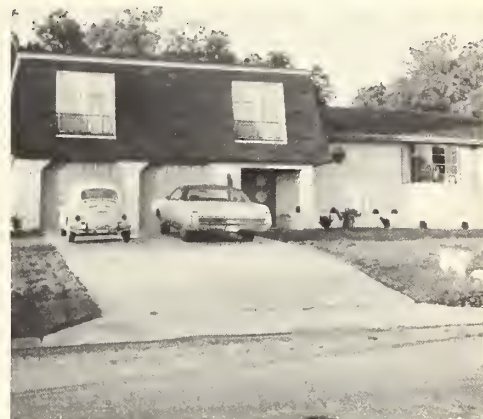
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Kathy Phillips discusses the dance with Mrs. Perlotto while her date, Dean Hoffman, looks on.

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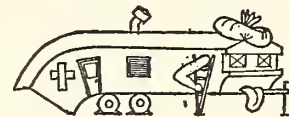
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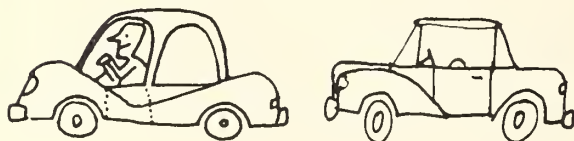
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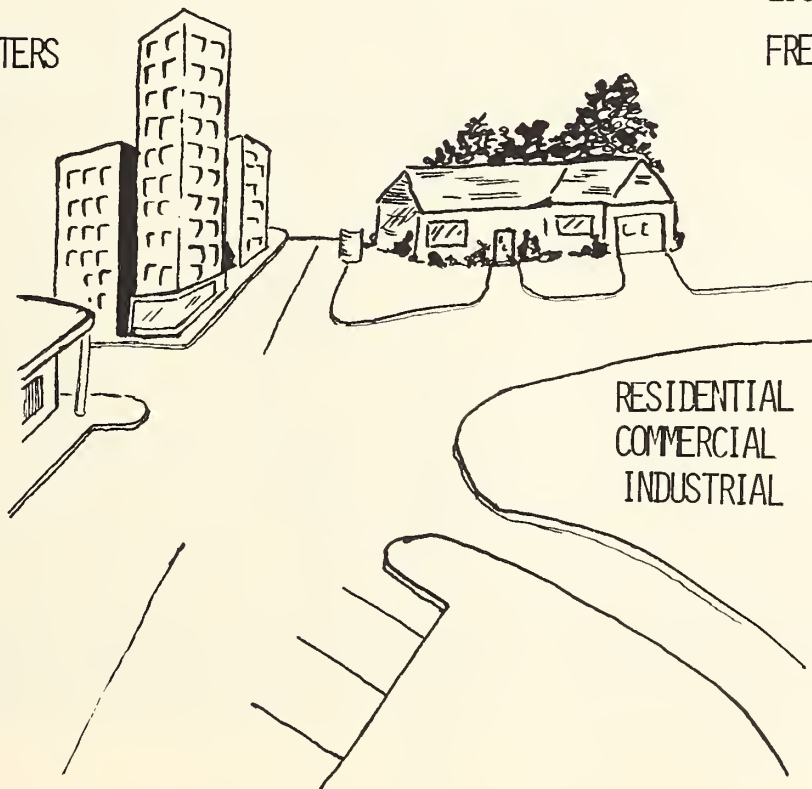


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## Drama



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IN

CONGR

## The unanimous Declaration

that the United Colonies by the unanimous Declaration of the thirteen united States of America, in the Name of the People of the United States, in Congress assembled, do hereby declare, that the United Colonies are, and of right ought to be, free and independent States, that they are absolved from all allegiance to the British Crown, and that all connections between them and the British Crown are, and ought to be, totally dissolved; and that as the United Colonies are, and of right ought to be, free and independent States, they have full power to levy War, conclude Peace, contract Alliances, enter into Commercials, and to do all other Acts and Things which Independent States may of right do.

We the Representatives of the United Colonies in Congress assembled, do hereby declare, that the United Colonies are, and of right ought to be, free and independent States, that they are absolved from all allegiance to the British Crown, and that all connections between them and the British Crown are, and ought to be, totally dissolved; and that as the United Colonies are, and of right ought to be, free and independent States, they have full power to levy War, conclude Peace, contract Alliances, enter into Commercials, and to do all other Acts and Things which Independent States may of right do.

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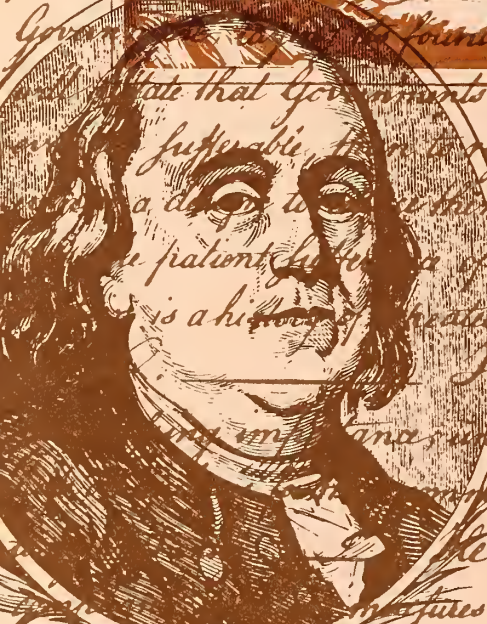
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The Shot Heard Round the World





JULY 4,

REFERENCE 1776



# United States of America

## Without Representation

...of our people to ... the ... and to ... them with another, and to ...  
 ... a ... to the opinions of mankind requires that they ...  
 ... that all men are created equal, that they are endowed by their Creator ...  
 ... Governments are instituted among Men, deriving their just ...  
 ... of the People ... and to institute new ...  
 ... Prudence, indeed ...  
 ... that mankind are more disposed to suffer, when ...  
 ... pursuing invariably the same Object ...  
 ... for their future security ...  
 ... to alter their former Systems of Government ...  
 ... of an absolute Tyranny over these States ...  
 ... He has forbidden his Governors to pass Laws of immediate ...  
 ... He has refused to ...  
 ... the right of Representation in the Legislature, a right inestimable to them and formidable to ...  
 ... and distant from the depository of their Public Records, for the sole purpose of fatiguing them ...  
 ... posing with manly firmness his invasions on the rights of the people ...  
 ... of Annihilation, have returned to the People at large for their sanction, the State remains ...  
 ... He has endeavoured to prevent the Population of these States; for that purpose obstru ...  
 ... and raising the conditions of new Appropriations of Lands. ... He has obstructed ...  
 ... He has made Judges dependent on his Will alone, for the tenure of their offices, and the amount ...  
 ... of Offices to hang over the People and cut out their substance ... He has kept among ...  
 ... to render the Military independent of and superior to the Civil power? ... He has annu ...  
 ... laws, giving his Assent to their Acts of pretended Legislation: ... For Quartering large bodies ...  
 ... standers which they should commit on the Inhabitants of these States ... For cutting off ...  
 ... round the World ... For depriving us in many cases of the benefits of Trial by jury ... For transporting us beyond ...  
 ... neighbouring Province, establishing therein an Arbitrary government and enlarging its Boundaries



